



January 1- Chocolate Chip Yogurt Cookies

Not Smart Snack Compliant

Link: <http://www.whatscooking.fns.usda.gov/recipes/supplemental-nutrition-assistance-program-snap/chocolate-chip-yogurt-cookies>

Recipe

Ingredients:

- ½ cup sugar
- ½ cup brown sugar (firmly packed)
- ½ cup margarine
- ½ cup yogurt (non-fat, plain)
- 1 ½ teaspoon vanilla
- ¾ cup flour (all-purpose)
- 1 cup flour (whole-wheat)
- ½ teaspoon baking soda
- ½ cup chocolate chips

Directions:

1. Heat oven to 375°F.
2. In a large bowl combine sugar, brown sugar and margarine; beat until light and fluffy.
3. Add yogurt and vanilla; blend well. Stir in flour and baking soda; mix well. Stir in chocolate chips.
4. Drop dough by rounded teaspoons 2 inches apart onto ungreased cookie sheets. Bake at 375°F for 8 to 12 minutes or until light and golden brown.
5. Cool 1 minute, remove from cookie sheets.

Yield 36 servings

Nutrition Facts

Serving Size 1 cookie (18.52g)
Servings Per Container 36

Amount Per Serving

Calories 70 **Calories from Fat** 30

% Daily Value*

Total Fat 3.5g **5%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 50mg **2%**

Total Carbohydrate 9g **3%**

Dietary Fiber <1g **2%**

Sugars 5g

Protein 1g **2%**

Vitamin A 2% • Vitamin C 0%

Calcium 0% • Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet.