



## STRATEGIES FOR RISK REDUCTION LAB

### Research focusing on Type 2 diabetes prevention

#### Presentations

- **Presentations (Refereed National and International Abstracts):**

**Thomas, J.,** Das, B., Erickson, N., Graves, K., Smith, B., Gore, K., Mistica, A., Phister, K., Snow, E., Soske, G., Stout, C., & Wade, M. (2022). Diabetes interventionist training program for pre-professional students in the health sciences. *Society of Behavioral Medicine Annual Meeting*, Baltimore MD, April 6-9. Poster Presentation.

**Thomas, J.,** Purtzer, M.A., Baker, S., Erickson, N., Graves, K., Kindt, J., & McCoy, B. (2020). Cultural competence in the context of Native American experience with nurses. *Western Institute of Nursing Research Conference*, Portland OR, April 15-18. Podium Presentation. In-person conference cancelled due to COVID-19.

**Thomas, J.,** Gomez Aguilar, P., Baker, S., Ellingrod, L., Erickson, N., Graves, K., Kindt, J., McCoy, B., Smith, B., Snow, E., & Woods, T. (2020). Relationship between mental health and adherence among individuals with type 2 diabetes in Oxcutzcab, Yucatan, Mexico. *Society of Behavioral Medicine Annual Meeting*, San Francisco, CA, April 1-4. Poster Presentation. In-person conference cancelled due to COVID-19.

**Thomas, J.,** Baker, S., Clinkenbeard, S., Kindt, J., Linford, C., McCoy, B., Smith, B., White, A., & Woods, T. (2019). Healthcare professionals' use and perceptions of the term prediabetes. *Society of Behavioral Medicine Annual Meeting*, Washington DC, March 6-9. Poster Presentation.

**Thomas, J.,** Das, B. Lutes, L., Clinkenbeard, S., Linford, C., & Woods, T. (2018). Dimensions of lifestyle health-related self-concept associated with weight in a type 2 diabetes prevention intervention. *Society of Behavioral Medicine Annual Meeting*, New Orleans, LA, April 11-14. Poster Presentation.

**Thomas, J.,** Das, B., Clemmons, B., & McNamee, H. (2016). Lifestyle health related self-concept as a predictor of participation in physical activity. *American Public Health Association 2016 Annual Meeting and Expo*, Denver, CO, October 29-November 2. Poster Presentation.

**Thomas, J.,** Lutes, L., Aldrich, L., & Kepler, M. (2016). Creation of the lifestyle health related self-concept questionnaire. *Society of Behavioral Medicine Annual Meeting*, Washington DC, March 29-April 1. Poster Presentation.

Moring, J., Bowen, A., **Thomas, J.,** Joseph, J., & Angiola, J. (2015). Acceptance mediates the relationship between tinnitus-related cognitions and anxiety sensitivity. *Society of Behavioral Medicine Annual Meeting*, San Antonio, TX, April 22-25. Poster Presentation.

**Thomas, J.,** Struble, M., Kepler, M., & Moring, J. (2014). Participation in behavior change: Experiences of individuals at-risk of type 2 diabetes. *Society of Behavioral Medicine Annual Meeting*, Philadelphia, PA, April 23-26. Poster Presentation.

**Thomas, J.,** Moring, J., Bowen, A., Lindt, A., & Emerson, T. (2013). The role of stress and coping in the management of type 1 diabetes mellitus among college students. *Society of Behavioral Medicine Annual Meeting*, San Francisco, CA, March 20-23. Poster Presentation.

Moring, J., **Thomas, J.,** & Bowen, A. (2012). Healthcare provider perceptions of the impact of the term “Prediabetes”. *Association for Behavioral and Cognitive Therapies Convention*, National Harbor, MD, November 15-18. Poster Presentation.

Moring, J., **Thomas, J.,** & Bowen, A. (2012). Implicit attitudes about sound and their effects on Tinnitus maintenance. *Society of Behavioral Medicine Annual Meeting*, New Orleans, LA, April 11-14. Poster Presentation.

**Thomas, J.,** Wynstra, C., Stoops, T., Canetto, S., & Trott, C. (2011). Plans for children of female and male students in STEM. *American Psychological Association Convention*, Washington DC, August 4-7. Poster Presentation.

