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Occupational Therapist**

# MISSION

**We are a community of experienced professionals who partner with caregivers to provide confidential education and support free of cost to those whose loved ones are living with dementia.**



# VISION

**Our vision is to create a vibrant, active community that touches every caregiver in Wyoming in order to harness personal strengths and local resources to ultimately provide the best care possible for those living with dementia.**





Welcome !

Wyoming Center on Aging  
Facilitator: Sabine Schenck, M.S.  
Technical Support: Jenny Wolf

The goal of today's session is to provide you with information on how to obtain respite care also known as home care or companion care. Let's learn from our professional support team and from each other.



Dani Guerttman



Jenny Wolf

# Home Care = Respite Care = Care Companions





# Today's Speaker



**Breanne Johnson**  
**Casper Area Manager**  
**Home Instead Senior Care**

**Breanne Johnson** is the Casper Area Manager for Home Instead. In her role, she directly oversees all client care and is involved with all new caregiver hiring. She provides direct, in-home support to the entire client roster and caregiver staff in Casper, Glenrock, Douglas, and surrounding areas.

Breanne comes from a ranching background and is a true Wyoming native. Prior to this position Breanne had worked in a pediatric, inpatient, outpatient and home health settings providing occupational therapy services to many. At a very young age she knew that her calling was to help others and now she is able to do that very thing on a daily basis.

Welcome and Introductions

Home Care Services, Respite Care  
Companion Care

Discussion: Next Steps

Thank you



# Home Care, Respite Care, Caring Companions

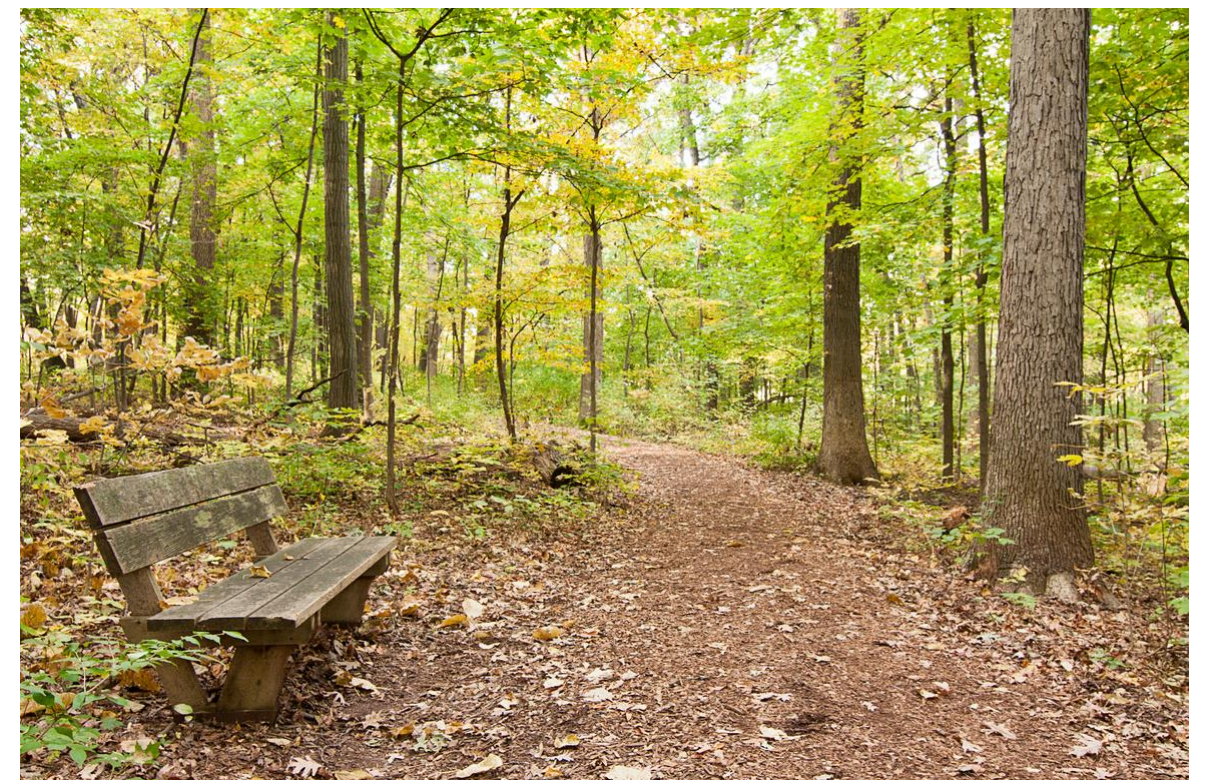
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# Home Care *aka* Respite Care *aka* Companion Care

- **Definition**
- **Reasons and Benefits**
- **Financial Considerations**





# Home Care - Services

The goal is for clients to stay in their home environment as long as possible and safe.

## WHY?



# Home Care - Services

What would be some reasons why people choose home care/respite care?

