Summer Outdoor Experience

Equipment List

Please note that all “group gear” (tents, climbing equipment, cooking equipment, food, etc.) will be provided by us.

Required equipment

- Rock climbing shoes*
- Rock climbing harness (UIAA certified)*
- Rock climbing helmet (UIAA certified)*
- Sleeping bag*
- Sleeping pad*
- Insulated mug
- Bowl or medium sized Tupperware® with lid
- Eating utensils (knife and spoon)
- 2, one-liter durable water bottles (e.g. Nalgene®)
- Daypack (enough to carry your equipment with you for a full-day. A book bag is sufficient)
- Flashlight or headlamp

*We will provide these items, though if you have your own, feel free to bring them.

Required clothing

- Rain jacket and pants (breathable or coated nylon)
- Shoes to hike in (preferably with good ankle support)
- Camp shoes (sneakers or tennis shoes)
- Sandals (an ankle strap is important, e.g. Tevas® or Chacos®)
- Swimsuit
- Towel (quick-drying pack-towel is ideal)
- Change of clothes for two days
  - 2 T-shirts (long sleeve and short)
  - Jeans or quick-drying nylon travel pants
  - Shorts
- Insulating bottoms, non-cotton (light fleece, Capilene® or polyester insulating layer)
- Light-weight insulating top, non-cotton (Capilene® or thin polyester insulating layer)
- Medium-weight insulating top, non-cotton (fleece jacket, wool sweater, lightweight down jacket)
- Personal toiletries and medications
- Sunscreen, lots
- Sun hat
- Sunglasses (with a strap)
- Warm hat and gloves
- Underwear

Optional equipment

- Camera (We can put photos on our web site to share with others after the trip, www.uwyo.edu/op)
- Book
- Journal
- Camp chair

Items we don’t encourage

Although we don’t officially “ban” any of these items (as a college student you are considered an adult after all), we feel that you will have a better experience if you don’t bring them, or consider leaving them at home.

- Cell phones (If you can’t live with out it, at least turn it off and throw it in your pack for emergencies only. Cell reception is lousy to non-existent in most places we’ll be traveling to anyway.)
- Personal music devices (Don’t worry, we’ll have some kickin’ tunes for those long drives)
- Electronic games