

Physical Education Teaching (PHET) Major: 4-year Coursework Plan

59-61 required credit hours freshman/sophomore years

55 required credit hours junior/senior years supplemented by 6-8 elective credit hours

Freshman Year – Suggested Course Schedule

Semester 1 (e.g., Fall term)			Hrs	Semester 2 (e.g., Spring term)			Hrs
ENGL 1010	College Composition & Rhetoric (COM1)	3		PSYC 1000	General Psychology (H)	3	
CHEM 1000	Introduction to Chemistry (PN)	4		LIFE 1010	General Biology (PN)	4	
<i>or</i> 1020	General Chemistry 1 (PN)	4		STAT 2050	Fundamentals in Statistics (Q)	4	
MATH 1400	College Algebra (Q)	3		<i>or</i> 2070	Intro. to Statistics for Social Sci. (Q)	4	
<i>or</i> 1405	Trigonometry (Q)	3		HLSC 1006	Personal Health (H pending)	3	
<i>or</i> 1450	Algebra & Trigonometry (Q - Pending)	5		ENGL 2020	Introduction to Literature (COM 2)	3	
USP V	V – e.g., U.S./Wyoming choice	3					
FYS 1101	First Year Seminar (FYS)	3					
Total			16	Total			16

Sophomore Year – Suggested Course Schedule

Semester 1 (e.g., Fall term)			Hrs	Semester 2 (e.g., Spring term)			Hrs
KIN 2000	Movement Core I: Strike/Field/etc.	2		ZOO 3115	Human Systems Physiology	4	
KIN 2003	Movement Core IV: Ed. Games	2		KIN 2040	Human Anatomy	3	
KIN 2004	Movement Core V: Creative Movem.	3		KIN 2041	Human Anatomy Lab	1	
KIN 2005	Movement Core VI: Fitness & Phys.	2		KIN 2001	Movement Core II: Net & Target.	2	
PHYS 1050	Concepts of Physics (PN)	4		EDSE 3540	Teaching Reading in Content Area	2	
<i>or</i> 1110	General Physics 1 (PN)	4		USP H	Elective (H)	3	
FCSC 1140	Nutrition	2					
<i>or</i> 1141	Principles of Nutrition	3					
Total			15-16	Total			15

Physical Education Teaching (PHET) Major: 4-year Coursework Plan *continued*

Junior Year – Suggested Course Schedule for Students admitted to the Professional Program

<u>Fall Semester</u>		<u>Hrs</u>	<u>Spring Semester</u>		<u>Hrs</u>
KIN 3012	Teaching Laboratory I (COM 2)	3	KIN 3011	Teaching Methods in Phys. Educ.	3
KIN 3034	Lifespan Motor Development	3	KIN 3015	Teaching Laboratory II	3
KIN 3021	Physiology of Exercise	4	KIN 3060	Understand. Skill Acquist. for Teach.	3
KIN 3037	Sport Psychology	3	KIN 4055	Adapted Physical Education	2
<i>or</i> 3038	Exercise Psychology	3	KIN 4080	Assessment Physical Education (COM 3)	3
KIN 3050	Care & Prevention Athletic Injury.	2	EDSE 3540	Teaching Reading in Content Area	2
			<i>or Elective</i>	<i>Either in Junior or Senior Spring terms</i>	<i>3</i>
				<i>(1000-4000 level)</i>	
	Total	15		Total	16-17

Senior Year – Suggested Course Schedule for Students admitted to the Professional Program

<u>Fall Semester</u>		<u>Hrs</u>	<u>Spring Semester</u>		<u>Hrs</u>
KIN 4012	Curriculum Development in P.E.	3	KIN 4099	Student Teaching in Physical Ed.	12
KIN 4013	School Administration for Health Sci.	2	<i>Elective</i>	<i>Either in Junior or Senior Spring terms</i>	<i>3</i>
KIN 4017	Teaching Laboratory III	3		<i>(1000-4000 level)</i>	
KIN 3042	Biomechanics of Human Movement	3			
<i>Elective</i>	<i>Required (1000-4000 level)</i>	<i>3</i>			
	Total	14		Total	12-15