Laramie Community
A Limited Mental Health Referral List
University Counseling Center

Psychology Clinic  (307)766-2149
Bio Sciences Building, Room 304, Campus
Psychotherapy and assessment services for children, adults and couples
Psychological Assessment, Learning Disability and Attention Deficit/Hyperactivity Assessments, Diagnoses of Psychological Disorders, Personality Assessments - Therapy Fee Schedule – Based on net income – Free to maximum $20.00/hour
Learning Disability/ADHD Assessment Fee
Net income under $25,000 OR UW Student OR Senior (>=65 years of age) $150
Net income $25,001 to $50,000 $300; Net income $50,001 and above $450
http://www.uwyo.edu/psychology/psychology-clinic/
Depression, Anxiety Disorders including Posttraumatic Stress Disorder (PTSD); Health related problems; Weight management and smoking cessation, Adjustment to medical illness, Grief and loss; childhood behavior problems.

Department of Counselor Education Clinic  (307)766-6820
Education Building, Room 44, Campus (bottom floor, NE corner)
Free services - individuals, couples, families, adults, adolescents and children in the UW and Laramie communities
DUI/MIP Substance abuse evaluations
http://www.uwyo.edu/profstudies/counseling/counseling-services.html
Depression & Anxiety, Stress, Sexuality and Identity Concerns, Life transitions, Death, Loss & Grief, Abuse & Domestic Violence

Student Health Services  (307)766-2130
Student Health Services Building, Campus
http://www.uwyo.edu/shser/

Behavioral Health Services  (307)742-2141
Ivinson Memorial Hospital (Crisis Line) (307)742-0285 255
North 30th Street
http://www.ivinsonhospital.org/getpage.php?name=behav_health&sub=Services

PEAK Wellness Center (Community Non-profit)  (307)745-8915
1263 North 15th Street
Adults, seniors, adolescents, children families, and couples (also for crisis)
CARF accreditation
Services - Mental Health, Substance abuse, Severely and Persistent Mental Illness (SPMI), Youth and Family, Foster grandparent
Mental health care: See website for other practitioners & specialties
Sliding fee scale, insurances accepted and filed, Medicare/Medicaid
24 hour on-call services
Psychiatric services, psychological evaluations, State Certified substance abuse treatment including Intensive Outpatient therapy (IOP), Other groups available
http://www.peakwellnesscenter.com/
AlbanyCountyCenter@peakwellnesscenter.org
Alliance for Growth
Karen Robertson, MS, LPC
1050 N. 3rd St., Ste B1
Adults, children, adolescents, couples and family counseling
Initial session $160.00, Indiv. $120.00, Couples $180.00
Medicaid, Accepts and files insurance including UW student insurance, Reduced fee available based on need and payment plans are available,
Military life issues, Parenting-Active Parenting Curriculum, Certified in Distance Counseling, Co-parenting group

Alpenglow Wellness, Inc.
Maureen Lutterman, Ph.D., LPC
Laurie Homer, MS, LPC, NCC
121 E. Grand Ave, Suite 216
(Landmark Square)
Adults, seniors, adolescents, children families, and couples
Initial consultation free, Indiv. & couples 110.00/hour
Medicare/Medicaid Provider, Insurances accepted including UW student insurance, Reduced fees available
http://www.alpenglowwellness.com/
For ADHD: She specializes in holistic techniques, relaxation, nutrition, brain chemical interventions exclusive of prescription medications, if client prefers natural practices, Certified in Distance Counseling
College Student Affairs: experienced in Academic Advising and Career Counseling, Pre- and Post-Partum and breast-feeding issues