**Thomas, J.,** Moring, J., Hopper, G., & Angiola, J. (2011). Health-related self-concept and report of physical symptoms. *Society of Behavioral Medicine Annual Meeting*, Washington DC, April 27-30. Poster Presentation.

**Thomas, J. & Borrayo, E.** (2009). A measurement model in the study of illness behavior. *Society of Behavioral Medicine Annual Meeting*, Montreal, Quebec, Canada, April 22-25. Poster Presentation.

Lake, G., **Thomas, J.,** & Aloise-Young, P. (2008). Fourth grade Hispanic children’s intentions to smoke as predicted by the theory of planned behavior. *Society for Advancement of Chicanos and Native Americans in Science National Conference*, Salt Lake City, UT, October 9-12. Poster Presentation.

**Thomas, J. & Borrayo, E.** (2008). Indirect effects of gender on illness behavior through psychosocial factors and perceived stress. *American Psychological Association Convention*, Boston, MA, August 14-17. Poster Presentation.

**Thomas, J. & Borrayo, E.** (2007). An examination of moderators of stress and illness behavior among college students. *Society of Behavioral Medicine Annual Meeting*, Washington DC, March 21-24. Poster Presentation.

**Thomas, J. & Borrayo, E.** (2004). Latinas compliance with cervical cancer screening. *American Psychological Association Convention*, Honolulu, HI, July 28-August 1. Poster Presentation.

- **Presentations (Refereed Local and Regional Abstracts):**

Purtzer, M., & **Thomas, J.** (2017). Supporting Native American health: Dichotomies inherent in nurses’ perspectives of leadership and nursing care. *University of Wyoming Shepard Symposium*, Laramie, WY, April 5-8. Poster Presentation.

Trott, C., Canetto, S., **Thomas, J.**, Wynstra, C., & Stoops, T. (2011). Career plans of atmospheric science graduate students: Does gender matter? *Rocky Mountain Psychological Association Conference*, Salt Lake City, UT, April 14-16. Poster Presentation.

- **Presentations (Other):**

**Thomas, J.**, Das, B., Erickson, N., Graves, K., Smith, B., Gore, K., Mistica, A., Phister, K., Snow, E., Soske, G., Stout, C., & Wade, M. (2022). Diabetes interventionist training program for pre-professional students in the health sciences. *University of Wyoming Fay W. Whitney School of Nursing Scholarship Day*, Laramie, WY, April 20. Podium Presentation.

**Thomas, J.** (2021). Human behavior and COVID-19. *5 Congreso Internacional de Investigacion en Ciencias de la Salud*. Universidad de Guanajuato, Guanajuato, Mexico (Virtual meeting), October 14. Invited Podium Presentation.

**Thomas, J.**, Baker, S., Clinkenbeard, S., Kindt, J., Linford, C., McCoy, B., Smith, B., White, A., & Woods, T. (2019). Healthcare professionals' use and perceptions of the term prediabetes. *University of Wyoming Fay W. Whitney School of Nursing Scholarship Day*, Laramie, WY, April 24. Podium Presentation.

**Thomas, J.**, Baker, S., Clinkenbeard, S., Kindt, J., Linford, C., McCoy, B., Smith, B., White, A., & Woods, T. (2019). Healthcare professionals' use and perceptions of the term prediabetes. *University of Wyoming College of Health Sciences Research Day*, Laramie, WY, March 19. Poster Presentation.

**Thomas, J.**, & Strategies for Risk Reduction Lab. (2018). Perceptions of the term prediabetes among various health professions. *University of Wyoming Fay W. Whitney School of Nursing Scholarship Day*, Laramie, WY, April 25. Podium Presentation.

**Thomas, J.**, Das, B., Lutes, L., Clinkenbeard, S., Linford, C., & Woods, T. (2018). Dimensions of lifestyle health-related self-concept associated with weight in a type 2 diabetes prevention intervention. *University of Wyoming College of Health Sciences Research Day*, Laramie, WY, April 5. Poster Presentation.

**Thomas, J.** (2017). Lifestyle and health behavior change: Challenges and opportunities in Wyoming. *Wyoming Nursing Summit & Convention*, Laramie, WY, September 21. Podium Presentation.

