

Produced by the Consumer Program Advisory Council (CPAC) of the Wyoming INstitute for Disabilities (WIND), College of Health Sciences, University of Wyoming whose members are:

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Special thanks are due to Michelle Armstrong, Director of Information Services, WIND, for her supervision of the production of the book and to Josef Buchanan, Graphic Artist, WIND, for his creativity in designing and illustrating the book.

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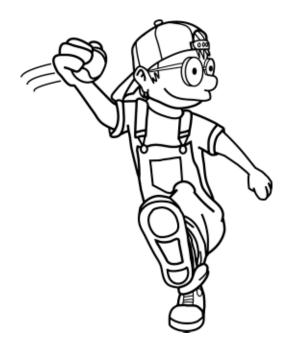








coloring book



Story development by members of
The Consumer Program Advisory Council of the Wyoming INstitute for Disabilities
College of Health Sciences
University of Wyoming

Illustrated by Josef Buchanan

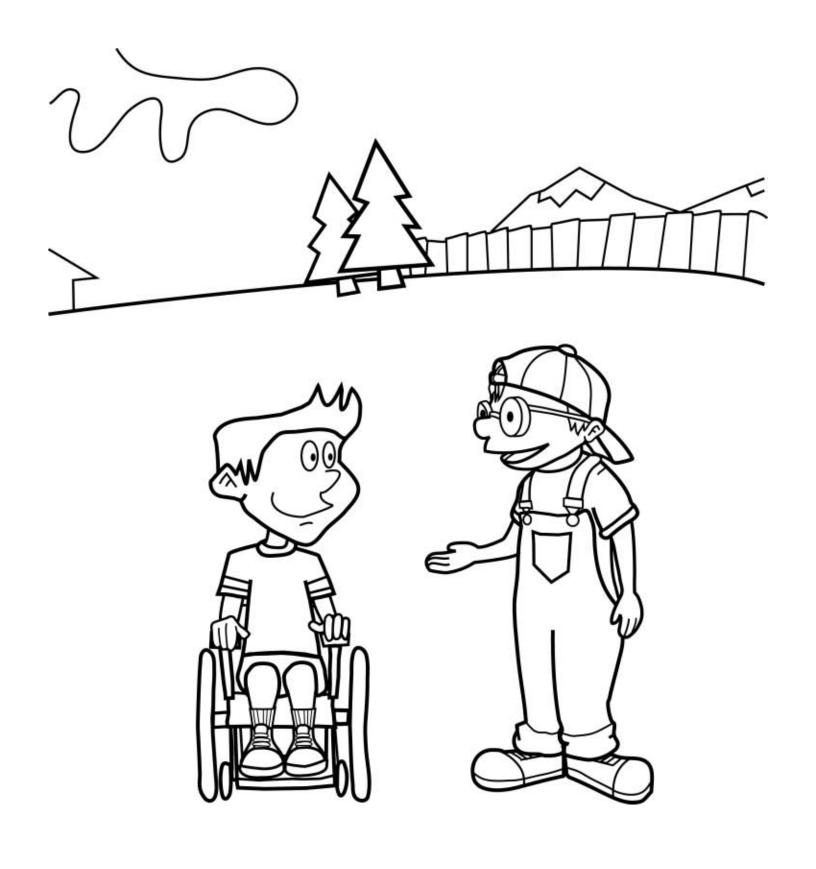


THIS IS SAM.



HIS MOM TOOK HIM TO THE PARK.