## WHY?





# Home Care - Services

- **What our staff does for you and your loved one.**
- **What does respite care look like?**
  - **Role of the Care Companion**
  - **Duties/Tasks they may perform**



# Home Care - Services

- **Private Care Companion**
- **Care Companion through an Agency**
  - **contracted consultants**
  - **agency employees**



# Home Care - Companion Care

**VS**

**Home Health Care  
Skilled Home Health**

# Collaboration

**Home Care services are provided across the continuum: in-home care, Assisted Living Facility, Skilled Nursing Facility & Hospice (at home or in the hospice facility)**





# Home Care - Services

- **What might be some benefits for the care recipient?**
- **What might be some benefits for the family caregiver?**
- **What might be some benefits for the family?**



# Home Care Cost Comparison

The average client receive 12 -15 hours/week in Home Care.

- **\$ 450/week** for Home Care
- **\$ 2000/week** for Assisted Living
- **\$ 2500/week** for a Skilled Nursing Facility







# Let's Talk

**What would be some reasons  
why you would choose respite  
care for your family?**



# Let's Talk

## How would I pay for Companion Care?



# Home Care, Respite Care, Caring Companions

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# Did we address everything you wanted to learn today?

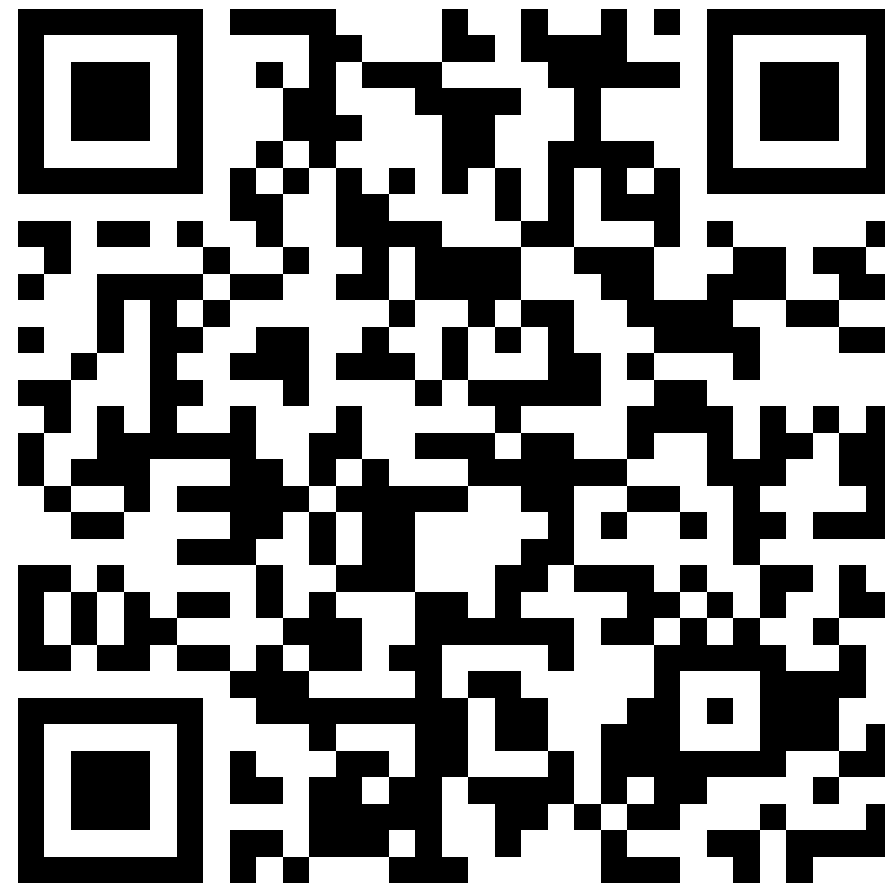


**We took notes and will answer questions we did not address via e-mail or phone**



# Wyoming Dementia Together Caregiver Network Post Session Evaluation Link

[https://uwyo.sjc1.qualtrics.com/jfe/form/SV\\_4I2GBhbCr3XUM0m](https://uwyo.sjc1.qualtrics.com/jfe/form/SV_4I2GBhbCr3XUM0m)





**If you found today's session useful,  
consider inviting a friend or family member  
to our next session on Sept 7<sup>th</sup>, 2022**

## What caregivers are saying about us...

“Great presentation. I thought I knew all about what was going to be presented. I am glad I came anyway, because I learned a lot.”

“Great information. It will help us plan for the future. As my mother's disease progresses, we will have good plan. Right now she can still tell us what she wants.”



## Upcoming Sessions:

- **Sept 7<sup>th</sup>** Home Care - Levels of Care (2): Coverage and Out-of-Pocket Expenses

### *Topic Series: Caregiver Support – End of Life Considerations*

- **Sept 21st** End of Life: Palliative Care and Hospice Care
- **Oct 5th** Rehab Services and Comfort Measures at the End of Life
- **Oct 19th** Advocacy for your loved one: What is your medical team trying to say? How could you respond?
- **Nov 2nd** End of Life – Preparing for the Journey
- **Nov 16th** Leaving a Legacy: What is your story?

### *Topic Series: Holiday Caregiving*

- **Nov 30th** Holiday Activities: Introduction to Music Therapy
- **Dec 14th** Holiday Celebrations: Celebrating you as a Caregiver

*Be sure to check out the [Wyoming Dementia Together Once Again YouTube Channel!](#)*

Click on “subscribe” and on the “bell” icon next to it and you will be notified when we upload a new video.

Don't forget to “like” us and feel free to leave a comment.



**Stay in the moment**



**Take a deep breath**



**We are in this together**





*Have a good day ahead*