



Physical Education Teacher Education K-12, B.S.

The Physical Education program is a nationally accredited program where students learn the content and teaching methods required to be certified to teach physical education K-12 in the public schools of Wyoming.

Degree Requirements

This degree requires a minimum of 120 credits, 48 of which are upper-division credits.

University Studies Program

This degree requires that The University Studies Program 2015 requirements are met before graduation. Some of the courses required for this major fulfill USP requirements, but not all. Students should check their degree evaluations and consult with their assigned academic advisor to discuss their specific course plan.

Course Name	Credits	UW Course in Major	AA/AS/AB/ADN satisfies this USP
C 1-Communication 1 (COM1)	3		X
C 2-Communication 2 (COM2)	3	KIN 3012*	X
C 3-Communication 3 (COM3)	3	KIN 4080	
Q-Quantitative Reasoning (Q)	3	MATH 1400/1405*	X
PN-Physical and Natural World (1) (PN)	3	LIFE 1010*	X
PN-Physical and Natural World (2) (PN)	3		X
H-Human Culture (1) (H)	3	PSYC 1000*	X
H-Human Culture (2) (H)	3		X
V-US & WY Constitution (V)	3		X
FYS or USP Elective-Any 3-credit hour of FYS or 3-credit hours of USP electives	3		X

Notes:

- FYS courses have been paused. 3 hours from any additional USP designated courses is still required.
- This program contains specific USP requirements which are also part of the major requirements. Students transferring with earned associate degrees (AA/AS/AB/ADN) are exempt from USP but are still required to take these courses as part of the requirements for this program.

Prerequisites for Admission

Prerequisites for admission into the Physical Education Teacher Education program:

Course Name	Credits	Casper	CWC	EWC	LCCC	NWCCD	Northwest	Western
PSYC 1000 - General Psychology H	3	X	X	X	X	X	X	X
MATH 1400 - College Algebra Q OR MATH 1405 Trigonometry Q	3	X	X	X	X	X	X	X
CHEM 1000 - Introductory Chemistry PN OR CHEM 1020 - General Chemistry PN	4	X	X	X	X	X	X	X
LIFE 1010 - General Biology PN	4	Note 1	Note 1	Note 1	Note 1	Note 1	Note 1	Note 1
FCSC 1141 - Principles of Nutrition	3	Note 2	Note 2	Note 2	Note 2	Note 2	Note 2	Note 2
HLED 1006 - Personal Health	3	X		X	X	X	X	X
KIN 2040 - Human Anatomy	3	Note 3	Note 3	Note 3	Note 3	Note 3	Note 3	Note 3
KIN 2041 - Human Anatomy Laboratory	1	Note 3	Note 3	Note 3	Note 3	Note 3	Note 3	Note 3
PHYS 1050 - Concepts of Physics PN OR PHYS 1110 General Physics I PN	4	X	X	X	X	X	X	X
STAT 2050 - Fundamentals of Statistics Q OR SOC/STAT 2070 Introductory Statistics for the Social Sciences Q	4	X	X	X	X	X	X	X

Prerequisites for Admission continued

Course Name	Credits	
ZOO 3115 - Human Systems Physiology	4	UW Course
EDSE 3540 - Teaching Reading and Study Strategies in the Content Areas 3 credits required	2-4	UW Course
KIN 2001 - Movement Core 1: Sport & Game-based Approaches in Physical Education	3	UW Course
KIN 2002 - Movement Core 2: Lifetime Physical Education	3	UW Course
KIN 2003 - Movement Core 3: Adventure and Outdoor Education	3	UW Course
KIN 2004 - Movement Core 4: Fundamental Movement Education	3	UW Course

Note: It is helpful for the following courses to be completed before admission into the professional program, but they may also be taken after admission: EDSE 3540, KIN 2001, KIN 2002, KIN 2003, KIN 2004.

Required Courses After Admission

Required courses after admission into the professional program.

Consult with your academic advisor for the order in which these courses must be taken, or if you have any questions.

Course Name	Credits	
KIN 3011 - Teaching Methods in Physical Education K-12	3	UW Course
KIN 3012 - Teaching Laboratory I C2	3	UW Course
KIN 3015 - Teaching Laboratory II	3	UW Course
KIN 3034 - Lifespan Motor Development	3	UW Course
KIN 3037 - Sport Psychology OR KIN 3038 Behavior and Performance in Exercise and Sport	3	UW Course
KIN 3050 - Advanced Care and Prevention of Athletic Injuries	3	UW Course
KIN 3060 - Understanding Skill Acquisition for Teaching	3	UW Course
KIN 4012 - Curriculum Development in Physical Education	3	UW Course
KIN 4013 - School Administration for the Health Sciences	2	UW Course
KIN 4017 - Teaching Laboratory III	3	UW Course
KIN 4029 - Methods of Training and Conditioning (requires waiver of KIN 3021/3022)	3	UW Course
KIN 4055 - Adapted Physical Education	2	UW Course
KIN 4080 - Assessment in Physical Education C3	3	UW Course
KIN 4099 - Student Teaching in Physical Education *** (12 credits required)	1-16	UW Course

