What can I do with a degree in…
Kinesiology and Health?

UW Division of Kinesiology and Health

Students interested in Kinesiology and Health will choose the Kinesiology and Health Promotion program of study here at UW. The program is a great fit for students interested in exercise science and/or health and fitness. The major offers three areas of specialization, which include: 1) Fitness & Wellness, 2) Health Promotion, and 3) Medical and Therapeutic Sciences.

There are many different career opportunities for Kinesiology and Health Promotion majors. Median salary for many kinesiology/health-related careers ranges from $23,000—$74,000 per year. This major is an excellent preparation for entry into the various fields of medicine. In fact, the Medical and Therapeutic Sciences concentration offers a career track in pre-medicine, pre-physical therapy, pre-occupational therapy, and more. Visit the Division’s website for more specific information about the major: http://www.uwyo.edu/kandh/

Employers of Recent Graduates

- Coors Wellness Center
- Highlands Ranch Recreational Center
- University of Colorado
- Colorado Athletic Club

Career Options

- Cardiac-rehabilitation
- College Coach
- Corporate Wellness Manager
- Fitness Choreographer
- Fitness Instructor
- Community Health Education
- Intramural Sports Director
- Personal Trainer
- Recreational Therapist
- Strength & Conditioning Coach
- Resort Activities Director
- Fitness Club Administrator
- Parks & Rec Administrator
- Sports Officiator
- Sportswriter
- Sportscaster
- Public Relations Specialist

For More Information
Center for Advising and Career Services
Phone: 307-766-2398
Email: uwcacs@uwyo.edu  Website: www.uwyo.edu/cacs
Job Websites

Exercise Jobs
http://www.exercisejobs.com/

U.S. Government Jobs
www.usajobs.gov

Cool Works
http://www.coolworks.com/

Health Careers
www.healthcareers.net/careers

Fitness Jobs
http://www.fitnessjobs.com/

Gym Jobs
http://www.gymjob.com/

Wyoming Department of Health
www.health.wyo.gov/main/hr/jobs.html

WY Department of Workforce Services
www.wyomingatwork.com

Potential Employers

♦ Wellness Centers/Health Clubs
♦ Government Sport Organizations
♦ Facilities/Stadiums/Arenas
♦ Hospitals/Rehabilitation Clinics
♦ Universities & Colleges
♦ Television/Radio
♦ Resorts and Hotels
♦ Pro Sports Organizations
♦ City Recreation Programs
♦ Marketing Companies
♦ Sporting Goods Companies
♦ Seniors Communities

Internship Websites

U.S. Department of Health
http://www.hhs.gov/careers/student/index.html

Internships.com
www.internships.com

Premier Health & Fitness Resources
http://www.phfr.com/

Going Global
http://online.goingglobal.com/default.aspx

Graduate Study?
♦ A bachelor's degree will qualify students for many of the positions listed on the first page.
♦ An undergraduate degree also provides a solid background for pursuing advanced degrees in other employment areas such as medicine, physical or occupational therapy, sports nutrition, athletic training, exercise science, public health and administration, business, and more.
♦ A graduate degree and post-graduate experience will allow for more responsibility and advancement in the field of kinesiology.

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