

Jenifer J. Thomas, Ph.D.

CURRICULUM VITAE

Name: Jenifer J. Thomas, PhD

Work e-mail address: jthoma41@uwyo.edu

Phone: 307-766-3546

Educational Background

Degrees Earned

2003-2008	Ph.D.	Colorado State University Fort Collins, CO	Applied Social Psychology (Health emphasis)
1997-2000	M.S.	Avila University Kansas City, MO	Counseling Psychology
1991-1994	B.S.	Colorado State University Fort Collins, CO	Psychology

Employment History

<u>Academic Institution</u>	<u>Position</u>	<u>Date</u>
University of Wyoming Fay W. Whitney School of Nursing	Professor	2023-present
University of Wyoming Fay W. Whitney School of Nursing	Associate Professor	2016-2023
University of Colorado-Denver Latino Research and Policy Center	Research Associate	2016-present
University of Wyoming Fay W. Whitney School of Nursing	Assistant Professor	2010-2016
Colorado State University Department of Psychology	Postdoctoral Fellow	2009-2010
Colorado State University Department of Psychology	Graduate Student Research Assistant	2003-2008
Colorado State University Department of Psychology	Research Assistant	2001-2003
Aims Community College Behavioral and Social Sciences	Adjunct Faculty	2002-2010

OTHER EMPLOYMENT

<u>Institution</u>	<u>Position</u>	<u>Date</u>
Colorado State University CSU Health Network Stress Management Program	Coordinator	2009-2010

Colorado State University CSU Health Network Stress Management Program	Postdoctoral Fellow	2008-2009
Poudre Valley Health System Family Medicine Center	Biofeedback Therapist	2006-2007
Aims Community College Biofeedback Learning Center	Coordinator	2000-2003

RESEARCH EXPERIENCE

Funded Research Grants and Contracts

Project Title: Understanding Diabetes Prevention Program implementation through facilitator experiences

Funding Agency: University of Wyoming Fay W. Whitney School of Nursing Sharron S. Humenick Nursing Enrichment Fund

Role: PI

Principal Investigator: J. Thomas

Dates of Project Period: 09/01/2024-08/31/2025

Total Awarded: \$2,000

Project Title: Clinical and translational research infrastructure network IDeA-CTR

Funding Agency: National Institutes of Health (NIGMS), 2U54GM104944-06

Role: Community engagement and outreach core site director (Investigator subcontract)

Principal Investigator: Francisco Sy, PhD (University of Nevada-Las Vegas)

Dates of Project Period: 9/15/2018-11/08/2023

Total Awarded: \$80,200 (\$16,040 per year)

Project Title: DNP-prepared nurse practitioners' preparedness for practice, 2016-2020

Funding Agency: University of Wyoming Fay W. Whitney School of Nursing Sharron S. Humenick Nursing Enrichment Fund

Role: Co-I

Principal Investigator: A.M. Hart (University of Wyoming)

Dates of Project Period: 1/1/22-12/31/24

Total Awarded: \$4,000

Project Title: University of Wyoming community diabetes prevention grant

Funding Agency: Wyoming Department of Health Chronic Disease Prevention Program

Role: PI

Principal Investigator: J. Thomas

Dates of Project Period: 12/01/21-12/31/22

Total Awarded: \$14,500

Project Title: Diabetes prevention interventionist training program for pre-professional students in the health sciences

Funding Agency: University of Wyoming Fay W. Whitney School of Nursing Sharron S. Humenick Nursing Enrichment Fund

Role: PI

Principal Investigator: J. Thomas

Dates of Project Period: 7/1/2019-6/30/2020

Total Awarded: \$4,949

Project Title: Lifestyle health-related self-concept and type 2 diabetes prevention
Funding Agency: Mountain West Clinical Translational Research Infrastructure Network, CTR-IN Mini Grant
Role: PI
Principal Investigator: J. Thomas
Dates of Project Period: 12/14/2015-6/30/2016
Total Awarded: \$8,457

Project Title: Native American perception of qualities of effective nurse leadership within the context of health promotion services
Funding Agency: University of Wyoming Fay W. Whitney School of Nursing Sharron S. Humenick Nursing Enrichment Fund
Role: Co-I
Principal Investigator: M.A. Purtzer (University of Wyoming)
Dates of Project Period: 5/1/2015-6/30/2016
Total Awarded: \$4,950

