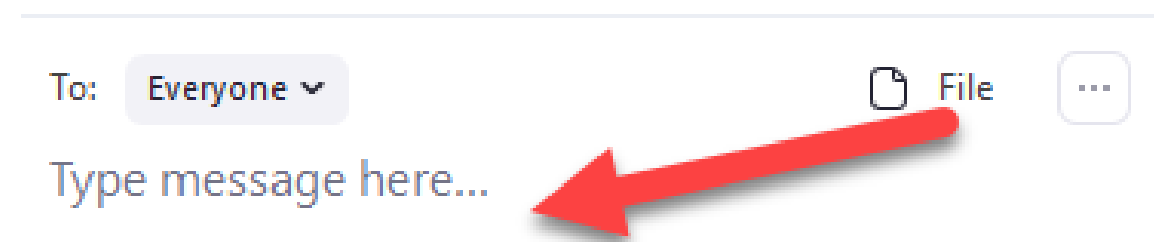


Welcome! We will begin shortly!

- 1 Enter your name and location into the chat box - left click on the chat icon located on the bottom of your picture.



- 2 You will see a "chat box" on the right part of your screen; click on "type message here" and type your name and your location.



WDT Caregiver Network Speaking with one Voice, our Voice Decision Making: An Overview



Our Vision

Our vision is to create a vibrant, active community that touches every caregiver in Wyoming in order to harness personal strengths and local resources to ultimately provide the best care possible for those living with dementia.

Mission Statement

We are a community of experienced professionals who partner with caregivers to provide confidential education and support free of cost to those whose loved ones are living with dementia.

Welcome !

Wyoming Center on Aging
Facilitator: Sabine Schenck, M.S.
Technical Support: Jenny Wolf



Sabine Schenck



Jenny Wolf

The goal of today's session is to provide you with insights and education on how you can be the caregiver you strive to be.



Scott Veatch



Carol Taylor



Dani Mandelstam-Guerttman

Our Professional Support Team!



Theresa Robinett



Heidi Maxwell

We are in this together

Today we will discuss...

Value-Centered Decision Making

Ideal and Workable

Fundamental Realities



Today's Speaker



Carol Taylor, LCSW
Elder Care

Speaking with one Voice, our Voice (decision making -----)

- Experience of a Lifetime
- Memory Keeper
- Recalling as Illuminating



Values-Centered Decision Making



- Applying values to every choice or determination
 - Looking at a continuum, not silo or isolation
 - Consider context, loved one's medical status, communication, and cognitive state
 - The greater good





Whose Values?

Partnered values, experiences, conversations

Consideration of current beliefs, values

Acknowledge all our values may change over time and with experience

Your loved ones' ethics, beliefs, principles, values

- Who do you know this person to be?
 - What have been their lifetime patterns, opinions, and behaviors?
 - What has mattered most to them?

Your ethics, beliefs, principles and values



- What is your self inventory? Who are you?
- What patterns, opinions, behaviors have you held throughout your lifetime?
 - If they changed over time, when, why and how?
 - What matters most to you?



Ideal (and workable)

- Death accepting culture vs. death denying social norms
- Opportunities to discuss, learn, research, ask
- All documentation in order, signed, updated annually, distributed to all involved persons



... and Workable

- Begin now, read, listen, question, do your homework
- Family gatherings to focus on situations/issues
- Conversations with your doctor, counselor, clergy
- Copies of necessary/recommended documents



Decision Making Situations

- **Medical health care proxy**
- **Change in living arrangements (due to safety, accessibility, proximity/access, finances, home maintenance, increased responsibilities, level of care needs)**
 - **Safety issue such as driving, operating farm machinery, power tools, smoking, drinking alcohol (meds, fall risks, mood/demeanor)**

Fundamental Realities

- **You will do your best**
- **Documentation is key; legal, medical, expressed wishes**
 - **You are an advocate**
 - **Stay within your job description, others are options**