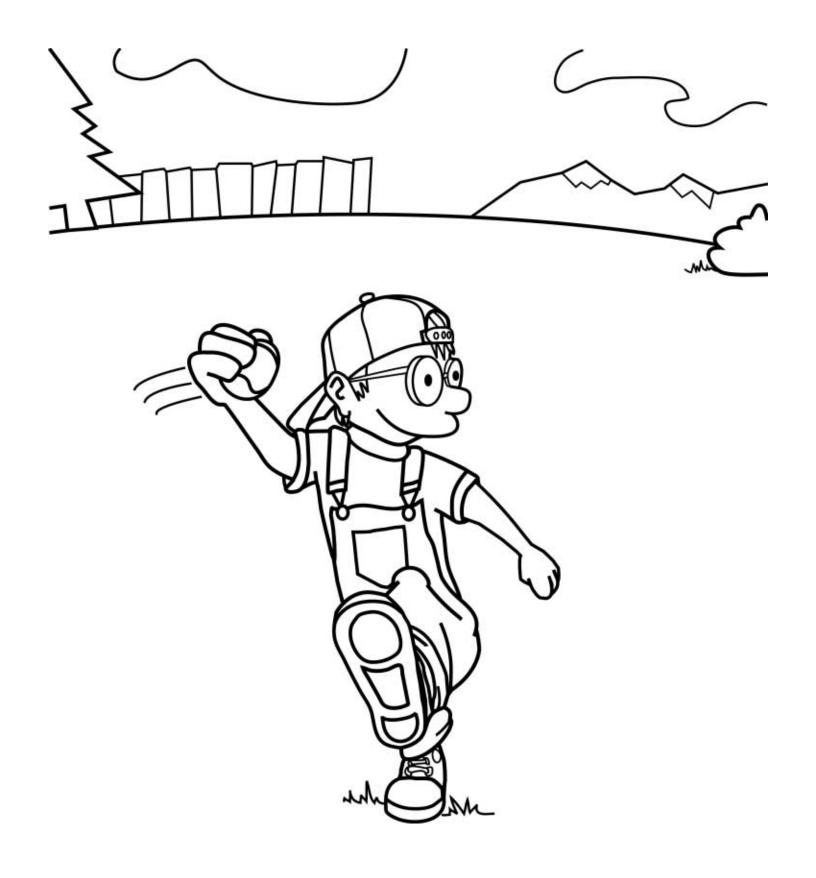
SAM ASKED, WHAT HAPPENED TO YOU?
WHY ARE YOU SITTING DOWN?



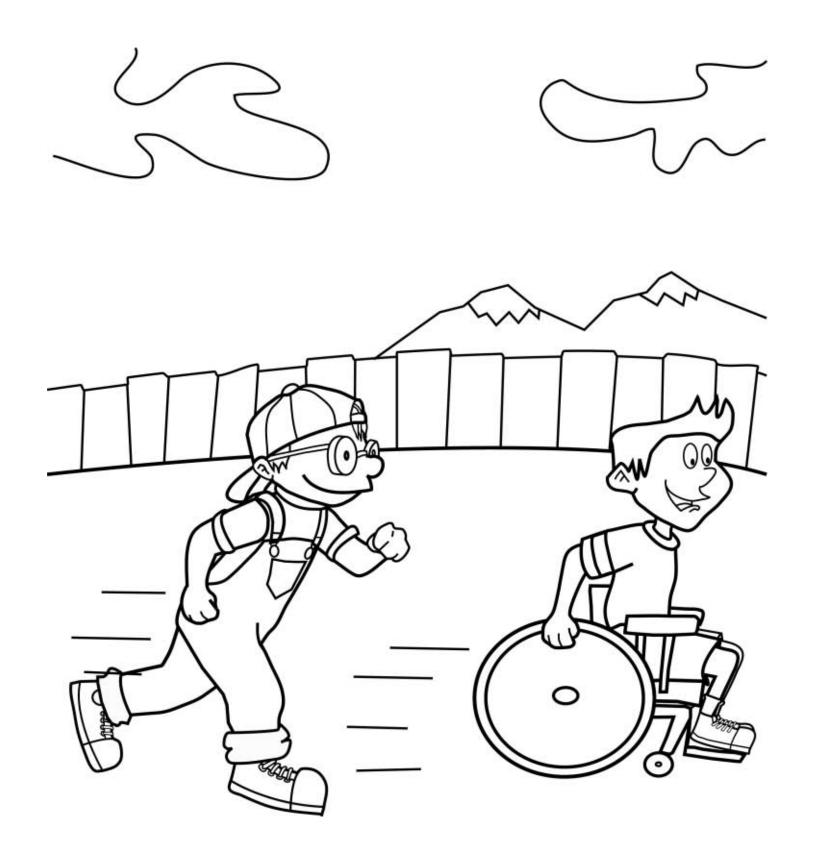
'CUZ, I CAN'T WALK.



