

September 22, 23, & 24th 2021

# Wyoming Conference on Aging: Communities of Strength



## SCHEDULE AT-A-GLANCE



### Sept Wednesday 22<sup>nd</sup> Healthcare and Social Service Professionals

#### Preconference - Healthcare and Social Service Professionals

9am-12:35	Elder Abuse & Adult Protection
9am-12	Senior Center Director Training (WSSB)
12-1	<b>Lunch Break</b>

#### Conference: Becoming Age-Friendly – Healthcare and Social Service Professionals

1-1:15pm	Opening Remarks
1:15-2:15pm	<b>Opening Plenary:</b> Team-Based Care: The Heart of Age-Friendly Healthcare. Faith Jones, MSN, RN, NEA-BC. HealthtechS3.
2:15-3pm	Getting to the Heart of What Matters. Emma Bjore, MD and Tonja Woods, PharmD, CGP. Ivinson Medical Group
3-3:15pm	<b>Resource Spotlight</b>
3:15- 4:15pm	Lessons from the Pandemic: Engaging Older Adults in Telehealth Services. Deb Anderson, CPHIMS. Mountain Pacific Quality Health. Andrea Shipley, MPA with Wyoming Telehealth Network. Lindsay Bonazinga BSN, RN. Cheyenne Regional Medical Center
4:15-5pm	Seeing the Big Picture: Social Determinants of Health and Collaboration Across the Field. Deb Anderson, CPHIMS. Mountain Pacific Quality Health. Melanie Surber, MSN, RN. CyncHealth. Wanda Webb
5-5:15pm	<b>Closing and Evaluations</b>

### Sept Thursday 23<sup>rd</sup> Healthcare and Social Service Professionals

7:30-8:30am	<b>Chronic Disease Regional Coordinator Coffee Hour.</b> Kevin Franke, BSN. Kara Beech, BSBA, SHRM-CP. Maggie Koughl. Dian True, RN, CDCES, FADCES. WyCOA Regional Coordinators
8:30-9am	<b>Welcome/opening remarks</b>
9-9:50am	<b>Plenary:</b> ADRD Research Update. James Herlihy. Alzheimer's Association
10-10:50am	<b>Breakouts. Focus: Mentation (Dementia, Delirium, Depression)</b> A: Healthy Brain Initiative: Road Map for Indian Country. Rosalyn Reece. Alzheimer's Assoc B: Age-Friendly Brain Talk: A Conversation-Based Approach to Assessing Brain Health. Soo Borson, MD. C: Impacts of Social Isolation on Mentation. Maya Pignatore, PhD. Omaha VAMC D: Suicide in Late Life. Cathy Buschmeier, MPH. Intentional Injury Prevention Coord, WDOH

10:50-11am	<b>BREAK, Resource spotlight</b>
11-11:50am	<b>Breakouts</b> E: Cultural Responsiveness When Working with Indigenous Elders. Wendelin M. Hume, PhD. University of North Dakota F: Building Dementia Capability in Rural America. Soo Borson, MD G: Impacts of Social Isolation on Mentation. Maya Pignatore, PhD. Omaha VAMC H: Suicide in Late Life. Cathy Buschmeier, MPH. Intentional Injury Prevention Coord, WDOH
12-12:45pm	<b>LUNCH</b> , online networking lunch
1 – 1:45pm	<b>Plenary:</b> Beyond the 4 Ms: Individualizing Complex Care. Soo Borson, MD.
1:45 – 2pm	<b>BREAK, Resource spotlight</b>
2:00-2:50pm	<b>Breakouts. Focus: Medications</b> I: Medication and Aging: A Blessing and a Curse. Cynthia Works, MD. University of Wyoming Family Medicine Residency. J: Update on Alzheimer’s Medications. Tonja Woods, PharmD, CGP. Iverson Medical Group K: Pain Management – Medications and Non-pharmacological strategies. Natalie Winter, MD. Cheyenne Regional Medical Group L: The Aging Rancher: Stories of Aging in Place in Rural WY and their Application to Legislative Advocacy. Claire Quinlan
2:50-3pm	<b>Refreshment Break w sponsors/transition.</b>
3-3:50pm	<b>Breakouts. Focus: Mobility</b> M: What Mobility Really Means: Assessing and Addressing Mobility Concerns. Tennille Nelson, PT, DPT. Iverson Medical Group N: Community Programs to Support Mobility (Matter of Balance, Tai Chi, Bingocize). Jeff Grant, Unintentional Injury Prevention Coordinator, WDOH O: Home Modifications and Aging in Place. Theresa Robinett, MOT, OTR/L. Casper College P: Medications and Mobility
4-5pm	Aging 2030: Legislators Discuss Strategies to Support Wyoming’s Aging Population
5-5:30pm	<b>CLOSING PLENARY:</b> Celebrating the Successes and Tackling the Challenges. Sara Burlingame, Wyoming Equality.

## Sept Friday 24<sup>th</sup> Public, Caregivers and Family

7:45-8:30am	<b>Healthy U Leader Network Breakfast</b>
8:30-9am	<b>Welcome/opening remarks</b>
9-10am	The Role of Communities in Aging; Community & Connection. Carol Taylor, LCSW. Elder Care Advisors.
10-10:10am	<b>Break/Trivia</b>
10:10-11am	Suggestions for Good Mental Health/Resilience. Wendelin M. Hume, PhD. University of North Dakota
11-12:00pm	Home Modifications & Aging in Place. Bernard Steinman, PhD. University of Wyoming
12– 12:30pm	<b>LUNCH, Resource Spotlight</b>
12:30-1:30pm	Chronic Disease Management and Prevention. Craig Clark, MS, RD.
1:30-2:30pm	Planning for the Future. Nancy Norton. Norton Law Office, LLC
2:30-2:45pm	Closing and Evaluation