

University of Wyoming Sample Four-Year Degree Plan
Catalog Year: 2019-20

Physical Education Teacher Education, BS University of Wyoming 2019-2020



This sample degree plan is a guide, to be used for planning in consultation with your academic advisor. Actual course sequence may vary by student. A ▲ symbol identifies courses that must be taken and passed during the suggested semester in order for a student to stay on track toward completing the degree program within four years.

Course Sequence	Course Prefix	Course Number	Course Title	Credit Hours	Min Grade	Notes
			USP First-Year Seminar	3	C	FY
			USP US & Wyoming Constitutions	3		V
	ENGL	1010	College Composition and Rhetoric	3	C	C1
	MATH	1400	College Algebra ¹	3	C	Q; or MATH 1405 (Trigonometry) or MATH 1450 (Algebra & Trigonometry (combined))
	CHEM	1000	Introduction to Chemistry ²	4	B	PN; or C in CHEM 1020 (General Chemistry I) ²
Credit hours subtotal:				16		

Freshman Spring Semester

			USP Human Culture	3		H
	LIFE	1010	General Biology ²	4	C	PN
	HLED	1006	Personal Health	3		
	PSYC	1000	General Psychology	3	C	H
	STAT	2050	Fundamentals of Statistics	4		Can substitute STAT 2070 (Statistics for Social Sciences)
Credit hours subtotal:				17		

Sophomore Fall Semester

	KIN	2040	Human Anatomy	3		Prerequisite: LIFE 1010
	KIN	2041	Human Anatomy Lab	1		Must be taken with KIN 2040
	FCSC	1141	Principles of Nutrition	3		
	▲ KIN	2003	Mvmt Core 4: Educational Games & Gymnastics	2		
	▲ KIN	2004	Mvmt Core 5: Motor Skills, Creative Mvmt & Dance	3		
	PHYS	1050	Concepts of Physics ²	4		
Credit hours subtotal:				16		

Sophomore Spring Semester

	ZOO	3115	Human Systems Physiology	4		Prerequisite: LIFE 1010 and B or better in CHEM 1000 or C or better in CHEM 1020
	▲ KIN	2000	Mvmt Core 1: Striking/Fielding & Invasion	2		
	▲ KIN	2001	Mvmt Core 2: Net & Target Games	2		
	▲ KIN	2005	Mvmt Core 6: Physical Fitness & Physical Activity	2		
	EDSE	3540	Teaching Reading & Study Strategies in Content Areas	3		
			Elective ³	3		
Credit hours subtotal:				16		

This sample degree plan is a guide for course work in the major. • Course sequencing may need to be altered if ACT, SAT or Math Placement scores require a student to take pre-college courses before taking required math or English courses. • Not all courses are offered every semester and some electives may have prerequisites. Students should review course descriptions in the University Catalog and consult with their academic advisor to plan accordingly.

University of Wyoming requirements:

Students must have a minimum cumulative GPA of 2.0 to graduate. • Students must complete 42 hours of upper division (3000-level or above) coursework, 30 of which must be from the University of Wyoming. • Courses must be taken for a letter grade unless offered only for S/U. • University Studies Program (USP) Human Culture (H) and Physical & Natural World (PN) courses must be taken outside of the major subject, but can be cross-listed with the major.

College of Health Sciences notes:

Performance expectations for majors in the College of Health Sciences exceed institutional requirements. Please discuss with an academic advisor to understand the difference. • Admission to the clinical portion of Health Sciences majors is competitive and is not guaranteed even with minimum qualifications. Be prepared to meet and exceed expectations. • Background checks are required at some point within all Health Sciences majors and careers. Students should understand the long-term ramifications of all decisions and actions early on, so as not to jeopardize future academic and career goals.

Notes continued on next page.