Project Title: Developing people and plans for biomedical research with Wind River Reservation
Funding Agency: University of Wyoming INBRE, Wyoming Community College Collaborative Grant Program
Role: Co-I
Principal Investigator: C.M. Porter & T. Spoonhunter (University of Wyoming)
Dates of Project Period: 4/1/2015-12/31/2015
Total Awarded: \$15,000

Project Title: The creation of tailored health communication for type 2 diabetes risk reduction
Funding Agency: University of Wyoming College of Health Sciences Faculty Seed Grant
Role: PI
Principal Investigator: J. Thomas
Dates of Project Period: 7/1/2014-6/30/2015
Total Awarded: \$6,180

Project Title: The nutrition screening tool project: A proactive approach to nutrition for cancer patients
Funding Agency: University of Northern Colorado Sponsored Programs & Academic Research Center
Role: Co-I
Principal Investigator: J. Erskine (University of Northern Colorado)
Dates of Project Period: 7/1/2001-12/31/2002
Total Awarded: \$2,500

Research Grants (submitted and pending notification)
n/a

Research Grants (submitted but not funded)
Project Title: Addressing type 2 diabetes risk in Wyoming through development of a digital Diabetes Prevention Program
Funding Agency: Rocky Mountain REACH Pilot Award
Role: PI
Principal Investigator: J. Thomas
Dates of Project Period: 09/01/2024-08/31/2025

Total: \$50,000

Project Title: Addressing an important research gap in the Diabetes Prevention Program through support groups

Funding Agency: University of Wyoming College of Health Sciences Faculty Research Grant

Role: PI

Principal Investigator: J. Thomas

Dates of Project Period: 7/1/2023-6/30/2024

Total: \$2,500

Project Title: Diabetes prevention programming through the University of Wyoming

Funding Agency: University of Wyoming Faculty Grant in Aid Program

Role: PI

Principal Investigator: J. Thomas

Dates of Project Period: 6/1/2022-5/31/2023

Total: \$7,500

Project Title: Online and digital support for type 2 diabetes prevention

Funding Agency: University of Wyoming College of Health Sciences Faculty Research Grant

Role: PI

Principal Investigator: J. Thomas

Dates of Project Period: 7/1/2021-6/30/2022

Total: \$7,500

Project Title: The DISTANCE study: Diabetes intervention study testing acceptability of using student nursing college educators

Funding Agency: National Institutes of Health National Institute of Nursing Research Community Partnerships to Advance Research (CPAR), R21 (PA-18-381)

Role: Co-PI

Principal Investigator: J. Thomas; B. Das (East Carolina University)

Dates of Project Period: 7/1/2019-6/30/2021

Total: \$337,792

Project Title: Individualized type 2 diabetes risk communication through predictive analytics

Funding Agency: Mountain West Clinical Translational Research Infrastructure Network, CTR-IN Pilot Grant

Role: PI

Principal Investigator: J. Thomas

Dates of Project Period: 8/1/2018-6/30/2019

Total: \$62,233

Project Title: Advancing type 2 diabetes prevention for Hispanic and Latino adults in rural Wyoming

Funding Agency: Mountain West Clinical Translational Research Infrastructure Network, CTR-IN Pilot Grant

Role: PI

Principal Investigator: J. Thomas

Dates of Project Period: 7/15/2017-6/30/2018

Total: \$65,970

Project Title: Advancing type 2 diabetes prevention for Hispanic and Latino adults in rural Wyoming

Funding Agency: American Diabetes Association

Role: PI

Principal Investigator: J. Thomas

Dates of Project Period: 1/1/2017-12/31/2022

Total: \$1,074,919

Project Title: Diabetes in San Jose Tecoh, Yucatan, Mexico: Investigating influence of context on diet

Funding Agency: University of Wyoming Faculty Grant in Aid

Role: PI

Principal Investigator: J. Thomas

Dates of Project Period: 7/1/2016-6/30/2017

Total: \$7,500

Project Title: An examination of health behaviors associated with the management of type 1 diabetes mellitus among college students

Funding Agency: University of Wyoming Faculty Grant in Aid

Role: PI

Principal Investigator: J. Thomas

Dates of Project Period: 7/1/2013-6/30/2014

Total: \$7,440

Project Title: Generalized health-related self-concept and type 2 diabetes risk

Funding Agency: University of Wyoming College of Health Sciences Seed Grant

Role: PI

Principal Investigator: J. Thomas

Dates of Project Period: 7/1/2013-6/30/2014

Total: \$6,440

FACULTY SPONSOR FOR STUDENT AWARDS

Project Title: Perceptions of the term 'prediabetes'

Funding Agency: University of Wyoming College of Health Sciences Student Seed Grant

