

Inter-joint Coordination of Jumping in Different Directions

You are invited to participate in the study if:

- Student aged from 18 to 30 years old
- No current musculoskeletal injuries
- No musculoskeletal injuries in the last 6 months
- No conditions of any kind preventing participation in maximal effort sporting activities

You will come to the Corbett Biomechanics Lab (Corbett Building room 160)

- Participants will be assessed in 3 jumping tasks
- 3 jumping tasks include a vertical, horizontal and inclination jump all for max distance
- Participation will be completed in a one hour session



Contact Information

If you are interested in participating, please email Tom Hart

- **Tom Hart**, Graduate Assistant in Motor Behavior Lab, email: thart2@uwyo.edu