The Clinic for Mental Health and Wellness
Martha Nesslinger, MS, LPC
Teresa Jacobs-Castano, LCSW, LAT
Debbie Bastian, MS, LPC
504 South 4th Street
Adults, seniors, adolescents, children families, and couples
Initial consultation $135.00, Indiv. $120.00, couples $120.00-$180.00, Group $60.00,
Insurances accepted, Medicare/Medicaid State Certified Substance treatment - Levels 0.5, I & II.1 Adolescent & adult assessments/treatment/ IOP groups, MIP/DUI class, Mental health counseling including veterans & military personnel, student affairs, co-parenting & parenting classes, DBT, Play therapy, sex offender treatment, pain management
Psychiatric Nurse Practitioner: Beth Romsa, APRN
http://www.clinicformentalhealth.com laramie@clinicformentalhealth.com

Judy Coburn Counseling & Consulting, LPC
121 E Grand Ave., Ste 210
www.jccounselingandconsulting.com
judyc@jccounselingandconsulting.com
Individuals, couples, families and groups
Relationship/intimacy, parenting, divorce issues, grief and loss
Women’s group, conflict resolution, TRIO program experience
Training & consultation services; Conflict Resolution, Diversity Awareness, Dependable Strengths, The Healing Power of Humor, Living Intentionally, Creating Leadership

Lori Denny-Collamer, MSW, LCSW
2020 E. Grand Ave., Suite 418
Laramie, WY 82070
foar.ladc@charter.net
Sylvia Crocker, MS, MA, Ph.D., LPC
2115 E. Hancock, Laramie, Laramie, WY 82072 (307)745-9284
1807 Capitol Avenue, Suite 101B, Cheyenne (307)761-1915
Adults, seniors, families, and couples
Initial Consult $120.00/hour w/insurance, $60.00/hour for initial consultation for students,
Couples $120.00 w/o insurance, group $25.00/hour
Student rates available, Accepts insurance, Reduced fee negotiable
http://www.crockergestalt.com/
crockersf@aol.com
Specialties-Gestalt therapy, couples counseling. Gestalt training workshops available
Growth group, PTSD, chronic illness/disability

Jamie Egolf, M.S.W.
157 North 6th Street
Laramie, WY 82072 (307)745-9662
Jungian Analysis, Gestalt, psycho drama, trauma focusing, and body work

Lou Farley, PhD, LPC
410 Grand Avenue, Suite 307
Laramie, WY 82070 (307)742-8948
Child, adolescent and adult; Individual, family and couples counseling, Organizational Consulting
Initial consultation and individual $105.00, Couples $60.00-$90.00
Accepts all insurance except Tri-care

Gateway Counseling
425 S. 21st St.
Laramie, WY 82070 (307)742-2223
Larry Andrews, Ph.D., LPC, DAC
Diane French, MA, LPC (307) 272-8880
Adult, children, adolescents, seniors; individual, family, couples and groups
All appointments $125.00; Reduced fee available based on income
Most insurance accepted including Tricare and UW Student insurance.
http://www.whitewaterchristian.com/gateway_counseling.htm
gateway@wavecom.net
Christian counseling; Biofeedback; Addiction, Assessment/treatment of Childhood Sexual Abuse (Training by
US Dept. of Health & Human Services, Nat’l Ctr. of Child Abuse & Neglect)

Wendy King, APNP
Snowy Range Health Center
2523 E. Garfield St.
Psychediatric Nurse Practitioner services as well as medical care

Judith Olson, Ph.D.
526 Regency Drive
Laramie, WY 82070 (307)745-8475
Adults, Seniors, Adolescents; Individual, Couples and group psychotherapy
Initial Consultation $140-160.00, Individual $120.00, Couples $140.00, Group $85.00
Accepts all insurance, no reduced fees, Medicare/Medicaid, Accepts UW health insurance
Psychological evaluations (including learning disabilities and ADHD), Marital Therapy, Periodic 8 week groups
for chronic physical illness
Pathways
1465 North 4th Street, Suite 119
Laramie, WY 82072
(307)721-0700
Toll Free (877)721-0700