Role: Faculty mentor

Principal Investigator: Tessa Woods

Dates of Project Period: 7/1/2017-6/30/2018

Total Awarded: \$981

PUBLICATIONS

(*refereed +data based #invitational)

*+Thomas, J., Moring, J., Bowen, A., Rings, J., Emerson, T., & Lindt, A. (2023). The influence of stress and coping on diabetes self-care activities among college students. *Journal of American College Health*, 71(5), 1317-1322. (Data-based article)

*+Purtzer, M.A., & Thomas, J. (2021). What Native Americans want nurses to know: Attitudes and behaviors desired in client/nurse relationships. *Public Health Nursing*, 38(2), 176-185. (Data-based article)

#Thomas, J. (2020, November). Human behavior and COVID. *Wyoming Nurse Reporter*.

- *+Thomas, J., Moring, J., Calmes, J., Kepler, M, Chaulk-Pikula, T., & Baker, S. (2019). What does it mean to be at-risk of developing type 2 diabetes? Family matters. *American Journal of Health Studies*, 34(4), 184-195. (Data-based article)
- *+Vincente, A., Candila, J., Thomas, J., Gomez Aguilar, P., & Oliva, C. (2019). Living with type 2 diabetes in Merida, Yucatan, Mexico: A phenomenological study. *Journal of Transcultural Nursing*, 3, 214-221. (Data-based article)
- *+Purtzer, M., & Thomas, J. (2019). Intentionality in nurse leadership: Caring as a bridge to supporting Native American health. *Public Health Nursing*, 36, 276-283. (Data-based article)
- *+Thomas, J., Lutes, L., Smirnova, E., Das, B., Huzurbazar, S., Aldrich, L., & Lee, M. (2019). Self-concept in the context of diabetes prevention: Development of the lifestyle health-related self-concept (Lifestyle-HRSC) questionnaire. *American Journal of Health Promotion*, 33(3), 452-456. (Data-based article)
- *+Thomas, J., Moring, J., Nagel, M., Lee, M., Linford, C., Woods, T., & Clinkenbeard, S. (2018). Demands of multiple behavior change in type 2 diabetes risk reduction. *The Journal for Nurse Practitioners*, 14(7), 545-551. (Data-based article)
- *+Thomas, J., Moring, J. Baker, S., Walker, M., Warino, T., Hobbs, T., Lindt, A. & Emerson, T. (2017). Do words matter? Health care providers' use of the term prediabetes. *Health, Risk & Society*, 19(5/6), 301-315. (Data-based article)
- *+Thomas, J., & Borrayo, E. (2016). The impact of perceived stress and psychosocial factors on missed class and work among college students. *Journal of College Counseling*, 19(3), 246-260. (Data-based article)
- *+Thomas, J., Moring, J., Harvey, T., Hobbs, T., & Lindt, A. (2016). Risk of type 2 diabetes: Health care provider perceptions of characteristics that increase prevention adherence. *Applied Nursing Research*, 32, 1-6. (Data-based article)
- *+Moring, J., Bowen, A., Thomas, J., & Bira, L. (2016). The emotional and functional impact of the type of tinnitus sensation. *Journal of Clinical Psychology in Medical Settings*, 1-9. (Data-based article)
- *+Moring, J., Bowen, A., Thomas, J., & Joseph, J. (2015). Acceptance mediates the relationship between tinnitus-related cognitions and anxiety sensitivity. *American Journal of Audiology*, 24(2), 235-242. (Data-based article)
- *+Moring, J., Bowen, A., & Thomas, J. (2014). Use of the implicit association test for the measurement of tinnitus-related distress. *American Journal of Audiology*, 23(3), 293-302. (Data-based article)
- *+Thomas, J., & Borrayo, E. (2014). The combined influence of psychosocial factors on illness behavior among women. *Women & Health*, 54(6), 530-551. (Data-based article)
- *Thomas, J., Hart, A. M., & Burman, M. (2014). Improving health promotion and disease prevention in NP-delivered primary care. *The Journal for Nurse Practitioners*, 10(4), 221-228. (Review article)
- *+Thomas, J., & Moring, J. (2014). Development of a revised generalized health-related self-concept inventory. *American Journal of Health Behavior*, 38(4), 614-623. (Data-based article)
- *+Tompkins, S., Roeder, J., Thomas, J., & Koch, K. (2013). Effectiveness of a relationship enrichment program on couples living with Multiple Sclerosis. *International Journal of MS Care*, 15, 27-34. (Data-based article)
- *+Canetto, S., Trott, C., Thomas, J., Wynstra, C., & Stoops, T. (2012). Career plans of atmospheric science graduate students: Does gender matter? *Journal of Geoscience Education*, 60, 408-416. (Data-based article)
- *+Thomas, J., & Borrayo, E. (2011). An examination of moderators of stress and illness behavior. *Psychology*, 2(6), 590-597. (Data-based article)