Note(s):

*** Note: Students must be certified in first aid and CPR prior to enrollment in KIN 4099.

Additional Requirements

Students must complete 48 credit hours of upper-division coursework (3000- or 4000-level courses) to meet the Division's requirement for the B.S. in Physical Education Teacher Education. For any elective coursework, it is recommended that these courses are selected from the Affiliated Options on this page.

In order to advance into the professional program, students must be admitted through a competitive application process. The entry course for admission to the Physical Education Teacher Education (PHET) program is KIN 3012, Teaching Lab 1. To be eligible for the PHET professional program, students must have completed all program course prerequisites and have a minimum cumulative grade point average of 2.750, preferred GPA of 3.000.

NOTE: Students should complete CPR certification and the certification should remain current throughout the program. Cards can be presented to the division registrar in Corbett 119 to be cleared of the requirement on the degree evaluation.

Affiliated Options

The Division of Kinesiology and Health offers two options for the general undergraduate population. They require course work beyond degree requirements.

Athletic Coaching Endorsement/Permit

Students who wish to qualify for an athletic coaching permit to coach in Wyoming public schools must complete four courses.

Note: Endorsements are for current teachers. Permits are for those who are not a licensed educator.

Course Name	Credits	
KIN 3050 - Advanced Care and Prevention of Athletic Injuries	3	UW Course
KIN 4090 /KIN 5090 Foundations of Coaching	3	UW Course

Coaching in... Experience (completed at a community college or complete a coaching experience in a specific sport for one season or more with a letter written by your supervising coach to submit with your PTSB endorsement application form).

CPR Certification

Students completing the Physical Education Teacher Education undergraduate degree are exempt from the KIN 4090/5090 requirement.

School Health Education K-12

In addition to completing a bachelor's degree in teaching at the secondary level from an approved university program, 25 credit hours are required to be endorsed to teach health education K-12 in the public schools of Wyoming.

Course Name	Credits	Casper	CWC	EWC	LCCC	NWCCD	Northwest	Western
FCSC 1141 - Principles of Nutrition	3	Note 2	Note 2	Note 2	Note 2	Note 2	Note 2	Note 2
HLED 1006 - Personal Health	3	X	X	X	X	X	X	X
PSYC 2210 - Drugs and Behavior OR HLED 4030 - Substance Abuse/Suicide Prevention in Education	3	X	X	X	X	X	X	X

Course Name	Credits	
HLED 4120 - Assessment in Health	3	UW Course
HLED 4025 - Teaching Sensitive Issues In Human Sexuality	3	UW Course
HLED 4110 - Teaching Health in Schools K-12	3	UW Course
HLED 4130 - Management of Coordinated School Health Programs	3	UW Course

CPR Certification

Adapted Physical Education K-12 Endorsement

In addition to completing the Bachelor of Science degree in physical education teacher education from the University of Wyoming, students can qualify for K-12 endorsements in adapted physical education and/or health education by completing the following course requirements:

Course Name	Credits	Casper	CWC	EWC	LCCC	NWCCD	Northwest	Western
EDEX 2484 - Introduction to Special Education	3	X	X	X	X	X	X	X

Course Name	Credits	
KIN 4055 - Adapted Physical Education	2	UW Course
KIN 4065 - Resources in Adapted Physical Education (3credits required)	2-3	UW Course
KIN 4075 - Assessment in Adapted Physical Education	3	UW Course

Notes:

Note 1: All WYCCs offer BIOL 1010 which is equivalent to LIFE 1010.

Note 2: Casper, EWC, Sheridan and Northwest all offer FCSC 1141. CWC offers FCSC 1140. LCCC offers HOEC 1140 and Western offers HLED 1141.

Note 3:

- ZOO 2015 = KIN 2040 + KIN 2041 at UW
- At LCCC ZOO 2010 + ZOO 2020 = KIN 2040 + KIN 2041 at UW

COURSE SUBSTITUTIONS: WyoTAGs reflect published equivalencies. UW academic departments occasionally arrange for course substitutions when indirect equivalencies exist. Please contact your UW Academic Advisor for details.

EFFECTIVE DATE: This document is in effect as of the 2026-2027 catalog year; it reflects the published UW curriculum as of that date. Any changes to the UW curriculum or the WYCC course equivalents will require this document to be updated. To request an updated document, faculty should contact transfer@uwyo.edu via email.