

1 CHOOSE A MEAL

BOWL

1 Entree + Side(s)
240-1010 cal \$8.29

PLATE

2 Entrees + Side(s)
390-1500 cal \$9.79

BIGGER
PLATE

3 Entrees + Side(s)
540-1990 cal \$11.29

FAMILY
FEAST

2 Large Sides
3 Large Entrees
240-1990 cal \$43.00

serves 4-5
Premium Upcharge+

2 CHOOSE SIDES

VEGETABLES

Super Greens 90 cal

NOODLES

Chow Mein 510 cal

RICE

Fried Rice 520 cal
White Rice 380 cal

A LA CARTE

Medium \$4.69 Large \$5.69

3 CHOOSE ENTREES

FAVORITES

- The Original Orange Chicken® 490 cal 🌶️
- Beijing Beef® 470 cal 🌶️
- Honey Sesame Chicken 420 cal
- Sweet Fire Chicken
- Hot Orange Chicken 590 cal 🌶️🌶️

PREMIUM + \$1.59

- Black Pepper Steak 180 cal

WOK SMART

300 CALORIES OR LESS AND AT LEAST 8G OF PROTEIN

- Broccoli Beef 150 cal
- Kung Pao Chicken 290 cal 🌶️
- Grilled Teriyaki Chicken 300 cal

A LA CARTE

Small \$5.29 Medium \$8.59 Large \$11.79

PREMIUM A LA CARTE

Small \$6.79 Medium \$10.09 Large \$12.79

4 EXTRAS

APPETIZERS 160-200 cal | \$2.59

- Chicken Egg Roll (1) 200 cal
- Veggie Spring Roll (2) 190 cal
- Cream Cheese Rangoon (3) 190 cal
- Apple Pie Roll (1) 150 cal

DRINKS

Fountain 0-510 cal \$2.59

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional information available upon request.