HLED 5586-41/ HLED 5026

Achieving Rural Community Health

3 credits, open to undergraduates Spring 2021: online, asynchronous



Figure 1 Image source: https://dra.gov/initiatives/promoting-a-healthy-delta/delta-community-health/

UW Community & Public Health

This online course invites students to apply principals of community and public health in rural and frontier United States settings. The assignments build to solve a community rural/frontier community or public health issue of your choosing. The course outlines the challenges and assets that a rural or frontier setting brings to improving community health. This is designed to assist students to bridge gaps that rural settings face and create a plan for improvement within their chosen community or state.

Instructor: Ashley Armstrong, <u>ashley.armstrong@uwyo.edu</u>
Program Manager & Course Developer in the Division of Kinesiology & Health.
PhD in Progress in Curriculum & Instruction; M.S. in Kinesiology & Health.