



EGG SANDWICHES

CLASSICS on a Plain Bagel	ONE EGG	TWO EGGS
Bacon & Cheddar	470 Cal 6.29	560 Cal 7.68
Turkey-Sausage & Cheddar	490 Cal 6.29	590 Cal 7.68
Ham & Swiss	470 Cal 6.29	560 Cal 7.68
Cheddar Cheese 🍷	420 Cal 5.79	520 Cal 7.18

Avocado Toast 🍷 on a Toasted Plain Bagel 410 Cal **4.39**

SIGNATURE

Farmhouse	680 Cal 6.79	770 Cal 8.18
Garden Avocado 🍷🍷	510 Cal 6.29	600 Cal 7.68
All-Nighter		900 Cal 7.15
Big Breakfast Burrito		1200 Cal 6.99

EGG WHITE

Santa Fe	440 Cal 6.29	440 Cal 7.68
Bacon, Avocado & Tomato	410 Cal 6.29	440 Cal 7.68

MAKE IT A MEAL

Add Twice-Baked Hash Brown & Medium Coffee 195 Cal **1.79**

CUSTOMIZE IT

GOURMET IT	Upgrade to a Gourmet Bagel	Adds 70-130 Cal +.76
LIGHTEN UP	Sub Egg White	Subtract 55 Cal
THINTASTIC	Make Your Bagel Thintastic	Subtract 70-120 Cal

REEL IN A
CLASSIC



NOVA LOX*

Red Onions, Capers, Tomato, Plain Shmear on a Plain Bagel 500 Cal

**Cold smoked salmon is not cooked. Consuming raw or undercooked seafood may increase your risk of foodborne illness. Nova lox contains artificial colors.*

SIGNATURE LUNCH

CLASSIC

Nova Lox* on a Plain Bagel	500 Cal	7.99
Turkey, Bacon & Avocado on Toasted Ciabatta	580 Cal	7.99
Tasty Turkey on an Asiago Bagel	510 Cal	7.99
Avocado Veg Out 🥑🌱 on a Sesame Bagel	420 Cal	7.49

HOT & TOASTY

Albuquerque Turkey on Six Cheese Gourmet Bagel	680 Cal	7.59
Pepperoni Chicken on Toasted Ciabatta	630 Cal	7.69
Spicy Chicken on Toasted Ciabatta	680 Cal	7.69
Cheesy Veggie Melt 🥑 on Toasted Ciabatta	610 Cal	6.49

PIZZA BAGEL

Cheese 🥑 on Plain	450 Cal	6.49
Pepperoni on Plain	540 Cal	6.99

DELI SELECT

Served on your choice of Bagel, Toasted Ciabatta or Flour Tortilla

Turkey & Cheddar	470-590 Cal	7.29
Ham & Swiss	480-590 Cal	7.29
Chicken Salad	460-570 Cal	7.29

*COLD SMOKED SALMON IS NOT COOKED. CONSUMING RAW OR UNDERCOOKED SEAFOOD MAY INCREASE THE RISK OF FOODBORNE ILLNESS. NOVA LOX CONTAINS ARTIFICIAL COLORS 2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST.

🌱 CONTAINS SESAME 🥑 VEGETARIAN

ESPRESSO

HOT

	M		L	
Mocha	5.34	380 Cal	5.94	500 Cal
Caramel Macchiato	5.59	110 Cal	6.09	130 Cal
Latte	4.59	180 Cal	5.19	220 Cal
Chai Tea Latte	5.09	320 Cal	5.59	380 Cal
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Hot Chocolate	3.89	450 Cal	4.49	580 Cal

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	S		L	
Mocha	5.34	240 Cal	5.94	390 Cal
Caramel Macchiato	5.59	260 Cal	6.09	420 Cal
Latte	4.59	80 Cal	5.19	140 Cal
Chai Tea Latte	5.09	140 Cal	5.59	250 Cal

CUSTOMIZE IT 75¢

Flavor Shot

Vanilla • Caramel • Chocolate

Adds 30 Cal

Espresso Shot Adds 0 Cal

Almond Milk Less 5-75 Cal



BEVERAGES

COLD BREW

	S		L	
Classic	4.49		4.99	
	5 Cal		5 Cal	
Flavored	5.24		5.74	
Vanilla Cream	190 Cal		310 Cal	
Caramel Cream	210 Cal		360 Cal	
Chocolate Cream	200 Cal		340 Cal	
Cold Brew Shakes	5.39		5.99	
Vanilla	280-390 Cal		440-610 Cal	
Caramel	390 Cal		610 Cal	
Chocolate	380 Cal		590 Cal	
<i>Available Coffee-Free</i>				



Strawberry Banana Smoothie S **5.39** 280 Cal L **5.99** 430 Cal

Brewed Coffee M **2.79** 5 Cal L **3.19** 5 Cal

Hot Tea 0 Cal
S **2.52** L **2.52**

Iced Tea 0 Cal
S L

Fountain 0-280/0-340 Cal
S L