

WYOMING CHARACTER



that's what we're made of

Caring... It's important!

"Unless someone like you cares a whole awful lot, nothing is going to get better. It's not." ~ Dr. Seuss (The Lorax)

Dr. Seuss states it is very **IMPORTANT** to care for others! By caring, we are totally aware of the necessities or the ups and downs of others...

It is part of some people's personality to care about others. Caring is a feeling, an emotion. Care because you have concern about your friends, family, loved ones, etc. By caring we hope that



4-H Activity: The Compliment Tree



Materials: A branchy tree limb, large coffee can, sand or small stones, fabric or paper hole punch, yarn pieces, assortment of 3x5 colored index cards or card stock

Procedures:

- Cover the coffee can with fabric or paper.
- Fill the can with sand or small stones.
- "Plant" the branch in the coffee pot.
- Talk with the club
- Have youth write specific compliments about a person in the class using the index cards.
- Youth can then draw a flower or fruit shape around their compliments and cut them out.
- Punch a hole in the cards and use the yarn
- Encourage youth to continue adding compliments to the tree throughout the year or meeting.
- You may want to have seasonally themed trees, clearing the compliments after each season.

Activity provided by Creative Teaching Press
: <http://www.lf67.org/district/programs/EWC/CARING%20master.pdf>

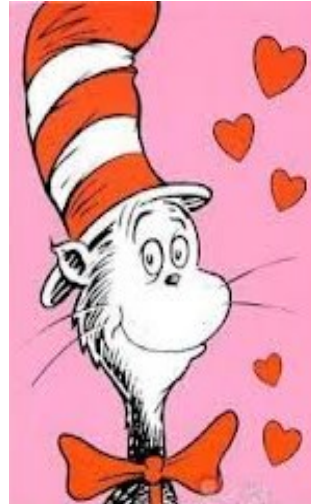
Caring

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others feel supported, accompanied and very happy!

Other people must feel **GREAT** when they know that someone is caring about them! They must feel appreciated, happy, loved and supported! And most important, you should feel grateful! When someone is caring about us, we feel fortunate the other person cares...

When others take the time to ask how you are or they smile, it is simply the best! You feel appreciated, happy and loved as well!



Being a caring person has demonstrated that indeed caring inspires others on so many levels in their lives... The first thing that we notice is the immediate gratitude when you care for another person. When you have an attitude of gratitude, you begin

to be more positive and that certainly gives them the encouragement to make the needed changes in their lives!

Article provided by Franspiration Blog:
<http://franspiration.com/the-importance-of-caring-a-whole-awful-lot/>

Clover Connection



Head - think about ways to let others know we care.

Heart - communicate your care and show emotions to others.

Hands - practicing acts of kindness and service to others to show you care.

Health - show others we care about ourselves. Make healthy lifestyle choices for others to follow.

Like this activity? Find more like it in the "Good Ideas Book" at your local Extension Office