



First Aid Kit Basics: OSHA 1910.151

1910.151 (b) : In the absence of an infirmary, clinic, or hospital in near proximity to the workplace which is used for the treatment of all injured employees, a person or persons shall be adequately trained to render first aid. Adequate first aid supplies shall be readily available.

An example of the minimal contents of a generic first aid kit is described in American National Standard (ANSI) Z308.1-1998 "Minimum Requirements for Workplace First-aid Kits." Under this standard, kits are divided into three different categories or classifications.

Type I: Intended for use in stationary, indoor applications where kit contents have minimal potential for damage. These kits are not intended to be portable and should have a means for mounting in a fixed position. Applications for this type of first aid kit include general indoor use, office use, or in a light manufacturing facility.

Type II: Intended for use in portable indoor applications. Kit contents should have minimal potential for damage. These kits should be equipped with carrying handles and be subjected to a drop test. Applications include general indoor use, office, or manufacturing environments.

Type III: Intended for portable use in mobile industries and/or out-door applications. Kits should be moisture resistant, equipped with a carrying handle, have the means for being mounted in a fixed position, and should be corrosion resistant. Applications for these first aid kits would be the transportation industry or construction jobsites.

Basic Fill Contents for Type I, II and III Kits

Item and Minimum Size or Volume	Minimum Quantity
Absorbent Compress, 32 sq. in. (No side smaller than 4")	1
Adhesive Bandages, 1" x 3"	16
Adhesive Tape, 5 yd.	1
Antiseptic, .5g application	10
Burn Treatment, .5g application	6
Medical Exam Gloves	2 pr.
Sterile Pads, 3" x 3"	4
Triangular bandage, 40" x 40" x 56"	1

All first aid contents meeting the basic fill requirements should be marked with ANSI Z308.1-1998 designation. Each completed kit must have a label on the back or outside of the kit with the information listed in the box below.

ANSI Z308.1-1998 Type I, II or III

Caution: This kit meets ANSI Z308.1-1998 only when the minimum is maintained with first aid products marked "ANSI Z308.1-1998."

Required Minimum Fill

Qty.	Description
1 ea.	Absorbent Compress, 4" x 8" min.
16 ea.	Adhesive Bandages 1" x 3"
5 yd.	Adhesive Tape
10 ea.	Antiseptic Applications, 0.5g ea.
6 ea.	Burn Treatment Applications, 0.5g ea.
4 ea.	Sterile Pads, 3" x 3" min.
2 pr.	Medical Exam Gloves
1 ea.	Triangular Bandage, 40" x 40" x 56" min.

Common questions:

1. Is a consulting physician required to approve first aid supplies? No. According to 29 CFR 1910.151, first aid supplies do not need to be approved by a consulting physician. They should be selected by a person competent in first aid and knowledgeable of the hazards found in the specific workplace.
2. Is it required that first aid kits be regularly inspected to ensure that contents are complete and up-to-date? No, but first aid kits should be regularly inspected to ensure that they are full, in good condition, and have not expired. The contents list for the first aid kits should be periodically reviewed to ensure that it meets the needs for the workplace hazards at all times.
3. Can over-the-counter medicine be put in first aid kits? Yes, if packaged in single dose, tamper-evident packaging and labeled as required by FDA regulations. Over-the-counter drug products should not contain ingredients which are known to cause drowsiness.

Where can I get an approved first aid kit?

Many establishments carry first aid equipment. Check out <http://www.firstaid-kits.net/wyoming-laramie-2825.html> for some local suppliers.

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