

# Sandra Goheen-Smith

University of Wyoming  
Department of Kinesiology and Health  
57718  
College of Health Science  
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## **Education:**

- 2015          Master of Science Degree in Kinesiology and Health  
University of Wyoming, Laramie, Wyoming  
Concentration: Kinesiology – Physical Education
- 1995          Bachelor of Science in Education  
Montana State University-Billings, Billings, Montana  
Major: Elementary Education  
Minors: Health Education K-12, Physical Education K-12, Coaching

## **Teaching Experience:**

University of Wyoming, Laramie, Wyoming

Fall 2018 – Present

- Academic Professional Lecturer
- Teacher of undergraduate level Exercise Psychology
- Teacher of undergraduate level Personal Health
- Three-year teacher of Movement Core and Teaching Lab classes
- Teacher of a cross listed graduate course in Sensitive Issues
- Teacher of undergraduate level course in Drug Abuse and Suicide Prevention
- Graduate Assistant lead for teaching Personal Health
- Dual enrollment coordinator for Personal Health (collegiate credit for Wyoming high school students) 2019-2023
- Articulation specialist in liaison with the eight Wyoming Community Colleges
- Recruitment and Articulation Specialist for the Division of Kinesiology and Health Promotion

Educational Consultant

2018 – 2021

- Collaborated with school district department chair and personnel to facilitate Health content for classroom teachers
- Developer and teacher of online Canvas courses in secondary Health Education
- Published and monitored resource sites for elementary Health Education content

Laramie County School District #1, Cheyenne, Wyoming

1998 – 2018

- PLC, Team Lead, and Department Chair for South High School 2009-2018
- Teacher of Physical Education and Health at McCormick and Johnson Junior High Schools
- PLC, Team Lead for Johnson Junior High School 2004-2009
- Pathwise mentor for beginning teachers 2004-2018
- Department Chair for McCormick Junior High School 2001-2004
- SCASS (State Collaborative for the Assessment of Student Standards) trainer for the state of Wyoming 2000-2004
- Trained teachers in districts statewide to use standards and assessment within their current Health curriculum
- State Department of Education Health committee 1998-2003
- State Department of Education Physical Education committee 1998-2003

Laramie County Community College, Cheyenne, Wyoming

2003-2005

- Adjunct instructor of Physical Education/Health Education

Hot Springs County School District #1, Thermopolis, Wyoming

1995-1998

- Taught Physical Education in grades four through nine
- Taught Health in grades six through nine
- Applied for candidacy, introduced, received School Board approval, and implemented the new Outdoor Recreation (OREO) curriculum from the Wyoming Game and Fish Department
- Physical Education Department Chair for Hot Springs County School District #1 1997-1998
- Curriculum and Instruction Council Delegate for Hot Springs County Schools 1997-1998

Blue Creek Elementary School, Billings, Montana

August – December 1994

- Instructed in core curriculum areas in a fourth-grade classroom
- Instructed Physical Education for Kindergarten through grade six

**University Courses Taught:**

Semester	Course Prefix	Course Number	Section	Course Title
Fall 2024	HLED	1006	40	Personal Health
Fall 2024	HLED	4030	40	Subst Abus/Suicide Prev in Ed
Summer 2024	HLED	1006	40	Personal Health
Summer 2024	HLED	4025	40	Tchng Sensitiv Iss in Sexuality

