Developmental Monitoring and Screening

Taking a first step, waving "bye-bye," and pointing to something interesting are all developmental milestones, or things most children can do by a certain age. Children reach many milestones in how they play, learn, speak, act, and move. Developmental monitoring and screening are ways to look for your child's developmental milestones.

Developmental Monitoring

WHO: You — parents, grandparents, other caregivers

WHAT: Look for developmental milestones

WHEN: From birth to 5 years

WHY: To help you:

↗ celebrate your child's development

↗ talk about your child's progress with doctors and child care providers

↗ learn what to expect next

↗ identify any concerns early

HOW: With easy, free checklists – get yours at **www.cdc.gov/Milestones**

Developmental Screening

WHO: Healthcare provider, early childhood teacher, or other trained provider

WHAT: Look for developmental milestones

WHEN: **Developmental Screening** at 9, 18, and 30 months of age
Autism Screening at 18 and 24 months of age

WHY: To find out:

↗ if your child needs more help with development, because it is not always obvious to doctors, child care providers, or parents

↗ if more developmental evaluations are recommended

HOW: With a formal, validated screening tool – learn more at **www.hhs.gov/WatchMeThrive**

↗ **All young children need both developmental monitoring and developmental screening.**

↗ **The best person to track your child's development is you!**
Use free **milestone checklists** and go over them with the doctor at every well-child visit.
To see Milestones in Action visit **www.cdc.gov/Milestones.**

↗ **What if your child is not reaching milestones as expected?**
You know your child best. If you are concerned about your child's development, talk with your child's doctor about your concerns and ask about developmental screening. For more information, go to **www.cdc.gov/Concerned.**
Don't wait! Acting early can make a real difference.

Your child's development is a journey. Monitoring and screening show you the way.

UNIVERSITY OF WYOMING
College of Health Sciences
Wyoming Institute for Disabilities

Screen for Success
screenforsuccess.org

For more information about resources in Wyoming, visit **www.uwyo.edu/wind/wyactearly/index.html**

Learn the Signs. Act Early.