

- **Do you need training for CNAs or Direct Care Workers at your facility?**
- **Can you use education on identifying and managing problem behaviors associated with dementia in the Long Term Care Setting**

Now is your chance to own the Caring with Confidence Trainings
Show the training when YOU have time!



Wyoming Care with Confidence Training DVD



Caring with Confidence is a program designed to educate Certified Nursing Assistants (CNAs) and other direct care workers on how to manage challenging behaviors that are often associated with dementia. The program focuses on the factors contributing to problem behaviors and non-medical interventions including strategies to handle wandering, agitation, and inappropriate sexual behavior. The training also includes information about caregiver stress and strategies to prevent burnout.

Trainer: Rita Van Norman, MSW, LCSW is an author of the Caring with Confidence curriculum and a master trainer of CWC. She is a clinical social worker and psychotherapist in private practice providing mental health services to older adults. Ms. Van Norman is a Certified Grief Counselor and member of the Academy of Bereavement Professionals.

Topics covered in the training are: Person-First Philosophy, Factors in behavior, Managing behaviors & tips for communication and managing caregiver stress.

The DVD training series is \$95.00, and includes:

- **A DVD recording of the training**
- **USB drive containing: a facilitator guide, viewer guides, handouts, self-care information and assessments, the Caring with Confidence Tip Guide, and additional resources.**
- **Training Modules: Person-First Philosophy (17:19 minutes plus discussion); Factors in Behavior (23:50 minutes plus discussion); Managing Behaviors (32:31 minutes plus discussion); Communication Techniques & Caregiver Stress (28:39 minutes plus discussion).**

For your copy submit the form below, email wycOA@uwyo.edu, or visit: www.uwyo.edu/wycOA!

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GO FOR GOLD

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Caring with Confidence Training DVD Order Form

Offered by the University of Wyoming Center on Aging (WyCOA)

Name (First and Last): _____

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* No refunds once purchased.