- *+Borrayo, E., Thomas, J., & Lawsin, C. (2004). Cervical cancer screening among Latinas: The importance of referral and participation in parallel cancer screening behaviors. *Women & Health*, 39(2), 13-29. (Data-based article)

PRESENTATIONS

(*refereed +data based #invitational)

- *Thomas, J., Devine, O., Hankenson, A., Schiewe, M., Schwab, E., & Switzer, M. (2024). Type 2 diabetes risk for college students: Understanding relationships between perception and behavior. *Western Institute of Nursing Research Conference*, Salt Lake City, UT, April 19. Poster presentation.
- *+Thomas, J., Das, B., Mistica, A., Soske, G., Hankenson, A., King, A., Olin, H., Schiewe, M., Stout, C., Switzer, M., & Wade, M. (2023). Examining the feasibility and acceptability of student-led type 2 diabetes prevention interventions. *Society of Behavioral Medicine Annual Meeting*, Phoenix AZ, April 26-29. Poster Presentation.
- *#Thomas, J., Das, B., Mistica, A., Soske, G., Hankenson, A., King, A., Olin, H., Schiewe, M., Stout, C., Switzer, M., & Wade, M. (2023). Examining the feasibility and acceptability of student-led type 2 diabetes prevention interventions. *University of Wyoming Fay W. Whitney School of Nursing Research & Scholarship Day*, Laramie, WY, April 12. Podium Presentation.
- *Holliday, P., Dickson, L., Hopgood, K., Lutes, L., Thomas, J., & Koughl, M. (2023). Looking the Diabetes Prevention Program (DPP) from the inside out: A qualitative examination of feedback from participants completing a yearlong DPP. *Interdisciplinary Student Health Conference, The University of British Columbia, Okanagan Campus*, Kelowna, BC, Canada, March 11. Poster Presentation.
- *#Thomas, J., Das, B., Erickson, N., Graves, K., Smith, B., Gore, K., Mistica, A., Phister, K., Snow, E., Soske, G., Stout, C., & Wade, M. (2022). Diabetes interventionist training program for pre-professional students in the health sciences. *University of Wyoming Fay W. Whitney School of Nursing Research & Scholarship Day*, Laramie, WY, April 20. Podium Presentation.
- *+Thomas, J., Das, B., Erickson, N., Graves, K., Smith, B., Gore, K., Mistica, A., Phister, K., Snow, E., Soske, G., Stout, C., & Wade, M. (2022). Diabetes interventionist training program for pre-professional students in the health sciences. *Society of Behavioral Medicine Annual Meeting*, Baltimore MD, April 6-9. Poster Presentation.
- #Thomas, J. (2021). Human behavior and COVID-19. *5 Congreso Internacional de Investigacion en Ciencias de la Salud*. Universidad de Guanajuato, Guanajuato, Mexico (Virtual meeting), October 14. Invited Podium Presentation.
- *+Thomas, J., Purtzer, M.A., Baker, S., Erickson, N., Graves, K., Kindt, J., & McCoy, B. (2020). Cultural competence in the context of Native American experience with nurses. *Western Institute of Nursing Research Conference*, Portland OR, April 15-18. Podium Presentation. In-person conference cancelled due to COVID-19.
- *+Thomas, J., Gomez Aguilar, P., Baker, S., Ellingrod, L., Erickson, N., Graves, K., Kindt, J., McCoy, B., Smith, B., Snow, E., & Woods, T. (2020). Relationship between mental health and adherence among individuals with type 2 diabetes in Oxcutzcab, Yucatan, Mexico. *Society of Behavioral Medicine Annual Meeting*, San Francisco, CA, April 1-4. Poster Presentation. In-person conference cancelled due to COVID-19.
- *#Thomas, J., Baker, S., Clinkenbeard, S., Kindt, J., Linford, C., McCoy, B., Smith, B., White, A., & Woods, T. (2019). Healthcare professionals' use and perceptions of the term prediabetes. *University of Wyoming Fay W. Whitney School of Nursing Research & Scholarship Day*, Laramie, WY, April 24. Podium Presentation.