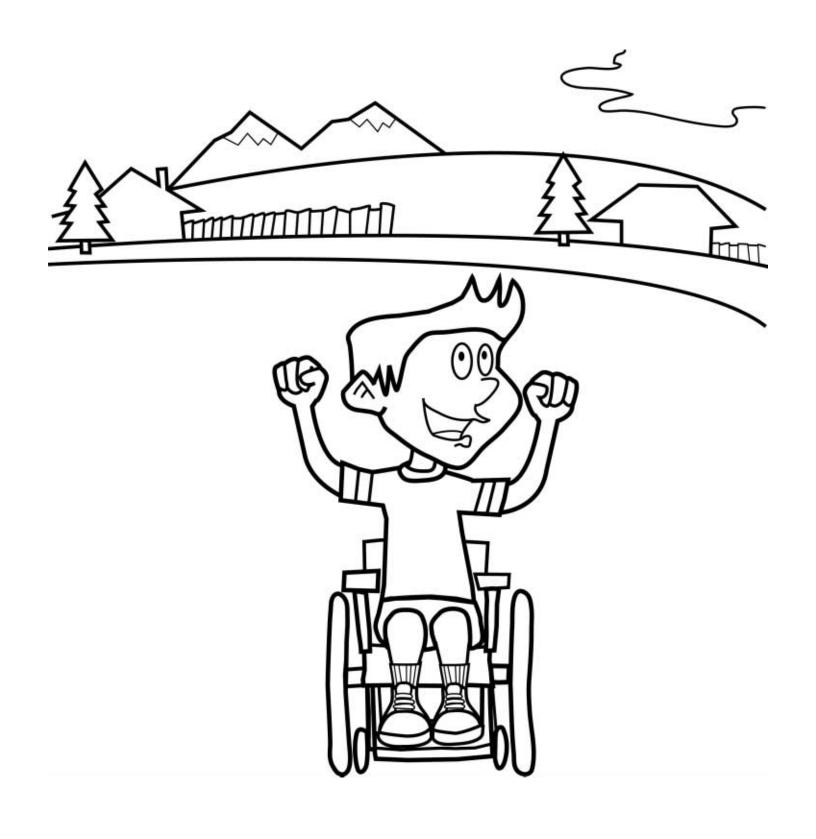
CAN YOU PLAY BALL?



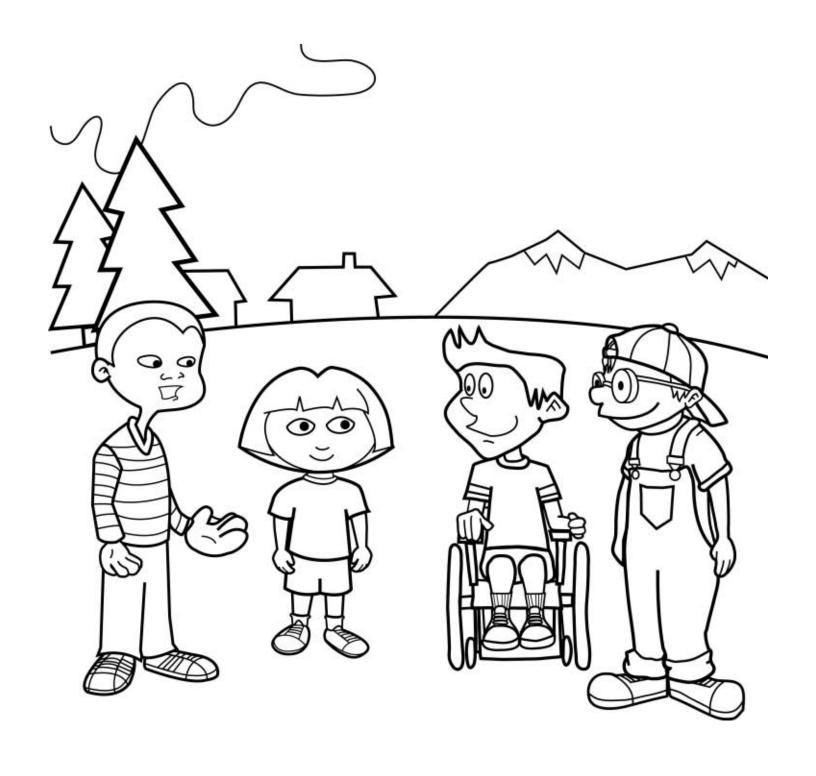
SURE THROW THE BALL!



