

Assess Sensory Motor Elements in your Environment

Draw a floor plan of your indoor environment. Label the following elements using the identifying number. Leave space on your floor plan to make lists where suggested.

How can children move?

- Put a 1 in all the places where children use their active bodies and large muscles to climb, jump, crawl, scoot, run, walk, push, pull, slide, swing, balance, roll, lift, bounce, hide, throw, go up/down/over/in/out, etc.
- Put a 2 in all the places where children can spread out, work with an abundance of materials and pursue big ideas.
- Put a 3 in all the places where children can use their hands and fingers to grasp, bang, poke, stack, shake, squeeze, pat, fill, pour, fit something together, and take something a part, build and create designs.
- Put a 4 in all the places where children can feel powerful, independent, and competent.