

2025-2026 Block Transfer Map: Qualifying Transfer Associate Degree from a Wyoming Community College to the University of Wyoming

Kinesiology and Health Promotion, B.S.

This Block Transfer has been written for students who have earned a qualifying transfer associate degree (*Associate of Arts (AA)*, *Associate of Science (AS)*, *Associate of Business (AB)*, or *Associate Degree in Nursing (ADN)*) with a minimum of sixty (60) credits in any major from one of the Wyoming Community Colleges (WYCC) who wish to complete the Bachelors with a major in Kinesiology and Health at the University of Wyoming (UW).

While some of the courses taken for the associate degree at the Community College are not specified in this document, the UW degree program relies on the foundational coursework completed for the associate degree to prepare the student for baccalaureate-level study.

Students may create a [WyoTransfer](#) account now to see how all completed coursework fulfills specific degree requirements.

Courses/categories that could/should be taken at the WYCCs are highlighted in GREEN. Students may satisfy these requirements by taking an equivalent course at a community college. The UW course is listed on the left; if a community college offers an equivalent course, it will be listed under the community college name in the table.

Courses/categories that are offered at some (but not all) of the WYCCs and at UW are highlighted in TURQUOISE. Students may take these courses at a community college that offers an equivalent course or after transferring to UW.

Courses/categories that must be taken at UW are highlighted in GOLD. If a student wishes to take any of these courses at another institution, they must speak with their UW academic adviser.

BLOCK 1: University Studies Program (USP) Requirements

This degree requires that The University Studies Program 2015 requirements are met before graduation. Some of the courses required for this major fulfill USP requirements, but not all. Students should check their degree evaluations and consult with their assigned academic advisor to discuss their specific course plan.

Please refer to the [University Catalog](#) and click on the link in the left-hand navigation pane titled “The University Studies Program 2015” for more information.

A grade of C or above is required for University Studies Program (USP) categories: FYS, C1, C2, and C3.

	USP Requirement	UW Course in Major
C1	Communication 1 (3cr)	Satisfied upon completion of qualifying associate degree
C2	Communication 2 (3cr)	Satisfied upon completion of qualifying associate degree
C3	Communication 3 (3cr)	Must be taken at UW
Q	Quantitative Reasoning (3cr)	MATH 1400
PN	Physical and Natural World 1 (3cr)	CHEM 1000 OR CHEM 1020
PN	Physical and Natural World 2 (3cr)	LIFE 1010
H	Human Culture 1 (3cr)	PSYC 1000
H	Human Culture 2 (3cr)	HLED 1006
V	U.S. & WY Constitution (3cr)	Satisfied upon completion of qualifying associate degree
	Any 3-credit hour of FYS or 3-credit hours of USP electives (3cr)	Satisfied upon completion of qualifying associate degree

Kinesiology and Health Promotion, B.S.

The B.S. in Kinesiology and Health Promotion degree prepares students for careers in clinical exercise physiology, health and movement coaching, biomechanics, nutrition, basic science, and behavioral science. The program is also excellent for students seeking to enter the field of medicine.

BLOCK 2: Lower Division Course Requirements

University of Wyoming Requirements:

- Total minimum credits required (including transfer credit) is 120 credits.
- Students must complete 42 hours of upper division (3000-level or above) coursework, 30 of which must be taken in residence at UW.
- No more than 4 credits of physical activity may be applied to the minimum credit hour requirement for UW baccalaureate degree.
- Minimum Cumulative GPA is 2.00.
- The UW Office of the Registrar provides final approval of degree completion requirements prior to the awarding of any degree.

Additional Requirements:

- Kinesiology and Health Promotion majors must complete 48 credit hours of upper division coursework (3000 or 4000 level courses) to meet the Division's minimum 48-hour requirement for the BS degree in Kinesiology and Health Promotion
- Students should complete CPR & first aid certification, and the certification should remain current throughout the program. Cards can be presented to the division registrar in Corbett 119 to be cleared of the requirement on the degree evaluation.

