

Information and Referral Needs for Care Partners of Older Adults with Alzheimer's Disease in Rural and Remote Communities Morgan E. Longstreth, Andrea E. Slosser, Robin A. Barry, Catherine P. Carrico, & Christine L. McKibbin

1. INTRODUCTION

- There is dramatic growth in the number of older adults with Alzheimer's Disease and related dementias (ADRD) in the Rocky Mountain West.
- Primary care providers frequently make ADRD diagnoses in rural and remote areas due to a shortage of specialized providers.
- Research suggests that individuals with ADRD do not receive specialized disease-related information and are primarily informed about medication rather than necessary resources.

2. OBJECTIVES

- To understand types of information needed by individuals recently diagnosed with ADRDs throughout the state of Wyoming.
- To use areas of identified needs to inform the development of a statewide dementia care plan.

3. METHODS

Recruitment

- Towns across Wyoming were selected (*n* = 10).
- Participants were recruited through key stakeholders across Wyoming.
- Advertisements were posted in community sites in specific towns and surrounding communities.

Instruments

• Demographics were assessed using a participant profile form designed for this study.

Analysis

- SPSS version 24 was used to examine demographics.
- Thematic analysis was utilized to identify common themes. Three coders were utilized.

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Information and Referral	Knowing V "…I cannot tell you how with dementia to figure of and how you go about g contact other agencies to read agencies to read agencies to read agencies to read agencies. Whether it's how services. Whether it's how thereThey have no it thereThey have no it for a good facility and whice gust at the service of the s
elivery	<u>One-Stop</u> "I think if there was s shopping sort of place t there and then get o

Information at Diagnosis

"If they diagnose you or your family member, what do they tell you after that? If they diagnose you with cancer, they're going to say, 'Well, you need to go here, or there, or do this or that.' But what about with Alzheimer's?"

Informational Packets

"And a packet for Alzheimer's versus a packet for dementia, or maybe mix them together. Just so that the family has something tangible to look at."

Figure 1. Primary and secondary themes with representative quotes.

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Who to Call

confusing it is for people out where the services are getting them. You have to to reach agencies to reach each agencies."

ource Awareness

ad to access any of these ome health, or the senior v have no clue what's out idea what's available."

Service Quality

s, you don't know which is ch is a bad facility. You're eir mercy."

Shopping

some sort of one-stop to understand what is out education about it."

4. RESULTS

Participant Characteristics

- Female (*n* = 126, 72.7%)

- Other (n = 42, 24.1%)

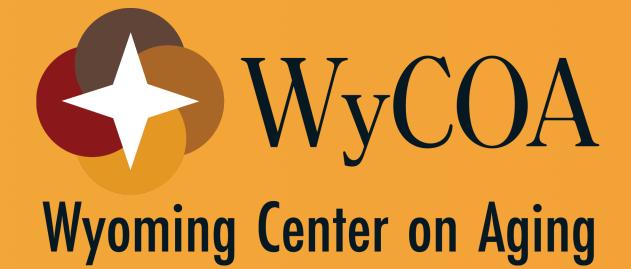
Thematic Analysis

- exceeded 90%.
- theme.
- - Information and Referral
 - Knowing Who to Call
 - Information on Service Quality

5. CONCLUSIONS

- courses).





• Wyoming residents (*n* = 174) • Non-Hispanic (*n* = 157, 94.1%) • Health professionals or administrators (*n* = 48, 27.6%) • Caregivers or community members (*n* = 84, 48.3%)

Saturation was achieved and coding reliability

• Two primary themes emerged. See Figure 1 for quotations from Town Hall Meetings representing each

Primary and secondary themes include:

- Community Resource Awareness
- Methods of Information Delivery
 - One-Stop Shopping
 - Information at Diagnosis
 - Informational Packets

 Two primary areas for intervention were identified from participant perspectives.

• The need for dissemination of ADRD-related

information is growing increasingly prevalent across the Rocky Mountain West.

Recommendations for remediating this need include broadening community and provider awareness of existing resources, making resources more accessible to those in need in rural regions across Wyoming, and expanding the number and specificity of ADRD-related resources through multiple means of communication (i.e., online, in-print, and through training and