

UW ECEC MENU

Monday October 2, 2017

Breakfast	Lunch	Snack
Cereal Apples Milk	Beef Stew Celery Wheat Bread Oranges Milk	PBJ Wrap Milk

Tuesday October 3, 2017

Breakfast	Lunch	Snack
English Muffins w/jelly Oranges Milk	Steak Sandwich Baby Baker Potatoes California Veggies Pears Milk	Ritz Crackers w/Cheese Milk

Wednesday October 4, 2017

Breakfast	Lunch	Snack
Oatmeal Pears Milk	Tacos Cilantro Rice Roasted Corn Applesauce Milk	Cottage Cheese Berries Milk

Thursday October 5, 2017

Breakfast	Lunch	Snack
Cereal Melon Milk	Baked Cod Fresh Broccoli Lemon Rice Apples Milk	Rice Cakes Milk

Friday October 6, 2017

Breakfast	Lunch	Snack
Waffles Fruit Cup Milk	Cajun Chicken Orzo Pasta Tossed Salad Watermelon Slices Milk	Apple Slices w/p.b. Milk