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Sequence	Course Prefix	Course Number	Course Title	Credit Hours	Min Grade	Notes
Junior Fall Semester						
▲	KIN	3012	Teaching Laboratory 1	3	C	C2; Prerequisite: Admission to PHET program
	KIN	3021	Physiology of Exercise	3		Prereqs: USP-Q (MATH), KIN 2040, KIN 2041, ZOO 3115
	KIN	3022	Physiology of Exercise Lab	1		Must be taken with KIN 3021
	KIN	3034	Lifespan Motor Devpmt	3	C	Prerequisite: PSYC 1000
	KIN	3037	Sport Psychology	3		Prerequisite: PSYC 1000 & concurrent enrollment/completion of KIN 3021; Can substitute KIN 3038
	KIN	3050	Prevention & Care of Athletic Injuries	2		Prerequisite: C or better in KIN 2040
Credit hours subtotal:				15		
Junior Spring Semester						
▲	KIN	3011	Teaching Methods in Physical Education	3	C	Prerequisite: KIN 3012; Concurrent in KIN 3015 & 4080
▲	KIN	3015	Teaching Laboratory 2	3	C	Prerequisite: KIN 3012; Concurrent in KIN 3011 & 4080
	KIN	3060	Understanding Skill Acquisition for Teaching	3		Prerequisite: PSYC 1000
▲	KIN	4055	Adapted Physical Education	2		Prerequisite: KIN 3012
▲	KIN	4080	Assessment in Physical Education	3	C	C3; Prerequisite: KIN 3012
Credit hours subtotal:				14		
Senior Fall Semester						
	KIN	3042	Biomechanics of Human Movement	3		Prereqs: C or better in PHYS 1050/1110 & completion of KIN 2040
▲	KIN	4012	Curriculum Development in Phys Education	3		Prereqs: KIN 3011, KIN 3015, KIN 4080
▲	KIN	4013	School Administration for Health Science	2		Prereqs: KIN 3011, KIN 3015, KIN 4080
▲	KIN	4017	Teaching Laboratory 3	3	C	Prereqs: KIN 3011, KIN 3015, KIN 4080; concurrent enrollment in KIN 4012
			Elective ³	3		
Credit hours subtotal:				14		
Senior Spring Semester						
▲	KIN	4099	Student Teaching in Physical Education ⁴	12		Prerequisite: KIN 4017
Credit hours subtotal:				12		
TOTAL CREDIT HOURS				120		

Physical Education Teacher Education Program notes:

In the spring semester of the sophomore year, students must make application for admission to the final two years of the Physical Education Teacher Education (PHET) program. Minimum qualifications considered include: completion of coursework specific to the first two years of the program; a minimum gpa of 2.75 (3.00 preferred); completion of 60 contact hours with youth in a movement setting; completion of a written essay; an interview; and a criminal background check. Admission to the PHET program is competitive, and applicants meeting the minimum requirements are not guaranteed admission into the program. The application deadline for fall semester admission is April 15. A maximum of 20 students are admitted into the program each fall semester. Students taking additional credit hours during their freshman and sophomore years should consider taking one or more of the following courses:

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| EDEX 2484 Introduction to Special Education (3 hrs) | KIN 3060 Understanding Skill Acquisition for Teaching (3 hrs) |
| EDSE 3540 Teaching Reading in the Content Area (3 hrs) | PSYC 2210 Drugs and Behavior (3 hrs) |
| KIN 3050 Prevention & Care of Athletic Injuries (2 hrs) | |

¹ See the "Prerequisite and MPE Cut Score Reference Chart" on the Math Placement website for the most up-to-date math placement equivalencies: <http://www.uwyo.edu/mathstats/math-placement/>.

² See the most updated class schedule (http://www.uwyo.edu/registrar/class_schedules/) for specific math prerequisites for science courses. Check with your advisor for clarification about science prerequisites. See the "Prerequisite and MPE Cut Score Reference Chart" on the Math Placement website for the most up-to-date math placement equivalencies: <http://www.uwyo.edu/mathstats/math-placement/>.

³ It is recommended that elective courses be selected from those required for the Adapted Physical Education K-12 or Health Education K-12 teaching endorsement areas:

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|---|--|---|--|
| Adapted Physical Education K-12 Endorsement: | | Health Education K-12 Endorsement: | |
| EDEX 2484 | Introduction to Special Education (3hrs) | HLED 4025 | Teaching Sensitive Issues in Human Sex (3 hrs) |
| KIN 4065 | Resources for Adapted Phys Education (3hrs) | HLED 4110 | Teaching Health in Schools K-12 (3 hrs) |
| KIN 4075 | Assessment for Adapted Phys Education (3hrs) | HLED 4120 | Assessment in School Health Education (3 hrs) |
| | | HLED 4130 | Mgmt/Coordinated School Health Prog (3 hrs) |
| | | PSYC 2210 | Drugs and Behavior (3 hrs) |

Students interested in a Coaching Endorsement should consult with their academic advisor for more information.

⁴ Students will complete a 12-hour student teaching experience that includes eight weeks of full-time teaching at the elementary level and eight weeks of full-time teaching at the secondary level. • Students must be certified in first aid and CPR prior to enrollment in KIN 4099.