- *Thomas, J., Baker, S., Clinkenbeard, S., Kindt, J., Linford, C., McCoy, B., Smith, B., White, A., & Woods, T. (2019). Healthcare professionals' use and perceptions of the term prediabetes. *University of Wyoming College of Health Sciences Research Day*, Laramie, WY, March 19. Poster Presentation.
- *+Thomas, J., Baker, S., Clinkenbeard, S., Kindt, J., Linford, C., McCoy, B., Smith, B., White, A., & Woods, T. (2019). Healthcare professionals' use and perceptions of the term prediabetes. *Society of Behavioral Medicine Annual Meeting*, Washington DC, March 6-9. Poster Presentation.
- *#Thomas, J., & Strategies for Risk Reduction Lab. (2018). Perceptions of the term prediabetes among various health professions. *University of Wyoming Fay W. Whitney School of Nursing Research & Scholarship Day*, Laramie, WY, April 25. Podium Presentation.
- *+Thomas, J., Das, B., Lutes, L., Clinkenbeard, S., Linford, C., & Woods, T. (2018). Dimensions of lifestyle health-related self-concept associated with weight in a type 2 diabetes prevention intervention. *Society of Behavioral Medicine Annual Meeting*, New Orleans, LA, April 11-14. Poster Presentation.
- *Thomas, J., Das, B., Lutes, L., Clinkenbeard, S., Linford, C., & Woods, T. (2018). Dimensions of lifestyle health-related self-concept associated with weight in a type 2 diabetes prevention intervention. *University of Wyoming College of Health Sciences Research Day*, Laramie, WY, April 5. Poster Presentation.
- #Thomas, J. (2017). Lifestyle and health behavior change: Challenges and opportunities in Wyoming. *Wyoming Nursing Summit & Convention*, Laramie, WY, September 21. Invited Podium Presentation.
- *#Thomas, J., & Strategies for Risk Reduction Lab. (2017). Lifestyle health-related self-concept in the context of a lifestyle intervention. *University of Wyoming Fay W. Whitney School of Nursing Research & Scholarship Day*, Laramie, WY, April 28. Podium Presentation.
- *Burbank, K., Chaulk-Pikula, T., Griffith, M., McNamee, H., Stonier, K., Woods, T., Das, B., & Thomas, J. (2017). Lifestyle health-related self-concept in the context of a lifestyle intervention. *Western Institute of Nursing Research Conference*, Denver, CO, April 19-22. Poster Presentation.
- *Purtzer, M., & Thomas, J. (2017). Supporting Native American health: Dichotomies inherent in nurses' perspectives of leadership and nursing care. *Western Institute of Nursing Research Conference*, Denver, CO, April 19-22. Poster Presentation.
- *Burbank, K., Chaulk-Pikula, T., Griffith, M., McNamee, H., Stonier, K., Woods, T., Das, B., & Thomas, J. (2017). Lifestyle health-related self-concept in the context of a lifestyle intervention. *University of Wyoming College of Health Sciences Research Day*, Laramie, WY, April 14. Poster Presentation.
- *Purtzer, M., & Thomas, J. (2017). Supporting Native American health: Dichotomies inherent in nurses' perspectives of leadership and nursing care. *University of Wyoming College of Health Sciences Research Day*, Laramie, WY, April 14. Poster Presentation.
- *+Purtzer, M., & Thomas, J. (2017). Supporting Native American health: Dichotomies inherent in nurses' perspectives of leadership and nursing care. *University of Wyoming Shepard Symposium*, Laramie, WY, April 5-8. Poster Presentation.
- *+Thomas, J., Das, B., Clemmons, B., & McNamee, H. (2016). Lifestyle health related self-concept as a predictor of participation in physical activity. *American Public Health Association 2016 Annual Meeting and Expo*, Denver, CO, October 29-November 2. Poster Presentation.
- *Baker, S., Walker, M., Woods, T., Griffith, M., McNamee, H., Clark, H., & Thomas, J. (2016). Perception of the term 'prediabetes': A pilot study. *Western Institute of Nursing Research Conference*, Anaheim, CA, April 10-13. Poster Presentation.

