



Health Care for Transgender Youth: Early Steps in Addressing LGBTQ Health Disparities in Gillette, WY

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Hypothesis: Equipping health providers with the resources to care for transgender (TG) youth will close the gap in care and lead to better mental health outcomes.

Background:

- Gillette is the primary city in Campbell County which has a total population of 46,133
- Mental Health Services ranked as #1 need in the 2016 Campbell County Needs Assessment
- Resources for TG-friendly care are lacking in Gillette

Community Partner: Clear Creek Counseling

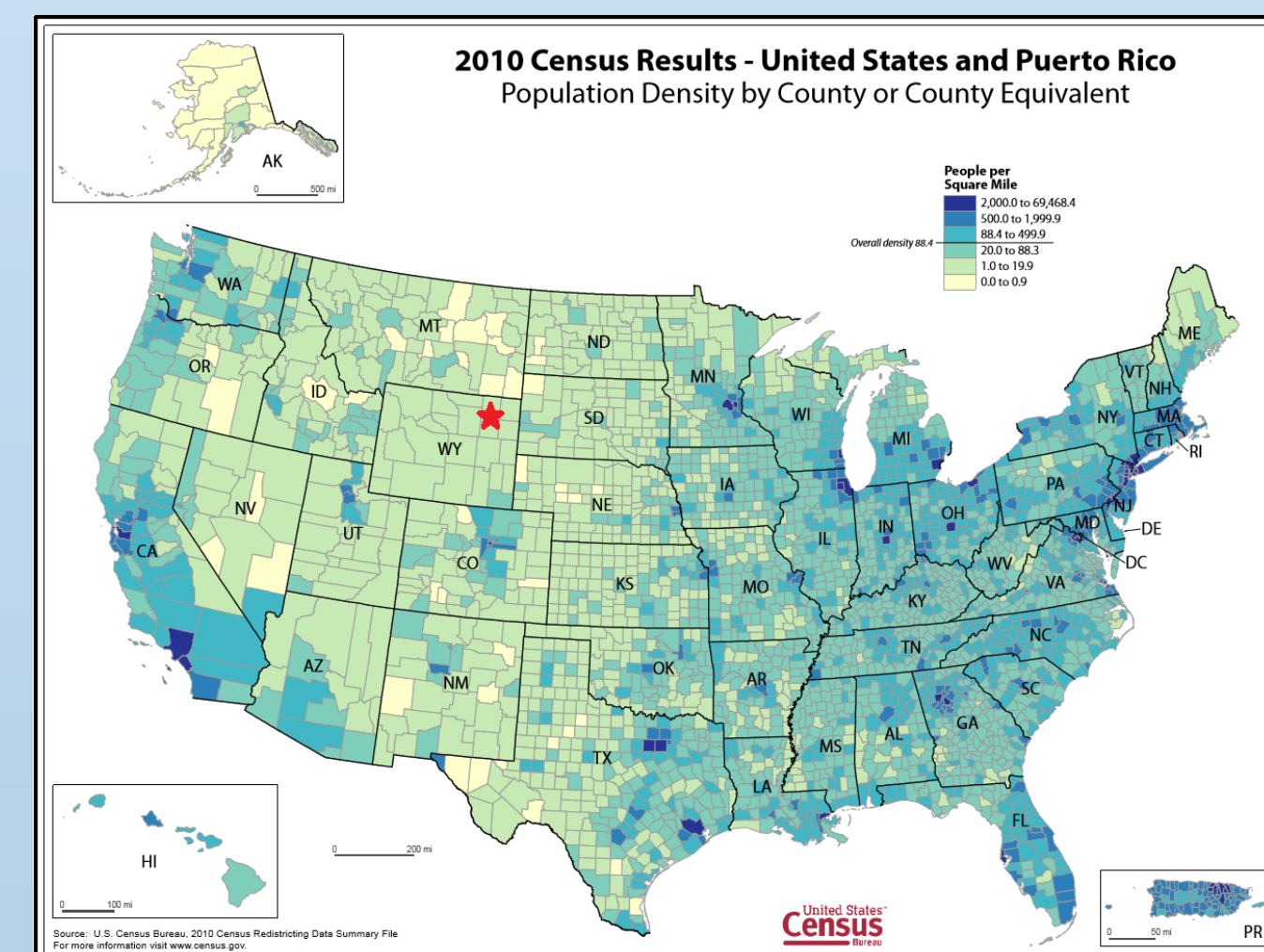
- See a significant number of TG & queer youth
- Asked for resources and guidance on how to competently care for TG youth



Coal, coalbed methane, and oil provide many local jobs.

Literature Review:

- 1 in 256 U.S. adults identify as TG
- TG youth often suffer from gender dysphoria
- TG youth have higher rates of depression and anxiety, substance abuse, tobacco use, and suicidality
- TG youth who receive good family support have better mental and physical health



Starred: Gillette, Wyoming. Lighter green indicates lower population density.

Community Health Plan:

- Evidenced-based summary of gender affirming treatment options and recommendations for managing the care of a TG person

Deliverables:

- Management & Care of TG youth: A Brief Overview
 - Literature review and summary of evidenced-based recommendations for affirming the gender of TG youth
- List of TG and LGBTQ educational resources

Next Steps:

- Educate mental health providers and physicians about TG-friendly care
 - CME credits
- Create an LGBTQ educational packet for health providers and the general public
- Partner with schools and public library to create safe-space discussions centered around sexual orientation and gender identity

Acknowledgments:

Many thanks to Sara Burlingame of Wyoming Equality as well as Dr. Larry Kirven for their guidance and support with this project.

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