Fundamental Realities

Compassion and
knowledge teamed with
love is more powerful
than we can imagine

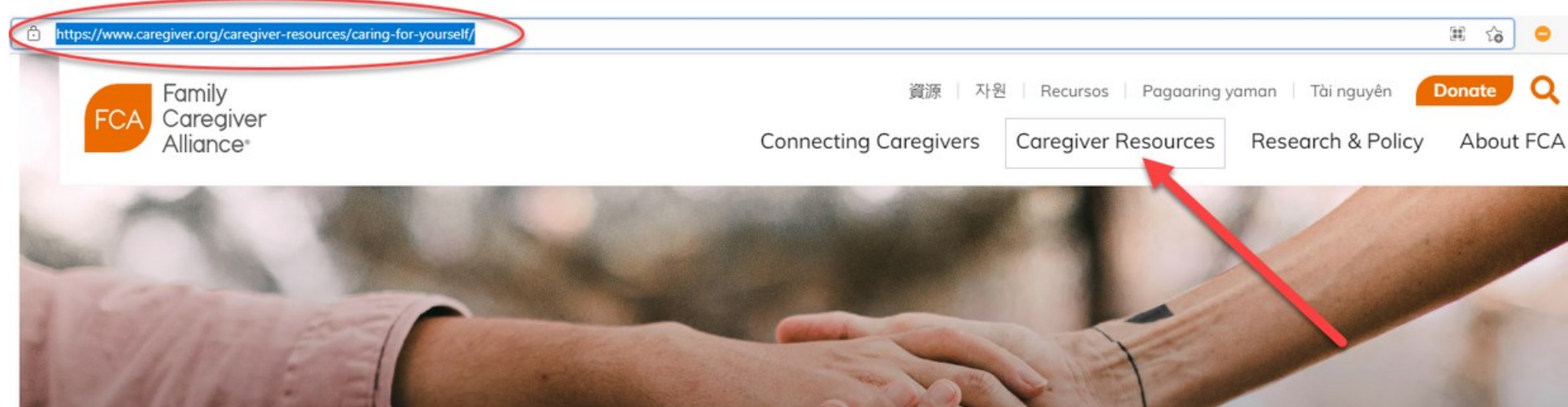
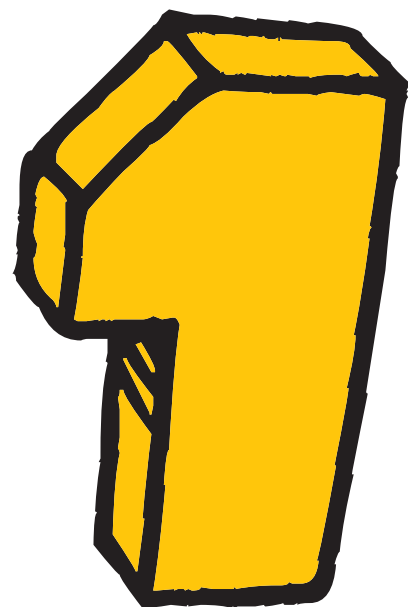


Let's Talk

What questions do you have for Carol or the professional support team?

How can we best support you?

Any parting thoughts/ comments?



Caring for Yourself
Strategies and support for your well-being as a caregiver.

- All Resources
- Health Conditions
- Caring for Another
- Caring for Yourself**
- Participate In a Study
- FAQ
- Connections Newsletter

	Grief and Loss >		Health >
	General Self >		Relaxation & >

<https://www.caregiver.org/caregiver-resources/caring-for-yourself/>



WYOMING CENTER ON AGING HOME

MENU

ABOUT US

RESOURCES ON AGING

PRODUCTS, RESEARCH AND SERVICES

DEMENTIA SUPPORT CENTER

EVENTS | DEMENTIA SUPPORT CENTER

PARTNERS | DEMENTIA SUPPORT CENTER

MEET THE STAFF | DEMENTIA SUPPORT CENTER

SHARE | DEMENTIA SUPPORT CENTER

CAREPRO | DEMENTIA SUPPORT CENTER

CARING WITH CONFIDENCE DVD

SAVVY CAREGIVER PROGRAM

SURVEY OF WYOMING OLDER ADULTS

WYOMING SENIORS TAKING ACTION IN AGING RESEARCH (WYSTAAR)

RESEARCH PRESENTATIONS

GRAY MATTERS

TRAINING EVENTS

HEALTHCARE PROFESSIONALS

FOR THE OLDER ADULT AND CAREGIVER

SHARE

A CARE-PLANNING PROGRAM FOR FAMILIES FACING AN EARLY-STAGE DEMENTIA DIAGNOSIS

The early stages of dementia can be an important time to prepare for the changes that lie ahead. The share program empowers persons living with dementia and their families to get the most out of today while planning for tomorrow. SHARE is an evidence-based intervention that involves both care partners in decision making and planning.

The goals of SHARE are to:

- Support care partners and help them communicate effectively and plan for the future
- Promote Health and well-being, and decrease stress
- Encourage participation in fulfilling Activities
- Learn about available Resources that reflect care partners' values and preferences
- Provide Education about dementia and how to manage changes that lie ahead.
- SHARE is PROVEN TO BE EFFECTIVE THROUGH RIGOROUS RESEARCH!
 - improves family communication
 - increases families use of services
 - and leads to better care plan for the future

(This program is brought to you in partnership with the Benjamin Rose Institute on Aging.)



Program is free-of-charge through WyCOA

[FOR MORE INFORMATION OR A CONSULT](#)

Download the SHARE Brochure

dsc@uwyo.edu | (307) 766-2829

https://www.uwyo.edu/wycoa/products_research_services/dementia-support-center/dsc_share.html



Wyoming Center on Aging

WDT Caregiver Network

http://www.uwyo.edu/wycoa/educational_and_training_opportunities/wdt-resources.html



Wyoming Center
on Aging



WDT Caregiver Network Survey

https://uwyo.sjc1.qualtrics.com/jfe/form/SV_9FB55OZvS1zXhHw



Next Session: July 7th, 2021 at 10:30 am

The Nuts and Bolts:

Decision Making: Creating a Safe Environment

Contact information

Wyoming Center on Aging

Jenny or Sabine: (307) 766-2829

wycoa@uwyo.edu

www.uwyo.edu/wycoa



Wyoming Dementia Together Caregiver Network

Wednesdays at 10:30 am (Mountain Time)

The Nuts and Bolts of Caregiving

July 7th, 2021

Decision Making: Creating a Safe Environment

July 21st, 2021

Decision Making: Health and Well Being

August 4th, 2021

Decision Making: Financial Planning

August 18th, 2021

Decision Making: Legal Planning

Contact information

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