**PSYCHOLOGICAL SAFETY: A MEASURE OF TEAM INNOVATION?**

Innovation is a known prerequisite of high-performing teams. Thus the caliber of a team can be gauged per its level of psychological safety—a proven variable that fosters group creativity.

The short podcast: **“WorkLife with Adam Grant”** explores how psychological safety has contributed to the success of The Daily Show (34 mins).

- **When listening to this segment:** Think about the ways in which you can apply the principles of psychological safety within your workplace?
  
  - Collaborative Leadership
  - Diversity
  - Mutual Respect
  - Structure
  - Trust

Our next short LinkedIn course for this PD Series: [Creating Psychological Safety for Diverse Teams](#) explains how individual differences are an inherent strength rather than a crutch for innovation (22 mins).

- Psychological safety enhances workplace creativity by removing the barriers of groupthink.

Throughout your week, reflect upon the **Principles of Psychological Safety** and assess the “quality” of your workplace with the below audit:

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**5-MINUTE PSYCHOLOGICAL SAFETY AUDIT:**

- If you make a mistake in this team, will it be held against you?
- Are the members of this team able to bring up problems and tough issues?
- Do people on this team sometimes reject others for being different?
- Is it safe to take a risk on this team?
- Is it difficult to ask other members of this team for help?
- Would anyone on the team deliberately act in a way that undermines efforts?
- Working with member of this team, are unique skills and talents valued and utilised?


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