



Sophomore Scholarship Winner



Allison Dolloff

Grade:	Sophomore
Major:	Social Work
Hometown:	Littleton, Colorado
Synergy Classes:	Studies of the Undead
Goal after College	To work with the Peace Core and then as a Social Worker

Excerpt from Essay

Around my sophomore year in high school I became depressed, and allowed myself to self-harm, then when my junior year started my depression faded into anorexia, I struggled to keep going to school, having constant headaches and multiple weak muscles, sometimes it was hard to get out of bed. Finally my senior year I became bulimic and my grades

slipped. I was lacking motivation to do anything, and also gaining the pain of anxiety. It was many of these factors that made me understand the need to go away to school, I needed to become my own person, and make my own decisions. College was one way that I could be in control and do what I needed to do for my own

mental health. I now love going out and being social. UW, my peers and mentors are valuable assets to my continuing education and will always be a part of my personal growth and success.