

Wyoming Dementia Together - Goals/Objectives:



By participating in this network, caregivers will increase their knowledge of dementia and how to support a loved one, increase utilization of community resources and strengthen their support network, and learn how to manage stress and challenging situations.

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Cheyenne Regional
Medical Center



Contact Us:



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Wyoming Center
on Aging



(307) 766-2829 | wycoa@uwyo.edu

www.uwyo.edu/wycoa | Find WyCOA on Facebook and Instagram!

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Wyoming Dementia Together is a team of experienced dementia care professionals dedicated to building an inclusive community to support and educate those who have a loved one living with dementia.

Receive bi-weekly education and support that is specifically tailored to you and families and friends of people living with dementia in the Rocky Mountain region.

Participation is Free. Join from your home!



Educational Discussion Topics for May - August 2021

Wyoming Dementia Together Network Topics

Alternating Wednesdays 10:30 am – 11:30 am MDT

A bi-weekly caregiver experience plus educational discussion



Wyoming Dementia Together Format:
10:30am-10:35am: Introductions & Welcome
10:35am-11:00am: Educational Discussion
11:00am-11:25am: Caregiver Experience
11:25am-11:30am: Closing

Educational Discussion Topics: May - August 2021

Topic Series: Nuts and Bolts of Caregiving

May 26th	Caregiver Tools and Techniques - Adapting your Environment
June 9th	Caregivers Count Too - Caregiver Values and Preferences
June 23rd	Decision Making - Overview
July 7th	Decision Making – Creating a Safe Environment
July 21st	Decision Making – Health and Well Being
August 4th	Decision Making – Financial Planning
August 18th	Decision Making – Legal Planning

SAVE THE DATES:

Sept 1st, Sept 15th, Sept 29th, Oct 13th, Oct 27th, Nov 10th 2021!

*Contact wycoba@uwyo.edu | (307) 766-2829 for questions

General Information

Caregiver Experience and Networking

Caregivers throughout the region are offered the opportunity to receive suggestions to support caring for their loved ones by sharing their story for discussion and feedback to a network of caregivers as well as a professional support team.

Professional Support Team:

- *Facilitator* - Sabine Schenck, MS. Laramie, WY
- *Team Lead* - Carol Taylor, LCSW. Social Worker. Jackson, WY
- Heidi Maxwell, PsyD. Psychologist. Cheyenne, WY
- Dani Guerttman. Dementia Consultant. Casper, WY.
- Theresa Robinett, MOT, OTR/L, Occupational Therapist. Casper, WY.
- Scott Veatch, Caregiver. Casper, WY
- And you!

Considerations:

- ✓ A one-time registration is required. Please call WyCOA at (307) 766-2829 or email wycoba@uwyo.edu. *Note all information provided is kept confidential. You will receive the information to join each week via email once registered.
- ✓ All participants are asked to complete an Event Survey for each session and at the beginning and end of each series.
- ✓ Join early, or call (307) 766-2829 for assistance!

Participation in the study and the Wyoming Dementia Together Caregiver Network does not establish a patient/provider relationship. Any advice provided during the study is intended to be general in nature and should not be used as a substitute for obtaining medical advice or treatment from a primary physician or other medical professional.

