



FOR IMMEDIATE RELEASE

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FOR INFORMATION:

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**FREE EDUCATIONAL HELP FOR CAREGIVERS OFFERED THIS OCTOBER
THROUGH UNIVERSITY OF WYOMING CENTER ON AGING**

(Laramie, WY) - The University of Wyoming Center on Aging will continue offering FREE educational opportunities this October, for caregivers of persons living with dementia. According to University spokespersons, these programs will be presented in-person as part of a three-part series titled "Dementia on the Road." They are designed to provide valuable, practical help for caregivers, family members, and friends of persons living with dementia throughout the state of Wyoming. The schedule is:

- **GILLETTE:** Wednesday, October 4th 9:00am – 12:30pm
Campbell County Senior Center, 701 Stocktrail Ave
- **RIVERTON:** Thursday, October 5th 10:00am – 2:00pm
Central Wyoming College, Intertribal Education and Community Center, Rooms 115-116
- **ROCK SPRINGS:** Friday, October 6th 10:00am – 2:00pm
Western Wyoming Community College, Rooms 3650 A-B

Each program will feature a panel presentation by regional experts in the field of dementia care and will provide practical guidance in accessing local professional help. There will be ample time for attendees to participate with their questions and comments. Vendor space is available; information may be obtained by contacting WYCOA directly. *There is no charge to attend any of these sessions, but lunch will be served at each location so pre-registration is strongly encouraged.*

This three-part series is part of the ongoing effort of Wyoming Dementia Together, a regional, multi-state team of experienced dementia care professionals operating under WYCOA and dedicated to supporting those who are caring for a person with dementia. The group was organized three years ago and has been offering free, bi-weekly Zoom programming in areas such as utilizing community resources, building and strengthening support networks, learning how to manage stress and other challenging situations.

The mission of the Wyoming Center on Aging is to optimize the health and wellbeing of Wyoming's older residents and their caregivers through interagency partnerships, basic and applied research, community education, and clinical training and services. For questions about The Wyoming Center on Aging, and other learning opportunities visit the website at www.uwyo.edu/wycoa or contact us at (307)766-2829 or wycoa@uwyo.edu.