

## What is ECHO?

Project ECHO is a model for lifelong medical learning and collaborative practice that links front-line healthcare providers with specialist care teams to manage patients who have chronic conditions requiring complex care. It is transforming the way medical knowledge is shared and translated into everyday practice – and, in the process, enabling thousands of people in remote and medically underserved communities to get care they couldn't easily get before, if at all.

Through the UW ECHO® in Geriatrics sponsored by the Wyoming Center on Aging in partnership with Project ECHO; healthcare professionals throughout the state will have the opportunity to receive best-practice recommendations for consideration in management of their geriatric patients by presenting their challenging cases for discussion and feedback to a network of colleagues in the state as well as a specialist care team. Each ECHO network will also feature a brief didactic on a variety of important topics related to geriatric care.

To learn more about Project ECHO visit: <http://echo.unm.edu/>

### Our Specialist Core team:

#### **Cara Johnson, DO**

Geriatrician

Cheyenne Plaza Primary Care: Cheyenne, WY

#### **Tonja Woods, PharmD, BCGP**

Geriatric Pharmacist

UW Clinical Associate Professor: Laramie, WY

#### **Pamela Oiler, LCSW**

Social Worker

UW Family Medicine Residency: Cheyenne, WY

#### **Mary Kerber, MD**

Neurologist

Cheyenne Medical Specialists: Cheyenne, WY

#### **Soo Borson, MD**

Geriatric Psychiatrist

University of Washington: Seattle, WA

#### **Tennille Nelson, PT, DPT, GCS**

Physical Therapist

Iverson Memorial Hospital: Laramie, WY

#### **Erin J. Bush, PhD, CCC-SLP**

Speech Language Pathologist

UW Assistant Professor: Laramie, WY

The Wyoming Psychological Association has approved CEs for this workshop. WyCOA maintains complete responsibility for the program.

Nursing CEs approved through the Wyoming Hospital Association.

The Tripartite Committee on Continuing Education for Pharmacy in Wyoming approves this workshop for CE hours.



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of St. Vincent Healthcare and the University of Wyoming Center on Aging. St. Vincent Healthcare is accredited by the ACCME to provide continuing medical education for physicians.

St. Vincent Healthcare designates this live ECHO activity for a maximum of 1.25 AMA PRA Category 1 Credit(s)™ for each session. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure: All those in control of the content of this activity have reported no relevant financial relationships that would create a conflict of interest.

\*WyCOA can provide a Certificate of Completion to all other disciplines.



Wyoming Center on Aging (WyCOA)

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Mission: The mission of the Wyoming Center on Aging is to optimize the health of Wyoming's older adults and their caregivers through education, intervention, collaboration, and research.

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under Grant No. U1QHP28743, Geriatric Workforce Enhancement Program, \$2,549,927 with additional support from the John P. Ellbogen Foundation, Excellence Fund for Geriatric Education. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.



## UW ECHO in Geriatrics



Providing support to providers who care for geriatric patients by creating a network of colleagues in the region; with ease of access to a geriatric specialist care team.

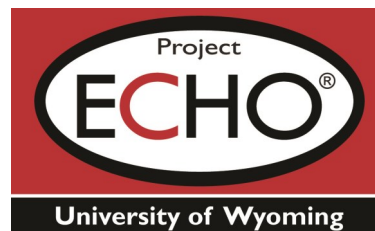
**PROFESSIONAL CONTINUING  
EDUCATION CREDITS ARE AVAILABLE**  
~Participation is FREE~

[www.uwyo.edu/wycoa](http://www.uwyo.edu/wycoa)

# UW ECHO® in Geriatrics Network Curriculum

~ Thursdays 12:00pm - 1:15pm ~

A bi-weekly case-conference plus  
educational presentation



## General Information:

### Goals/Objectives:

- Support a network of geriatric care practitioners
- Create hubs of geriatric expertise in Wyoming
- Provide support to providers who care for geriatric patients.

### Who is eligible to participate in the UW ECHO® in Geriatrics Network?

Any provider or organization (including physicians, NPs, PAs, nurses, medical assistants, pharmacists, social workers, case managers, mental health staff, OT/PT/SLP, etc.) with an interest in geriatric care. Participation is free.

### Continuing education details:

Continuing education will be available for interdisciplinary healthcare providers including, pharmacy, nursing, social work, psychology, and other healthcare professionals and social service providers.

### Requirements for participation:

- A one-time registration is required. Please call (307) 766-2829 or email wycoa@uwyo.edu to join!
- 1 case presentation from each site for the 2017 year
- A venue or room for participants at your site which has a PC with a webcam, iPad, or iPhone connected to the internet.
- A designee who is responsible for working with WyCOA on network details.
- All participants are asked to complete an evaluation for each session.

**Upon registration, each site will receive the information to log-on to each session.**

For more information:

#### UW ECHO® in Geriatrics Format:

12:00pm-12:10pm: Welcome & Introductions  
12:10pm-12:40pm: Case Presentation & Discussion  
12:40pm-1:10 pm: 30 minute Community Discussion  
1:10 pm-1:15pm: Closing & Evaluation

call (307) 766-2829, wycoa@uwyo.edu  
or visit www.uwyo.edu/wycoa

DATE	Community Discussion Topics & Objectives	PRESENTER
Mar 9	Updates on Dementia: Diagnosis & Treatment *Tips on how to best present a case	Cara Johnson, DO
Mar 23	Why does he act this way?" Understanding behavioral expressions in dementia and linking causes to management	Soo Borson, MD
Apr 6	Dementia Core Competency: Setting Realistic Goals	Kyle Page, PhD
Apr 20	Differentiating Dementia Types	Mary Kerber, MD
May 4	Communication breakdown: challenges and strategies in the face of declining communication skills	Erin Bush, PhD, CCC-SLP
May 18	Dementia Medications: Updates & Current Trends	Tonja Woods, PharmD, BCGP
June 1	I cannot get my patient to move or to stop moving! Addressing mobility and safety issues in individuals with dementia	Tennille Nelson, PT, DPT
June 15	<b>WyCOA Rocky Mountain Alzheimer's Summit</b> <a href="http://www.uwyo.edu/wycoa">www.uwyo.edu/wycoa</a> under the Educational Opportunities page!	
June 29	Reducing Antipsychotic Drug Use in Dementia	Tonja Woods, PharmD, BCGP
July 13	Better Engagement in Social, Rec and Leisure Time Activities	Pamela Oiler, LCSW
July 27	Sleep Disorders in the Older Adult	Mary Kerber, MD
Aug 10	<b>Wyoming Quality Healthcare Conference-Casper, WY</b> <a href="http://www.uwyo.edu/wycoa">www.uwyo.edu/wycoa</a> under the Educational Opportunities page!	
Aug 24	Why wont she eat? Feeding, eating and swallowing challenges	Erin Bush, PhD, CCC-SLP
Sept 7	Geriatric Syndromes: Polypharmacy	Tonja Woods, PharmD, BCGP
Sept 21	Geriatric Syndromes: Failure to Thrive/Weight Loss	Cara Johnson, DO
Oct 5	Using resident behavioral assessments to drive change	Soo Borson, MD
Oct 19	How you as a caregiver/provider can help decrease hospitalization-associated delirium	Tennille Nelson, PT, DPT
Nov 16	Geriatric Syndromes: Incontinence	Cara Johnson, DO
Dec 7	Coming to grips with burnout: stress thermometer for staff	Soo Borson, MD