

Character Counts

RESPECT

April 2011

WYOMING
CHARACTER



that's what we're made of

A person of character lives by the "Six Pillars of Character"

Respect—A person of character values all person's lives by the Golden Rule, respects the dignity, privacy and freedom of others, is courteous and polite to all and is tolerant and accepting of differences.

Golden Rule ~ Tolerance and Acceptance
Nonviolence ~ Courtesy

For Character Counts Activities please
visit www.4h.wyo.edu



"Respect gained by fear is not real. It is only an empty pretense that turns to contempt the moment that threat disappears."

~ Michael Josephson ~

Character Trait of the Month: Golden Rule ~ Value All People

As first lady, Eleanor Roosevelt was devoted to working with young people and the underprivileged, while fighting for equal rights for all. In later years she worked with the US Delegation, the United Nations and the Peace Corps. She truly cared about and valued all people, which earned her the admiration of citizens in the US and abroad. There were times in Eleanor's life when she was made to feel she didn't have any value. This made her very sensitive to the plights of others. Have you ever felt devalued? What happened? How can you ensure others don't feel that



Respect Activity

Respectable-acles



Materials Needed: 12 inch pipe cleaner (one for each person) and 6 inch pipe cleaner (two for each person). *Ask: What does it mean to be respectful? How do we show respect? Ask for and offer examples. Suggest: We have to show respect to others if we expect them to respect us. Ask: How can we show respect in a 4-H meeting? Again field answers and offer examples. Next say: Sometimes we can forget to be respectful. We all need a little help to remind us. Ask the members if any of them know what "spectacles" are. Tell them that is another work for glasses. Put on your "respect-acles". Say: These are my "respect -acles" Why do some people wear glasses? Field answers: People wear glasses to help them see better. My "respect -acles help me see respectful behavior. Today we are going to make "respect-acles" to remind us to watch for and show respect. Pass out pipe cleaners and demonstrate construction: Twist end of 12 inch pipe cleaner together to form circle. Twist the circle to make a figure 8. Give the figure 8 and added twist to make a nose bridge. Attach one 6 inch pipe cleaner to each side, this makes the "respect-acle" bows. After the task is complete say: Now we are going to test them. Put on your glasses and let's see how well you can spot respect. Ask several questions about respect, such as: If the leader is speaking to the members, how should we act to show respect? If the club is lining up for treats and people are shoving each other, how should they act to show respect? If there is only one toy that everyone wants to play with, how can we show respect? Field answers. Before the lesson ends, discuss the following: We respect others even if we don't think or look the same way. We respect others even if they like to do different things than we do. We respect others even if they are not our friends. Conclude with these questions: How does it feel when you see others being respectful?*

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