



WYOMING



## Exploring Horses with 4-H

### Developing Life Skills by:

- experiences in problem solving, critical thinking, and decision making
- fostering a positive self-image
- communicating goals and sharing intentions and feelings
- organizing, planning, and cooperating

### Here are some places to share what you have learned by exhibiting or competing:

- County fair
- State fair
- Share with your club
- Take your exhibit to a senior citizen center or care center
- Share in a school show
- Display at a community event or activity along with others from your club or group
- participate in a breed show

### Learning Objective

The purpose of the 4-H program is to provide positive opportunities for a young person to develop the essential life skills of mastery, independence, generosity, and belonging through their own areas of interest.

In this project area of interest, youth may learn...

1. different aspects of horse industries.
2. about all the different breeds, colors, markings, and gaits of horses.
3. how to care for, groom, show, and train horses.
4. proper nutrition, first aid, and health of horses.
5. how records are used by producers to evaluate breeding stock.
6. the proper parts of horses and lingo used in horse industries.
7. about proper tack and equipment.
8. diseases, anatomy, and behavior of horses.

### Here are some suggestions of things you can make or create to exhibit or share with others:

- create a display or poster demonstrating something learned
- participate and advance through the Wyoming 4-H horse levels achievement program
- compete in a county, district, or the state horse show with:
  - a horse in a showmanship competition
  - a filly, gelding, or mare in halter classes for various breeds
  - riding a horse in performance classes like programmed ride, western riding, or English hunt seat
- create a comparison of different breeds and what they offer the industry
- create a display about patterns used in equitation and riding classes

### Resource Materials

This project has curricula for youth education and to support volunteer teaching.

1. *Horse Project Manual (11501C)*
2. *The 4-H Horse Project: An Introduction (11507C)*
3. *Giddy Up and Go (11504C)*
4. *Galloping Ahead (11505C)*
5. *Blazing the Way (11506C)*
6. *Riding the Range (11508C)*
7. *Jumping to New Heights (11509C)*
8. *Horse Group Activity Guide (11500BB)*

*Note: There are many videos and other resources available through your extension office.*

## Important Dates

Sign-up

Project and club designation

County fair entries due

## Citizenship Opportunities

Giving back to your community is a great way to not only provide service but also to learn more about the world we live in. You could...

1. help your club by doing a community service activity or project.
2. volunteer to help at a community event – help is always needed.
3. cleanup a highway or city park.
4. do a food drive, school-supply drive, or clothing drive to help others in need.
5. make and give something away or participate in an organized service drive or event.

## Goals/Recordkeeping/Completion

One of the basic principles of 4-H is to set goals and then work to accomplish them. Being able to share what you learned while working toward goals is valuable. We have a way that we like to use to help you, your parents, your club volunteers, and your 4-H educator to know how things went each year – it's called your 4-H Portfolio (some call them record books).

For each project, you are asked to set goals and share what you learned, tell what you did, show how you are involved, and tell what you liked, disliked, or felt about doing the project. You will be asked to complete these and give them to adults for evaluation and to possibly learn other ways to compete and be recognized.

## Leadership Opportunities

Providing leadership to others comes in many different forms. In fact, only a small part of being a leader is actually because of being elected. Here are some ways to be a leader or become a leader. You could...

1. volunteer to head a committee in your club over an activity.
2. volunteer to do something to help your club.
3. volunteer to be in charge of leading a song, ice-breaker, lead the pledge, or cleanup after a meeting.
4. volunteer to teach a workshop, clinic, or demonstration.
5. mentor a younger youth in 4-H with similar or different interests.
6. organize a field trip or fun activity for your club or project group.
7. run for a position in your club as president, secretary, or something else.



**READ YOUR  
4-H NEWSLETTER!**

## 4-H Opportunities

- County 4-H camp
- County/club educational workshops, days, clinics
- Club activities and events
- County activities and events
- Western National 4-H Roundup
- Youth Leadership Conference
- National 4-H Conference
- National 4-H Congress
- Citizenship Washington Focus trip
- County fair
- State fair

*The University is an equal opportunity/affirmative action institution.*

**For more information go online to [www.Wyoming4H.org](http://www.Wyoming4H.org)**