- *+Thomas, J., Lutes, L., Aldrich, L., & Kepler, M. (2016). Creation of the lifestyle health related self-concept questionnaire. *Society of Behavioral Medicine Annual Meeting*, Washington DC, March 29-April 1. Poster Presentation.
- *Kepler, M., Baker, S., Calmes, J., Cummings, M., Kazmar, K., & Thomas, J. (2015). What does it mean to be at risk of developing type 2 diabetes? *Western Institute of Nursing Research Conference*, Albuquerque, NM, April 22-25. Poster Presentation.
- *+Moring, J., Bowen, A., Thomas, J., Joseph, J., & Angiola, J. (2015). Acceptance mediates the relationship between tinnitus-related cognitions and anxiety sensitivity. *Society of Behavioral Medicine Annual Meeting*, San Antonio, TX, April 22-25. Poster Presentation.
- *+Thomas, J., Struble, M., Kepler, M., & Moring, J. (2014). Participation in behavior change: Experiences of individuals at-risk of type 2 diabetes. *Society of Behavioral Medicine Annual Meeting*, Philadelphia, PA, April 23-26. Poster Presentation.
- *Kepler, M., Burton, B., Harvey, T., Struble, M., & Thomas, J. (2014). What do at-risk individuals know about type 2 diabetes? *Western Institute of Nursing Research Conference*, Seattle, WA, April 9-12. Poster Presentation.
- *Emerson, T., Harvey, T., Struble, M., Hobbs, T., Brillinger, C., Aldrich, L., Moring, J., & Thomas, J. (2013). Diet and physical activity among college students with type 1 diabetes. *Western Institute of Nursing Research Conference*, Anaheim, CA, April 10-13. Poster Presentation.
- *+Thomas, J., Moring, J., Bowen, A., Lindt, A., & Emerson, T. (2013). The role of stress and coping in the management of type 1 diabetes mellitus among college students. *Society of Behavioral Medicine Annual Meeting*, San Francisco, CA, March 20-23. Poster Presentation.
- #Thomas, J. (2013). Social cognitive factors related to risk of type 2 diabetes and management of type 1 diabetes. *University of Wyoming-Colorado State University Human Performance Clinical/Research Lab Retreat*, Fort Collins, CO, January 26. Podium Presentation.
- *+Moring, J., Thomas, J., & Bowen, A. (2012). Healthcare provider perceptions of the impact of the term "Prediabetes". *Association for Behavioral and Cognitive Therapies Convention*, National Harbor, MD, November 15-18. Poster Presentation.
- *Harvey, T., Hobbs, T., Lindt, A., Moring, J., & Thomas, J. (2012). Caring for the prediabetic: What do NP's and MD's recommend? *Western Institute of Nursing Research Conference*, Portland, OR, April 18-21. Poster Presentation.
- *Thomas, J., & Bowen, A. (2012). The future of nursing academics: Involving nursing students in research. *Western Institute of Nursing Research Conference*, Portland, OR, April 18-21. Poster Presentation.
- *+Moring, J., Thomas, J., & Bowen, A. (2012). Implicit attitudes about sound and their effects on Tinnitus maintenance. *Society of Behavioral Medicine Annual Meeting*, New Orleans, LA, April 11-14. Poster Presentation.
- #Harvey, T., Hobbs, T., Lindt, A., & Thomas, J. (2012). Caring for the prediabetic: What do NP's and MD's recommend? *Wyoming Nurses Association*, Laramie, WY, April 4. Podium Presentation.
- #Thomas, J. (2012). Perceptions of risk related to developing type 2 diabetes, or 'prediabetes'. *University of Wyoming Fay W. Whitney School of Nursing Nightingale Center for Nursing Scholarship Brown Bag*, Laramie, WY, March 28. Podium Presentation.
- *+Thomas, J., Wynstra, C., Stoops, T., Canetto, S., & Trott, C. (2011). Plans for children of female and male students in STEM. *American Psychological Association Convention*, Washington DC, August 4-7. Poster Presentation.
- *+Thomas, J., Moring, J., Hopper, G., & Angiola, J. (2011). Health-related self-concept and report of physical symptoms. *Society of Behavioral Medicine Annual Meeting*, Washington DC, April 27-30. Poster Presentation.