CAN YOU RUN? NO, BUT I'LL RACE YOU TO THE BALL FIELD.



JACK WON THE RACE.



WHO'S THAT KID?



MY FRIEND JACK.





PLAY BALL!



MOM, I MET THE COOLEST KID TODAY!

This coloring book was developed and produced by the Consumer Program Advisory Council (CPAC) of the Wyoming INstitute for Disabilities (WIND), College of Health Sciences, University of Wyoming with the intention of stimulating awareness about disabilities among young children.

We anticipate that this will be the first in a series of such coloring books. The first book focuses on a new friendship that develops between Sam and Jack, a boy who uses a wheelchair. Future books are planned that will focus on other disabilities such as blindness, cognitive disabilities, cerebral palsy, etc.

We hope that the coloring book will be used to provoke discussions about the acceptance of persons who are different than us and that differences in others is a natural and desirable part of life. A good place to start is to discuss "People First Language".

People First Language is easy to Learn - people come first before their disability. If we use words that put the disability before the person, we tend to only see the disability, not the many characteristics that make up the person. Here are examples of positive phrases and negative phrases. Note that the positive phrases put the person first.

Positive Phrases Negative Phrases

A person with a disability

A person who uses a wheelchair	Wheelchair bound, confined to a wheelchair
A person with mental retardation	Retarded person
A person who is blind; People with a vision disability	The blind
A person who is deaf; Persons with a hearing disability	Suffers a hearing loss, the deaf
A person who has multiple sclerosis	Afflicted with MS
A person with cerebral palsy	CP victim
A person who is unable to speak	Dumb, mute

A disabled person, handicapped

The Consumer Program Advisory Council (CPAC) of the Wyoming INstitute for Disabilities (WIND) is a group of individuals with disabilities and family members working together to create educational resources for disABILITY awareness for Wyoming citizens.

Projects currently underway include:

Coloring Books: Featuring Sam and his friends as he learns about the differences and similarities between himself and his friends with disabilities. This first book focuses on a young boy who uses a wheelchair. Future books are planned with focuses on other types of disabilities.

WINDfalls: Single page informational sheet with a first person narrative of a particular experience followed by suggestions of "What Helps" and "What Hurts" in that situation. For example, the story could be the parents' perspective on a situation their child with a disability encounters and how being welcomed into his friend's home "helps" while negative attitudes by community members "hurts". These are produced monthly. The hope is eventually to develop these into a book format.

Restaurant Placemats: Placemats with disability awareness information are produced and distributed to participating restaurants.

The CPAC holds quarterly meetings to create, organize and distribute its awareness projects. All members of the CPAC are also members of the larger WIND Advisory Committee which advises WIND on policy issues and the needs of persons with disabilities.

WIND Mission Statement

"The mission of the Wyoming INstitute for Disabilities is to assist individuals with developmental and other disabilities and their families to achieve their desired quality of life by promoting and supporting full community inclusion, community membership, independence, productivity and social participation."

Comments and Suggestions

Comments and suggestions on this coloring book project (its usefulness, suggestions to make it better, ideas of topics for future books, etc.) are welcomed and encouraged. Please send your comments and suggestions to:

Wyoming INstitute for Disabilities 2nd Floor, Ivinson Building University of Wyoming Laramie, WY 82071 - 4298 ATTN: Coloring Book Project