



that's what we're made of



CARING



Who Cares?

A caring person is a bright spot in a sometimes grim world where crime, anger, fear, hunger and loneliness have pushed even well-meaning people into isolation.

We've moved, as a society, from the front porch to the back yard. We've gone from social visits to video games and the texting. It's as if we're so overwhelmed by the needs around us that we've built invisible walls, blocked our vision of other people's problems, and focused on ourselves.

It's different with ethical people. They care. Caring is at the heart of an ethical person's character. It's a guideline for how an ethical person relates to the world and its people.

A caring person is considerate, kind, compassionate and generous. A caring person always takes into account how decisions, words and actions are likely to affect other people.

Why Care?

Why Do people show consideration, kindness, compassion, and generosity to others?

Genuine, selfless concern for others is a sign of ethical maturity. A big part of maturity is the ability to think and care about someone besides oneself. Selfish motives and selfish actions are childish motives and childish actions.

Self-centered people tend to treat others imply as instruments of their own ends and rarely feel an obligation to be honest, loyal, fair or respectful.

Caring people, on the other hand, have progressed from selfish to selfless, from inward-focused to outward-focused, from me-minded to we-minded, and from a give-me approach to a give-you approach.

The Golden Rule

"Do unto others as you would have them do unto you" translates the general principle of caring and concern into an operational standard which encourages people to maximize the good and minimize the harm done to others.

Caring Do's



Show you care about others through kindness, caring, generosity and compassion.



Live by the Golden Rule . . . treating others the way you want them to treat you.



Think how every decision, word or action will impact every stakeholder.

Caring Don'ts

A caring person lives with these reminders:



Don't be selfish!

Don't be mean!



Don't be cruel!

Don't be insensitive to the feelings of others

Activity Idea

Consider the "do's and don'ts" listed and address the following questions with participants.

- Do you know someone (not a family member) who is especially caring? How does he or she show this?
- List ways you can work together as a group to show kindness and compassion to others.