What can I do with a degree in...

**Human Nutrition & Food?**

**UW Department of Family and Consumer Sciences**

Students interested in Human Nutrition & Food will major in Family and Consumer Sciences with the Human Nutrition & Food option. The Family and Consumer Sciences Department also offers a Didactic Program in Dietetics, though the career options for Dietetics differ from the options for Human Nutrition & Food (see “Dietetics” information sheet for more information).

There are excellent career opportunities for Nutrition majors. Median salary for many Nutrition careers ranges from $42,000—$59,000/year. This major is an excellent preparation for entry into the various fields of medicine. In fact, the Human Nutrition & Food program offers a career track in pre-medicine. Visit the Family and Consumer Sciences website for more specific information about the major:

[www.uwyo.edu/fcs](http://www.uwyo.edu/fcs)

**Career Options**

- Agricultural Research & Testing
- Cooperative Extension Service
- Community Health Education
- Community Programming/Planning
- Food Product Development
- Food Service Management
- Food Quality Control
- Health and Fitness Consulting
- Nutrition Consulting
- Public Relations
- Sales & Marketing
- School Nutrition

**Employers of Recent Graduates**

- University of Wyoming
- Culinary positions in restaurants and hospitals

**For More Information**

Center for Advising and Career Services  
Phone: 307-766-2398  
Email: uwcacs@uwyo.edu  
Website: [www.uwyo.edu/cacs](http://www.uwyo.edu/cacs)
Job Websites

USDA Food & Nutrition Information Center
www.fnic.nal.usda.gov

U.S. Government Jobs (e.g. FDA)
www.usajobs.gov

American Diabetes Association
www.diabetes.org/home.jsp

Health Careers
www.healthcareers.net/careers

Science Careers
www.sciencecareers.scientemag.org

Wyoming Department of Health
www.health.wyo.gov/main/hr/jobs.html

WY Department of Workforce Services
www.wyomingatwork.com

Potential Employers

- Assisted Living & Long Term Care Facilities
- Athletics
- Community Centers
- Exercise and Fitness Centers
- Federal Government
- Food Manufacturers
- Food Publications
- Health/Recreation Centers
- Pharmaceutical Companies
- Public and Home Health Agencies
- State Nutrition Services

Graduate Study?

♦ A bachelor's degree will qualify students for positions as research assistants, technicians, program coordinators, and consultants, as well as work in publishing, sales, public relations and marketing.

♦ An undergraduate degree also provides a solid background for pursuing advanced degrees in other employment areas such as medicine, physical or occupational therapy, sports nutrition, clinical nutrition, culinary sciences, public health, business, etc.

♦ A graduate degree and post-graduate experience will allow for more responsibility and advancement in the field of nutrition.

Internship Websites

U.S. Food & Drug Administration
www.fda.gov/AboutFDA/WorkingatFDA

Internships.com
www.internships.com

School Nutrition Association
www.schoolnutrition.org/Content.aspx?id=10702

USDA Internships
www.usda.gov

For More Information
Center for Advising and Career Services
Phone: 307-766-2398
Email: uwcacs@uwyo.edu
Website: www.uwyo.edu/cacs