COVID-19: What to Do If You Think You’ve Been Exposed or Infected

March 18, 2020 -- The University of Wyoming is providing the following guidance for people who think they might have been exposed to the novel coronavirus COVID-19. While no confirmed cases have been reported at UW, the university encourages employees and students to be proactive in seeking treatment and testing.

Those who believe they could have been exposed to or infected with the virus should seek medical care right away. Before you go to a clinic, doctor’s office or emergency room, call ahead and tell them about your recent travel and your symptoms.

Students should first call their health care providers. Additionally, the UW Student Health Service remains open on campus. Students are directed to call Student Health Service before visiting the clinic at (307) 766-2130.

Employees should first call their health care providers and seek further direction. UW’s health insurance provider, Cigna, will waive customers’ out-of-pocket costs for COVID-19 testing-related visits with in-network providers through May 31.

For all members of the UW community with COVID-19 concerns, we strongly encourage you to email the COVID-19 Incident Command Center at COVID19@uwyo.edu or call 766-COVID (2683). The Incident Command Center will collect information about your COVID-19 concerns and refer you appropriately.

If someone has reported their COVID-19 concern to you (i.e., colleague, supervisor, student), tell them to notify the COVID-19 Incident Command Center. You should also notify the COVID-19 Incident Command Center by emailing COVID19@uwyo.edu or calling 766-COVID (2683). The Incident Command Center will collect information about your COVID-19 concerns and refer you appropriately.