Summer 2024	HLED	5025	40	Tchng Sensitiv Iss in Sexuality
Spring 2024	HLED	1006	40	Personal Health
Spring 2024	KIN	3038	40	Exercise Psychology
Spring 2024	HLED	4025	40	Tchng Sensstve Iss in Sexuality
Spring 2024	HLED	5025	40	Tchng Sensitiv Iss in Sexuality
Fall 2023	HLED	1006	40	Personal Health
Fall 2023	HLED	1006	41	Personal Health
Fall 2023	HLED	4030	40	Subst Abus/Suicide Prev in Ed
Summer 2023	HLED	1006	40	Personal Health
Spring 2023	HLED	1006	40	Personal Health
Spring 2023	HLED	4030	40	Teach abt Alcohol & Subst Abus
Spring 2023	HLED	4025	40	Tchng Sensstve Iss in Sexuality
Spring 2023	HLED	5025	40	Tchng Sensstve Iss in Sexuality
Fall 2022	HLED	1006	40	Personal Health
Summer 2022	HLED	1006	40	Personal Health
Summer 2022	HLED	4025	40	Tchng Sensstve Iss in Sexuality
Summer 2022	HLED	5025	40	Tchng Sensstve Iss in Sexuality
Spring 2022	HLED	1006	40	Personal Health
Spring 2022	HLED	4025	40	Tchng Sensstve Iss in Sexuality
Spring 2022	HLED	5025	40	Tchng Sensstve Iss in Sexuality
Fall 2021	HLED	1006	40	Personal Health
Summer 2021	HLED	1006	40	Personal Health
Summer 2021	HLED	4025	40	Tchng Sensstve Iss in Sexuality
Summer 2021	HLED	5025	40	Tchng Sensstve Iss in Sexuality
Spring 2021	HLED	1006	40	Personal Health
Spring 2021	HLED	4025	40	Tchng Sensstve Iss in Sexuality
Spring 2021	HLED	5025	40	Tchng Sensitiv Iss in Sexuality
Spring 2021	KIN	2005	01	Move Core VI:Phys Fit/Act
Fall 2020	HLED	1006	40	Personal Health
Fall 2020	KIN	2000	01	Move Core I:Striking/Fielding
Fall 2020	KIN	2004	01	Move Core V

Fall 2020	KIN	4017	01	Teach Lab III
Summer 2020	HLED	1006	40	Personal Health
Summer 2020	HLED	4025	40	Tchng Sensstve Iss in Sexuality
Summer 2020	HLED	5025	40	Tchng Sensitiv Iss in Sexuality
Spring 2020	HLED	1006	40	Personal Health
Spring 2020	HLED	4025	40	Tchng Sensstve Iss in Sexuality
Spring 2020	HLED	5025	40	Tchng Sensitiv Iss in Sexuality
Spring 2020	KIN	2000	01	Move Core I:Striking/Fielding
Spring 2020	KIN	2005	01	Move Core VI:Phys Fit/Act
Fall 2019	HLED	1006	40	Personal Health
Fall 2019	KIN	2004	01	Move Core V
Fall 2019	KIN	4017	01	Teach Lab III
Summer 2019	HLED	1006	40	Personal Health
Summer 2019	HLED	4025	40	Tchng Sensstve Iss in Sexuality
Summer 2019	HLED	5025	40	Tchng Sensitiv Iss in Sexuality
Spring 2019	HLED	1006	40	Personal Health
Spring 2019	HLED	4025	40	Tchng Sensstve Iss in Sexuality
Spring 2019	HLED	5025	40	Tchng Sensitiv Iss in Sexuality
Spring 2019	KIN	2000	01	Move Core I:Striking/Fielding
Spring 2019	KIN	2005	01	Move Core VI:Phys Fit/Act
Fall 2018	KIN	2004	01	Move Core V
Fall 2018	KIN	3012	01	Teaching Lab I
Fall 2018	KIN	4017	01	Teach Lab III

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### **Honors/Awards:**

2023 Selected for LAMP Summer Pedagogical Retreat “Building Community through Transformative Pedagogy”

2017 Presenter for the AISEP conference (International Association for Physical Education in Higher Education)

2014 Assistant coach for Wyoming All-Star Volleyball

2009 Team lead for newly constructed Cheyenne South High School

2005 Arch Coal Foundation Golden Apple Award

2000 Wyoming Health Teacher of the Year (WAHPERD)

1999 Assistant coach for Wyoming All-Star Volleyball

## **Experience and Training:**

2010 – 2017

Vice-president and Manager, Prairie Rose Floral Shop, Cheyenne, Wyoming  
Responsible for small business bookkeeping, budget, payroll, scheduling, management, floral design, delivery, and customer service

2002 – 2018

President and Manager, SGS Properties, LLC, Cheyenne, Wyoming  
Responsible for bookkeeping, budget, repair, management, tenant screening, and general upkeep of rental properties

- Committee Chair for initial development of Cheyenne South High School student handbook, parent handbook, and planner
- 2004-2018 Professional Learning Community chair (Johnson Junior High, Cheyenne South High School)
- Wyoming State Writing team for Health Education and Physical Education
- WAHPERD vice president for Health (2-year term)
- NCA Reading Committee

