

**Course Name:**

Advance Care Planning Certificate Course

**Course Description:**

In 1990, the Patient Self-Determination Act was passed which provided patients with the right to make choices in their care regarding end of life medical decisions. Unfortunately, in healthcare, this law boiled down to a question on admit: "Do you have an advance directive or living will?"

Many people have thought about what they want or do not want at the end of their lives but few have put them into words and even fewer have discussed their desires with family and friends. Simply asking a question about advance directives is not enough; it takes dedicated time to hold meaningful conversations regarding what is important to the patient. The Centers for Medicare and Medicaid Services (CMS) has recognized the value of these conversations. On January 1, 2016, Medicare added Advance Care Planning (ACP) to the list of reimbursable procedures. In the MLN Matters number MM9271, CMS stated; "ACP enables Medicare beneficiaries to make important decisions that give them control over the type of care they receive and when they receive it."

Ensuring that patients receive the end of life care *THEY* want does not happen by chance. It takes planning and most importantly – it takes the skills of an Advance Care Planning professional with the ability to assist patients to put into words what is most important to them. Now more than ever it is imperative that healthcare professionals have the knowledge, skills, and abilities to hold these conversations and deliver this new benefit to the growing number of Medicare beneficiaries – currently over 55 million with an additional 10,000 plus added each day. This course will help you become a skilled Advance Care Planner.

**Course Dates:**

April 6, 2020 thru May 29, 2020

### **Course Delivery Format:**

The course is divided into four (4) modules. Each module will run for two (2) weeks. The development of advance care planning (ACP) skills occurs when knowledge and practice are combined. This Advance Care Planning Certificate Course will put knowledge into practice as participants are immersed in this interactive course. The education will be delivered in a virtual environment using a combination of pre-recorded didactic presentations, asynchronous discussion threads, and a virtual meeting space for a live discussion at the end of each module.

### **Course Outline:**

#### Module 1 - Why have an ACP

- Background and research
- Conversation basics
- Tools and philosophy

#### Module 2 - Who to select as the Healthcare Proxy

- Role and responsibility of the healthcare proxy
- Exploring the options of who could be vs who should be
- Supporting and coaching the patient in asking their chosen healthcare proxy

#### Module 3 - How to complete an Advance Directive

- Procedure vs. product
- Legal requirements for AD, POLST, Living Wills
- Resource exploration

#### Module 4 - What to discuss in follow up conversations

- Frequency of the conversation
- Getting others involved
- Reimbursement models
- Practice/ Role Play

### **Course Objectives:**

At the completion of this course, the participant will be able to:



1. Understand the impact of ACP on patients and families
2. Translate the principles used in various ACP tools
3. Analyze what is most important to patients to guide healthcare proxy selection
4. Differentiate ACP procedure from advance directives
5. Understand legal implications of advance directives
6. Explain the rules and regulations regarding ACP reimbursement
7. Demonstrate successful completion of an ACP session

**Continuing Education Credit Calculations:**

| <b>Meets Objectives</b>       | <b>Dates</b>                    | <b>Delivery Method</b>                      | <b>Time Expectations</b> | <b>Number of Contact Hours</b> |
|-------------------------------|---------------------------------|---|--------------------------|--------------------------------|
| Module 1<br>Objectives<br>1&2 | 4/6/2020                        | Recorded Lecture                            | 30 minutes               | 0.5                            |
|                               |                                 | Asynchronous Discussion & Clinical Practice | 3 hours                  | 1                              |
|                               | 4/17/2020<br>noon Mountain Time | Live Interactive Discussion and Q&A         | 50 minutes               | 1                              |
| Module 2<br>Objective<br>3    | 4/17/2020                       | Recorded Lecture                            | 30 minutes               | 0.5                            |
|                               |                                 | Asynchronous Discussion & Clinical Practice | 3 hours                  | 1                              |
|                               | 5/1/2020<br>noon Mountain Time  | Live Interactive Discussion and Q&A         | 50 minutes               | 1                              |
| Module 3<br>Objectives<br>4&5 | 5/1/2020                        | Recorded Lecture                            | 30 minutes               | 0.5                            |
|                               |                                 | Asynchronous Discussion & Clinical Practice | 3 hours                  | 1                              |
|                               | 5/15/2020<br>noon Mountain Time | Live Interactive Discussion and Q&A         | 50 minutes               | 1                              |
| Module 4<br>Objectives<br>5&6 | 5/15/2020                       | Recorded Lecture                            | 30 minutes               | 0.5                            |
|                               |                                 | Asynchronous Discussion & Clinical Practice | 3 hours                  | 1                              |
|                               | 5/29/2020<br>noon Mountain Time | Live Interactive Discussion and Q&A         | 50 minutes               | 1                              |
|                               |                                 |   | <b>Total</b>             | <b>10</b>                      |

HealthTech Management Services D/B/A HealthTechS3 is a Provider approved by the California Board of Registered Nursing. Provider Number CEP8769 for 10 contact hours. Participant must complete all course work – no partial credit will be given. A certificate of completion will be provided by HealthTechS3 within 30 days of successful completion of the course.