- *+Trott, C., Canetto, S., Thomas, J., Wynstra, C., & Stoops, T. (2011). Career plans of atmospheric science graduate students: Does gender matter? *Rocky Mountain Psychological Association Conference*, Salt Lake City, UT, April 14-16. Poster Presentation.
- #Thomas, J. (2011). Measuring illness behavior and health-related cognitions: Procedures and implications. *University of Wyoming Fay W. Whitney School of Nursing Nightingale Center for Nursing Scholarship Brown Bag*, Laramie, WY, March 2. Podium Presentation.
- *+Thomas, J. & Borrayo, E. (2009). A measurement model in the study of illness behavior. *Society of Behavioral Medicine Annual Meeting*, Montreal, Quebec, Canada, April 22-25. Poster Presentation.
- *+Lake, G., Thomas, J., & Aloise-Young, P. (2008). Fourth grade Hispanic children's intentions to smoke as predicted by the theory of planned behavior. *Society for Advancement of Chicanos and Native Americans in Science National Conference*, Salt Lake City, UT, October 9-12. Poster Presentation.
- *+Thomas, J. & Borrayo, E. (2008). Indirect effects of gender on illness behavior through psychosocial factors and perceived stress. *American Psychological Association Convention*, Boston, MA, August 14-17. Poster Presentation.
- *+Thomas, J. & Borrayo, E. (2007). An examination of moderators of stress and illness behavior among college students. *Society of Behavioral Medicine Annual Meeting*, Washington DC, March 21-24. Poster Presentation.
- *+Thomas, J. & Borrayo, E. (2004). Latinas compliance with cervical cancer screening. *American Psychological Association Convention*, Honolulu, HI, July 28-August 1. Poster Presentation.

TEACHING ACTIVITIES

COURSES TAUGHT

University of Wyoming, Fay W. Whitney School of Nursing

Course #	Course Title	Program	Year
NURS5894	DNP Project 4 (Spring)	DNP	2024-present
NURS4790	Supervised Research	n/a	2012-present
NURS5893	DNP Project 3 (J term)	DNP	2024-present
NURS5892	DNP Project 2 (Fall)	DNP	2023-present
NURS5891	DNP Project 1 (Summer)	DNP	2023-present
NURS5830	Health Behavior Change 2	DNP	2022-present
NURS5820	Health Behavior Change 1	DNP	2021-present
NURS5830	Health Behavior Change 3	DNP	2013-2020
NURS5820	Health Behavior Change 2	DNP	2013-2020
NURS5865	DNP Seminar	DNP	2012-2017
NURS5810	Health Behavior Change 1	DNP	2012-2020
NURS4125	Evidence Based Nursing	Basic	2010-2020
NURS2340	Develop Influences on Health	Basic	2010-2012

STUDENT RESEARCH ADVISING, CHAIR, ADVISOR, COMMITTEE MEMBER

<u>Committee Member (Current)</u>	<u>Degree</u>	<u>Date</u>
Rachel Dumas	M.S. Psychology	
Christopher Cannon	Ph.D. Psychology	
Elizabeth Punke	M.S. Psychology	

Katherine Berry
Katy Richardson
Megan Skinner

M.S. Psychology
M.S. Psychology
Ph.D. Biomedical Graduate
Program

Committee Member (Former)

Lara Glenn
Bailee Smith
Gabriella Zeller
Lauren Zimmerman
Jared Nelson
Gabriella Zeller
Rachel Dumas
Christopher Cannon
Lara Glenn
Andrea Slosser Worth
Morgan Longstreth
Lauren Zimmerman
Lara Glenn
Gabriella Zeller
Katy Richardson
Lauren Zimmerman
Andrea Slosser
Rui Guo

Jamyn Gavello
Ashlynn Stevens

Katelynn Bourassa
Rachel Sheffield

Jaci Emerson
Alexandra Kane
Chelsea Slagowski
Katelynn Bourassa
Zachary Fisher
Nicole Strom
Camelia Tudor
Morgan Johnson
Katelynn McConnell
Yinan Hua

John Moring
Shawn Rockey

Honors Thesis Advisor

Erik Gwaltney
Alexis King
Avery White
Breanna Young

<u>Degree</u>	<u>Date</u>
Ph.D. Psychology	2024
M.S. Kinesiology and Health	2024
Ph.D. Psychology	2023
Ph.D. Psychology	2023
M.S. Kinesiology and Health	2023
Ph.D. Psychology	2022
M.S. Psychology	2022
M.S. Psychology	2021
M.S. Psychology	2021
Ph.D. Psychology	2021
Ph.D. Psychology	2021
M.S. Psychology	2021
M.S. Psychology	2020
M.S. Psychology	2020
M.S. Psychology	2019
M.S. Psychology	2019
M.S. Psychology	2018
Ph.D. Biomedical Graduate Program	2018
M.S.W. Social Work	2018
M.S. Speech-Language Pathology	2018
Ph.D. Psychology	2017
M.S. Speech-Language Pathology	2017
M.S.W. Social Work	2017
M.S.W. Social Work	2015
M.S. Kinesiology and Health	2015
Ph.D. Psychology	2015
M.S. Kinesiology and Health	2015
M.S. Kinesiology and Health	2015
M.S.W. Social Work	2015
M.S. Kinesiology and Health	2014
Ph.D. Psychology	2014
Ph.D. Biomedical Graduate Program	2013
Ph.D. Psychology	2013
M.S. Kinesiology and Health	2012