## **Professional Development:**

- Lead with Emotional Intelligence – Apr 2024
- Ungrading Seminar – March 2024
- Ungrading PLC – Sept 2023-May 2024
- How Can I Structure Class Discussions to Maximize Student Engagement? – Jan 2023
- Beyond Syllabus Policies: What Strategies Help Students Take Responsibility for Learning? – Feb 2023
- What Are 7 Ways to Assess Students in an Ungraded Classroom? – March 2023
- How Can I Grade in Less Time with Greater Impact? – March 2023
- LAMP Summer Pedagogical Retreat “Building Community through Transformative Pedagogy” – Aug 2023
- NWC Inclusive Excellence Community (PLC) facilitated by Rachel Watson – Aug 2023 to present
- Ungrading PLC (through ECTL) facilitated by Christie Boggs – Oct 2022 to present
- How Can I Harness the Power of Story to Create Classroom Community? – Sept 2023
- How Can I Use the Discussion Board to Stimulate Engagement and Build Confidence for First-Year Students? – Sept 2023
- Transforming online asynchronous courses with AI – Sept 2023
- Empower Your Work with AI – Dec 2023
- WAHPERD Convention – Nov 2022
- Interventions for Reading and Engagement – Oct 2022
- Ungrading – Oct 2022
- Engaging Student Focused Syllabi – Oct 2022
- Wyoming Articulation Summit Conference – Sept 2022
- Navigate Training – Sept 2022
- Arizona State University/Pearson Remote Summit Conference (2-day training) – June 2022
- Introduction to Microsoft Teams – June 2022

- Assessment Faculty Learning Community – Feb 15-May 18, 2022
- Effective Digital Learning – Feb 2022
- Remote Work Foundations – Jan 2022
- Executive Presence – Jan 2022
- Equitable STEM Transfer Pathways – Nov 2021
- Wyoming Articulation Summit Conference – Oct 2021
- ECTL Teaching & Learning Symposium (6 hours in training) – Sept 2021
- Technology with Impact in Online Classrooms – Apr 2021
- Zoom Breakout rooms – Mar 2021
- Traditional Resources to OER – Sept 2020
- Swivl training – Aug 2020
- Zoom tips and tricks training – Aug 2020 and Sept 2020
- Canvas Training – Aug 2019 – Jan 2020 (various dates)
- Canvas training – Feb 2019
- Heart Monitor training – Feb 2019
- Art of Mentoring – Jan 2019
- Master Your Influence – Aug 2018
- Sexual Harassment recognition and training – Sept 2018
- Member of National SCASS – HEAP team (State Collaborative on Assessment and Student Standards – Health Education Assessment Project)
- McRell Leadership training – proven leadership techniques for use in school improvement
- Polar Technology Training – trained on Polar Wellness, Tri-Fit and heart monitors
- Ongoing Lifeguard certification, CPR and First Aid certification
- Second Step violence prevention curriculum
- Solution Tree-Professional Learning Communities Summit (Scottsdale, Arizona; Los Angeles, California; Las Vegas, Nevada)
- University of Wyoming Health Network trainer for SCASS

## **Service**

- Division of Kinesiology and Health Shared Resources and Support DAPP team - 2024
- Division of Kinesiology and Health Provisional Working Group DAPP team - 2024
- Wyoming Inclusive Excellence Initiative (Ie3) team member with Northwest Community College - 2023-present
- Personal contact visits with 20 Public Health workers within 14 Wyoming Public Health Departments across the state in promotion of the Community & Public Health graduate certificate program - 2023
- Transfer Success Team (first Faculty member)
- Personal contact visits for 16 Wyoming Public Health Departments across the state in promotion of the Community & Public Health Certificate program - 2022
- Teaching Effectiveness Committee for Division of Kinesiology and Health Promotion
- Kinesiology and Health Promotion curriculum committee
- Physical Education Teacher Education committee

- Liaison for Kinesiology and Health Promotion and PETE with eight Wyoming Community Colleges
- Academic Advisor for 20 students in PETE and KIN Spring 2020
- Academic Advisor for 26 students in KIN and PETE 2021
- Academic Advisor for 27 students in KIN 2022
- Academic Advisor for 27 students in KIN 2023
- 2020- 2022 Faculty Advisor for Physical Education Teacher Education Student Association (PETESA)
- 2021 Candidate search committee (PETE)
- 2020 Candidate search committee (PETE)