Fall Outdoor Experience
Backpacking equipment list

Please note that all “group gear” (tents, technical and cooking equipment, food, etc.) will be provided by us.

Required equipment

- Internal frame backpack (4,000 cubic in. minimum)*
- Sleeping bag (20° f min.)*
- Sleeping pad*
- Flashlight or headlamp
- 2 lashing straps (12” or longer)
- Sturdy hiking boots with good ankle support (broken in; please don’t bring brand-new boots)

*These items are available for use for no additional charge if needed.

Required clothing

- Insulating pants, non-cotton (light fleece, Capilene® or polyester insulating layer)
- Light-weight insulating top, non-cotton (Capilene® or thin polyester insulating layer)
- Medium-weight insulating top, non-cotton (fleece jacket, wool sweater, lightweight down jacket)
- Underwear
- 1-2 cotton T-shirts
- 1 pair of hiking pants (nylon or similar quick-drying fabric)
- 1 pair of shorts
- Swimsuit
- Small pack towel
- Rain jacket and pants (breathable or coated nylon)
- Warm hat and gloves
- 1 change of clothes, “Town clothes” to change into after the trip

Optional equipment

- Camera
- Book
- Journal
- Lightweight camp chair (e.g. Crazy Creek)
- Collapsible fishing rod & fishing license

Items we don’t encourage

Although we don’t officially “ban” any of the following items (as a college student you are considered an adult after all), we feel that you will have a better experience if you leave the following items in the residence halls.

- Cell phones (If you can’t live without it, at least turn it off and throw it in your pack for emergencies only. Cell reception is lousy in most places we will visit anyway.)
- Personal music devices (Don’t worry, we’ll have some kickin’ tunes for drives)
- Electronic games