<u>Degree</u>	<u>Date</u>
B.S.	2023
B.S.	2022
B.S.	2019
B.S.	2017

PROFESSIONAL ACTIVITIES

Name	Role	Dates
Society of Behavioral Medicine Peer Review Academy	Mentor	2024-present
State of Wyoming Diabetes Prevention Sustainability Workgroup	Member	2023-present
Wyoming State Epidemiological Outcomes Workgroup (SEOW)	Member	2013-2020

PROFESSIONAL REVIEW ACTIVITIES

Name	Role	Dates
Translational Behavioral Medicine	Associate Editor	2023-present
Translational Behavioral Medicine	Editorial Board Member	2023-present
Journal of Clinical Nursing	Ad Hoc Reviewer	2023-present
Journal of American College Health	Ad Hoc Reviewer	2023-present
Montana INBRE Program	Grant Reviewer	2022-2024
Mountain West Clinical Translational Research Infrastructure Network	Grant Reviewer	2021
American Journal of Health Promotion	Ad Hoc Reviewer	2021-present
American Public Health Association Annual Meeting	Presentation Reviewer	2019
Mountain West Clinical Translational Research Infrastructure Network	Grant Reviewer	2019
Translational Behavioral Medicine	Ad Hoc Reviewer	2017 to 2022
Society of Behavioral Medicine Annual Meeting	Presentation Reviewer	2013-present
International Journal of MS Care	Ad Hoc Reviewer	2012-present
American Journal of Health Behavior	Review Board Member	2014-present
Association for Women in Psychology Annual Conference	Presentation Reviewer	2010
Journal of Health Psychology	Ad Hoc Reviewer	2009-present

PROFESSIONAL DEVELOPMENT ACTIVITIES

Conference Name	Role	Dates
Preventing Chronic Disease, Diabetes Translation Supplement Writing Course	Participant	January-May 2024
University of Michigan, Community-Based Participatory Research: A Partnership Approach for Public Health Course	Participant	April-December 2023
Diabetes Training and Technical Assistance Center, Virtual Lifestyle Coach Training	Participant	August 2019
Steven Berg-Smith, 3-Day Motivational Interviewing Intensive	Participant	May 2018

HONORS, FELLOWSHIPS, AWARDS AND MEMBERSHIP IN HONOR SOCIETIES

Award or Honor	Society/Agency	Date
Community Engaged Faculty Institute Fellow	University of Wyoming Office of Engagement and Outreach	2023-2024

Presidential Scholarly Achievement Award (tenured faculty)	University of Wyoming	2023
Leadership Institute Fellow	Society of Behavioral Medicine	2022-2023
Innovation in Teaching Award	University of Wyoming College of Health Sciences	2017
Loan Repayment Program Award Recipient	National Institute on Minority Health and Health Disparities (NIMHD)	2014-2016
Communication of Wisdom (COW) Award Recipient	University of Wyoming Fay W. Whitney School of Nursing	2011
Outstanding Graduate Student	Colorado State University Department of Psychology	2007

SERVICE

Name	Role	Dates
University of Wyoming College of Health Sciences (CHS): Division of Kinesiology and Health tenure track faculty search committee	Member	2022-present
CHS Reappointment, Tenure, and Promotion Committee	Member, Chair	2022-present
CHS Research Committee	Chair, Member	2015-2020
Exercise is Medicine on Campus	Member	2015-2019
Interprofessional Education Curricular Vision workgroup	Member	2014
Biomedical Sciences Graduate PhD Program	Faculty Advisor	2013-present
Division of Kinesiology and Health tenure track faculty search committee	Member	2011-2012
University of Wyoming Fay W. Whitney School of Nursing: Reappointment, tenure, and promotion work group (chair)	Chair	2023-present
Scholarship and learning committee	Member	2023-present
Associate dean search committee	Member, Chair	2019-2023
Doctor of Nursing Practice (DNP) admissions team	Lead Member	2015-present
Reappointment, tenure, and promotion redesign task force	Member	2014-2023
Tenure track faculty search committee	Chair	2013-2014
Scholarship and professional development committee	Chair, Member	2012-2014
Advanced practice nursing committee	Member	2012-2016
Excellence chair faculty search committee	Member	2012-2013
DNP faculty committee	Member	2010-present
Graduate education committee	Member	2010-2012