UW Courses	Casper College	Central Wyoming College	Eastern Wyoming College	Laramie County Community College	Northern Wyoming Community College District	Northwest College Wyoming	Western Wyoming Community College
Required for Major							
PSYC 1000 – General Psychology (3cr) (H)	PSYC 1000	PSYC 1000	PSYC 1000	PSYC 1000	PSYC 1000	PSYC 1000	PSYC 1000
MATH 1400 – College Algebra (3cr) (Q)	MATH 1400	MATH 1400	MATH 1400	MATH 1400	MATH 1400	MATH 1400	MATH 1400
CHEM 1000 – Introductory Chemistry (4cr) (PN) OR CHEM 1020 - General Chemistry I (4cr) (PN)	CHEM 1000 OR CHEM 1020	CHEM 1000 OR CHEM 1020	CHEM 1000 OR CHEM 1020	CHEM 1000 OR CHEM 1020	CHEM 1000 OR CHEM 1020	CHEM 1000 OR CHEM 1020	CHEM 1000 OR CHEM 1020
LIFE 1010 – General Biology (4cr) (PN)	BIOL 1010	BIOL 1010	BIOL 1010	BIOL 1010	BIOL 1010	BIOL 1010	BIOL 1010
FCSC 1141 - Principles of Nutrition (3cr)	FCSC 1141	FCSC 1140	FCSC 1141	HOEC 1140	FCSC 1141	FCSC 1141	
HLED 1006 - Personal Health (3cr)	HLED 1006		HLED 1006	HLED 1006	HLED 1006	HLED 1003 OR HLED 1006	HLED 1003
KIN 1006 - Introduction to Kinesiology and Health (1cr)				PEPR 1005			
<i>Not required if student has taken KIN 1101 First-Year Seminar</i>							
KIN 2040 - Human Anatomy (3cr) AND KIN 2041 - Human Anatomy Laboratory (1cr)	ZOO 2015	ZOO 2015	ZOO 2015	ZOO 2015 Or ZOO 2010 + ZOO 2020	ZOO 2010 + ZOO 2020	ZOO 2010 + ZOO 2020	ZOO 2010 + ZOO 2020
STAT 2050 - Fundamentals of Statistics (4cr) OR STAT/SOC 2070 - Introductory Statistics for the Social Sciences (4cr)	STAT 2050 OR STAT 2070	STAT 2050 OR STAT 2070	STAT 2050 OR STAT 2070	STAT 2050	STAT 2050 OR STAT 2070	STAT 2050 OR STAT 2070	STAT 2050 OR STAT 2070
PHYS 1050 - Concepts of Physics (4cr) OR PHYS 1110 - General Physics I (4cr)	PHYS 1050 OR PHYS 1110	PHYS 1050 OR PHYS 1110	PHYS 1050 OR PHYS 1110	PHYS 1050 OR PHYS 1110	PHYS 1050 OR PHYS 1110	PHYS 1110	PHYS 1050 OR PHYS 1110

BLOCK 3: Upper Division Requirements	
Courses required for major	
ZOO 3115 - Human Systems Physiology (4cr)	
HLED 3020 - Community and Public Health (3cr)	
KIN 3021 - Physiology of Exercise (3cr)	<i>A minimum cumulative GPA of 2.750 (preferred 3.000) is required before taking KIN 3021</i>
KIN 3022 - Lab Exp in Exercise Physiology (1cr)	<i>Taken concurrently with KIN 3021.</i>
KIN 3024 - Fundamentals of Health and Fitness Assessment (3cr)	
KIN 3034 - Lifespan Motor Development (3cr) OR KIN 4020 Motor Behavior (3cr)	
KIN 3037 - Sport Psychology (3cr) OR KIN 3038 Exercise Psychology (3cr)	
KIN 3042 – Biomechanics of Human Movement (3cr)	
Minimum of 6 hours total in: KIN 4015 - Internship Experience in Kinesiology (1-12cr) OR HLED 4015 - Internship Experience in Health Credits: (1-12cr) OR KIN 4016 - Research Experience in Kinesiology and Health (1-6cr) OR HLED 4016 - Research Experience in Kinesiology and Health (3-6cr)	
KIN/HLED Upper Division Electives	
15 credits of 3000-4000 level KIN/HLED elective coursework is required in addition to the required KIN & HLED courses listed above.	<i>Consult with your advisor to see list of possible courses</i>

BLOCK 4: Other Degree Requirements
General Electives: 25 credit hours
KIN and HLED electives (i.e., non-required courses) may be counted towards these 25 credits. KIN 2050 is recommended as one elective course.
Consult with your academic advisor and your pre-health advisor (if applicable). Pre-health students will need to take additional professional prerequisite courses as electives.
Pre-Health Announcement
This degree is great preparation for various careers in health care and allied health. If you are interested in becoming a strong applicant to graduate school for a career in these fields, please tell your primary advisor and connect with the Pre-Health Advising Office on campus as soon as possible: https://www.uwyo.edu/preprof/ or hsadvise@uwyo.edu

COURSE SUBSTITUTIONS: Block articulations are intended to reflect direct published equivalencies between institutions. UW academic departments occasionally arrange for course substitutions when indirect equivalencies exist. Please contact your UW Academic Advisor for details.

EFFECTIVE DATE: This document is in effect as of the 2025-2026 catalog year; it reflects the published UW curriculum as of that date. Any changes to the UW curriculum or the WYCC course equivalents will require this document to be updated. To request an updated document, faculty should contact transfer@uwyo.edu via email.