

Be sure to check out the Wyoming Dementia Together Once Again YouTube Channel!

Once Again is an informative program for caregivers of loved ones with dementia. Health care professionals and family caregivers discuss concerns, provide professional expertise, and share personal successes and challenges.

Click on "subscribe" and on the "bell" icon next to it and you will be notified when we upload a new video. Don't forget to "like" us and feel free to leave a comment.



Hosted by Scott Veatch, WDT Professional Support Team Member



Wyoming Center on Aging

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Participation in the Wyoming Dementia Together Caregiver Network does not establish a patient/provider relationship. Any advice provided during the network is intended to be general in nature and should not be used as a substitute for obtaining medical advice or treatment from a primary physician or other medical professional.

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WYOMING DEMENTIA

Together

CONNECTING PEOPLE WHO CARE

January -
June 2025



**FREE bi-weekly education, support,
and resource networking**

Caregiver Experience and Networking

Caregivers will increase their knowledge of dementia and how to support a loved one, increase utilization of community resources, strengthen their support network, and learn how to manage stress and challenging situations.

Professional Support Team:



Sabine Schenck, MS
Facilitator



Carol Taylor, LCSW
Geriatric Social Work



Scott Veatch,
Spousal Caregiver



Dani Guerttman,
Dementia Specialist



Theresa Robinett,
MOT, OTR/L
Occupational
Therapy



Katherine Kitchen
Andren, PhD, ABPP-CN
Neuropsychology

Participant Testimonials:



"Very helpful each week to join the educational support group. I am not alone!"

"I was pleased with the information and knowledge I gained. I am just beginning to learn more so that I can help my husband who is just showing symptoms of the early stages of dementia."

"I needed this; it was uplifting and reassuring that I can get through my challenges ahead"



Educational Discussion Topics Wednesdays 10:30 am – 11:45 am MT January - June 2025

Jan 29th	Validation Technique and Communication Tips
Feb 12th	Effects of Social Isolation and Loneliness
Feb 26th	Dementia Friendly Activities and Social Engagement
March 12th	Dignity in Dementia Care and Aging Etiquette
March 26th	Dementia: The Importance of Early Diagnosis
April 9th	Dementia Research Update: Medical and Non-Medical Treatment Interventions
April 23rd	Dementia Continuum of Care: Our Options
May 7th	Care Support and Circle of Care: Building your Team
May 21st	Long-Distance Caring: Including Family Members in your Circle of Care
June 4th	Navigating Nutrition and Mealtime
June 18th	Caregiver Bootcamp: The Basics
	and more!

WDT now includes the Mindfulness Moment and A Skill Building Activity!

**To register, please contact the Wyoming Center on Aging
at (307) 766-2829 or wycosa@uwyo.edu**

**All information provided is kept confidential.*

Once registered, we will send you a Zoom link to join prior to each session.