

Be sure to check out the Wyoming Dementia Together Once Again YouTube Channel!

Once Again is an informative program for caregivers of loved ones with dementia. Health care professionals and family caregivers discuss concerns, provide professional expertise, and share personal successes and challenges.



Click on "subscribe" and on the "bell" icon next to it and you will be notified when we upload a new video. Don't forget to "like" us and feel free to leave a comment.

Hosted by Scott
Veatch, WDT
Professional
Support Team
Member



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on Aging

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Participation in the Wyoming Dementia Together Caregiver Network does not establish a patient/provider relationship. Any advice provided during the network is intended to be general in nature and should not be used as a substitute for obtaining medical advice or treatment from a primary physician or other medical professional.

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WYOMING DEMENTIA *Together* CONNECTING PEOPLE WHO CARE

**July -
December
2024**



**FREE bi-weekly education, support,
and resource networking**

Caregiver Experience and Networking

Caregivers will increase their knowledge of dementia and how to support a loved one, increase utilization of community resources, strengthen their support network, and learn how to manage stress and challenging situations.

Professional Support Team:



Sabine Schenck, MS
Facilitator



Carol Taylor, LCSW
Social Work



Scott Veatch,
Spousal Caregiver



Dani Guerttman,
Dementia Specialist



Theresa Robinett,
MOT, OTR/L
Occupational
Therapy



Katherine Kitchen
Andren, PhD, ABPP-CN
Neuropsychology

Participant Testimonials:



"Very helpful each week to join the educational support group. I am not alone!"

"I was pleased with the information and knowledge I gained. I am just beginning to learn more so that I can help my husband who is just showing symptoms of the early stages of dementia."

"I needed this; it was uplifting and reassuring that I can get through my challenges ahead"



Educational Discussion Topics
Wednesdays 10:30 am – 11:45 am MT
July - December 2024

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|-----------|---|
| July 31st | Where My Values lie as a Caregiver |
| Aug 14th | Care Partner Resiliency: Self-Care and Nurturing |
| Aug 28th | Palliative Care: What, When and How? |
| Sept 11th | Family Advocacy in our Healthcare System |
| Sept 25th | Dementia Care: Family Dynamics and Communication |
| Oct 9th | 3Ds: Dementia, Delirium, Depression |
| Oct 23rd | Legal and Financial Considerations in Dementia |
| Nov 6th | Behavioral Challenges: Responding to Distress in Dementia |
| Nov 20th | Artificial Intelligence (AI) for the Caregiver |
| Dec 4th | Peace, Love and Joy in the Holiday Season |
| Dec 18th | Our Gift to You: Ask the Professional Support Team |

WDT Now includes the Mindfulness Moment! Reach out to learn more!

**To register, please contact the Wyoming Center on Aging
at (307) 766-2829 or wycwa@uwyo.edu**

**All information provided is kept confidential.
Once registered, we will send you a Zoom link to join prior to each session.*