**Thomas, J.**, & Strategies for Risk Reduction Lab. (2017). Lifestyle health-related self-concept in the context of a lifestyle intervention. *University of Wyoming Fay W. Whitney School of Nursing Scholarship Day*, Laramie, WY, April 28. Podium Presentation.

Burbank, K., Chaulk-Pikula, T., Griffith, M., McNamee, H., Stonier, K., Woods, T., Das, B., & **Thomas, J.** (2017). Lifestyle health-related self-concept in the context of a lifestyle intervention. *Western Institute of Nursing Research Conference*, Denver, CO, April 19-22. Poster Presentation.

Purtzer, M., & **Thomas, J.** (2017). Supporting Native American health: Dichotomies inherent in nurses' perspectives of leadership and nursing care. *Western Institute of Nursing Research Conference*, Denver, CO, April 19-22. Poster Presentation.

Burbank, K., Chaulk-Pikula, T., Griffith, M., McNamee, H., Stonier, K., Woods, T., Das, B., & **Thomas, J.** (2017). Lifestyle health-related self-concept in the context of a lifestyle intervention. *University of Wyoming College of Health Sciences Research Day*, Laramie, WY, April 14. Poster Presentation.

Purtzer, M., & **Thomas, J.** (2017). Supporting Native American health: Dichotomies inherent in nurses' perspectives of leadership and nursing care. *University of Wyoming College of Health Sciences Research Day*, Laramie, WY, April 14. Poster Presentation.

Baker, S., Walker, M., Woods, T., Griffith, M., McNamee, H., Clark, H., & **Thomas, J.** (2016). Perception of the term 'prediabetes': A pilot study. *Western Institute of Nursing Research Conference*, Anaheim, CA, April 10-13. Poster Presentation.

Kepler, M., Baker, S., Calmes, J., Cummings, M., Kazmar, K., & **Thomas, J.** (2015). What does it mean to be at risk of developing type 2 diabetes? *Western Institute of Nursing Research Conference*, Albuquerque, NM, April 22-25. Poster Presentation.

Kepler, M., Burton, B., Harvey, T., Struble, M., & **Thomas, J.** (2014). What do at-risk individuals know about type 2 diabetes? *Western Institute of Nursing Research Conference*, Seattle, WA, April 9-12. Poster Presentation.

Emerson, T., Harvey, T., Struble, M., Hobbs, T., Brillinger, C., Aldrich, L., Moring, J., & **Thomas, J.** (2013). Diet and physical activity among college students with type 1 diabetes. *Western Institute of Nursing Research Conference*, Anaheim, CA, April 10-13. Poster Presentation.

**Thomas, J.** (2013). Social cognitive factors related to risk of type 2 diabetes and management of type 1 diabetes. *University of Wyoming-Colorado State University Human Performance Clinical/Research Lab Retreat*, Fort Collins, CO, January 26. Podium Presentation.

Harvey, T., Hobbs, T., Lindt, A., & **Thomas, J.** (2012). Caring for the prediabetic: What do NP's and MD's recommend? *Wyoming Nurses Association*, Laramie, WY, April 4. Podium Presentation.

**Thomas, J.**, & Bowen, A. (2012). The future of nursing academics: Involving nursing students in research. *Western Institute of Nursing Research Conference*, Portland, OR, April 18-21. Poster Presentation.

Harvey, T., Hobbs, T., Lindt, A., Moring, J., & **Thomas, J.** (2012). Caring for the prediabetic: What do NP's and MD's recommend? *Western Institute of Nursing Research Conference*, Portland, OR, April 18-21. Poster Presentation.

**Thomas, J.** (2012). Perceptions of risk related to developing type 2 diabetes, or 'prediabetes'. *University of Wyoming Fay W. Whitney School of Nursing Nightingale Center for Nursing Scholarship Brown Bag*, Laramie, WY, March 28. Podium Presentation.

**Thomas, J.** (2011). Measuring illness behavior and health-related cognitions: Procedures and implications. *University of Wyoming Fay W. Whitney School of Nursing Nightingale Center for Nursing Scholarship Brown Bag*, Laramie, WY, March 2. Podium Presentation.