Families, Individuals, Adults, Children and Adolescents
Medication Management $225.00, Follow Up 20-30 min. $120.00
Counseling-Initial consultation $150.00, Individual $115.00, Couples $150.00, Group $45.00
Insurances accepted, Medicare/Medicaid, UW student insurance

http://www.laramiecounseling.com/

Mental health care: See website for other practitioners & specialties
MIP/DUI education classes, DBT groups, anger management groups
Psychiatric care: Mary Moreno, MD
Jill Lloyd, PMHNP-BC Nancy McGee, PMHNP-BC,

Pendley & Associates, Inc
1277 North 15th St. Laramie, WY 82072
2909 Bent Ave., Cheyenne, WY 82001
(307)742-6222

Adults, seniors, adolescents, children families, and couples
Accepts and files major insurances, Medicare/Medicaid, Fee based on ability to pay

http://www.pendleyandassociates.com/

Mental health care: See website for other practitioners & specialties
EMDR, TIR (Trauma Incident Reduction), Art therapy, Self Hypnosis, Christian Counseling, Psychiatric care:
Caitlin Vasquez, PMHNP-BC, CARN-AP (Certified Addictions)- Beth Romsa, PMHNP-BC

Kelly Petrino, Psy.D.
507 S. 4th St. Suite B
Laramie, WY 82070
(307)460-0781
Dr.kelly.petrino@gmail.com

Frances Price, Ph.D.
1465 North 4th Street, Suite 101
Laramie, WY 82072
(307)745-3668

Child, adolescent and adult; Individual, couples and family
Sport and Exercise psychology, psychological evaluations

Douglas Scambler, Ph.D.
507 South 4th Street, Suite A
Laramie, WY 82070
(307)460-0120
dougscambler@gmail.com

Autism Spectrum Disorders; Psychological Evaluations

Emily Siegel, LCSW
507 South 4th St., Ste B
Laramie, WY 82070
(307)399-4508
emily.siegel.lcsw@gmail.com
http://emilysiegeltherapy.com

Snowy Range Consulting, LLC
Mark J. Watt, Ph.D., J.D.
526 Regency Drive
Laramie, WY 82070
(307)745-5414
Children, Adolescents, Adults, Seniors, Families
Fee-$150.00/hour, Medicaid, Insurances filed
Psychological/Neuropsychological evaluations, Learning disabilities, Forensic Psychology

Seasons Psychiatric Clinic 311 S. 2nd St (307)755-6463
Janet Somlayay, D.NP., PMHNP, PMHS, CPNP-AC/PC Lt. Col, USAF (Ret.) (307)755-mind
Laramie, WY 82070
Psychiatric care for children, adolescents, young adults and families including diagnostic & forensic assessments
Initial evaluation 90 minutes $250.00, Follow-up therapy only 50 min. $150.00, Follow-up Therapy &
Medication Management $200.00, Follow Up 20-30 min. $100.00
Accepts major insurances, Medicaid/Medicare
Has 24 hour on call service
http://www.seasonsclinic.org
info@seasonsclinic.org
Board Certified (BC) Psych Nurse Practitioner (NP) in Child/Family/Adult Psychiatry
BC NP in Primary Care/Acute Care, BC Pediatric NP as a Pediatric Behavioral Health Specialist
Specialty: psychopharmacology/medication management w/prescriptive authority of the above populations, also
for pregnant, lactating or post delivery women with mood disorders, psychotherapy for families, trained in DBT,
Play therapy, military issues, ADHD, school IEP assistance; Psychogenetic testing

Janet Upchurch, LPC 208-490-0635
2020 Grand Ave., Suite 410
Laramie, WY 82070
EMDR; Adults, seniors, adolescents, children; Individual, couples, families
Fee-$150.00/hour for Indiv and couples, Reduced fee available
Inquire related to group availability-$50.00/hour;
Blue Cross/Blue Shield, WinHealth, Medicaid, Inquire related to other insurance

Leah White, APRN, FPMHNP-BC Tel: (307) 460-3278
Trinity Mental Health Fax: (307) 742-9717
504 S. 4th Street
Laramie, WY 82070