

John Stellern
 Department of Professional Studies: Special Education
 University of Wyoming
 1000 East University Avenue
 Laramie, Wyoming 82071
 307-766-6400, 307-745-5925, jstell@uwyo.edu

Education

Ed.D., University of Northern Colorado, School Psychology, Greeley, CO
 School Psychology Certification, California State University, Los Angeles, CA
 M.A., California State University, Counseling, Los Angeles, CA
 Teaching Certification, California State University, Los Angeles, CA
 B.A., Social Science, University of California, Berkeley, CA

Current and Past Memberships

American Psychological Association
 American Board of Professional Psychology
 Council for Exceptional Children
 California Psychological Association
 Wyoming Psychological Association
 Society for Personality Assessment
 Society for Traumatic Stress Studies
 Association for the Advancement of Meridian Energy Techniques
 Association for Comprehensive Energy Psychology
 Society for Clinician Hypnosis

National Awards, Honors, and Current/Past Activities

Outstanding Service Award for the UW College of Education and the Education Profession
 Certified Mediator by the Wyoming Agriculture and Natural Resource Mediation Board
 Diplomat, American Board of Professional Psychology, APA
 Fellow, American Academy of School Psychology, American Board of Professional Psychology, APA
 Licensed psychologist, Wyoming and California
 Certified school counselor and school psychologist, California
 Associate Editor, Teacher Education in Special Education, CEC
 Internal Consultant, USOE, Office of Special Education
 External Consultant, USOE, Office of Special Education
 State Liaison, Division of School Psychology, American Psychological Association,

Professional Experience

Professor of Special Education, University of Wyoming, Laramie, Wyoming, 1976-present
 Previous Coordinator of Special Education, University of Wyoming, Laramie, Wyoming
 Director of Regional Psycho-Educational Assessment and Remedial Clinic, Special Education, COE, UW
 Recipient of USOE Special Education Program Improvement Grants

ABPP post-doctoral study in clinical and forensic psychology. Also post-doctoral study of clinical hypnosis, meditation, biofeedback, and stress management; and, meridian energy techniques

Consultation regarding psycho-educational assessment, counseling, stress management, hypnosis, meditation, energy psychology techniques, behavior management, behavior change models, school-based interventions, and consultation with attorneys regarding forensic issues.

Previous relevant experience

Adjunct Assistant Professor, School Psychology, University of Southern California

Psychologist and Director, Psycho-Educational Assessment and Remedial Clinic, Pasadena City Schools, Ca.

Clinical Psychologist, Weld County, Colorado, Mental Health Center

Adjunct Assistant Professor, Counselor Education, California State University, Los Angeles,

Teacher/Counselor of emotionally disturbed, learning disabled, slow learning, and regular education students, Pasadena, California, City Schools

Clinical/School Psychology intern, California Youth Authority

Publications (since 1980)

Garner, H.L., Bruce, M.A., & Stellern, J. (2011). Adapting Navajo philosophy and the Native American medicine wheel to conduct group counseling with adolescents. *The Journal for Specialists in Group Work*, 36(1), 62-77

Stanbury, S., Bruce, M. A., Jain, S., & Stellern, J. (2009, February 9). The effects of an empathy building program on bullying behavior. *Journal of School Counseling*, 7(2). Retrieved February 9, 2009 from <http://www.jsc.montana.edu/articles/v7n2.pdf>

Jain, S., Bruce, M.A., Stellern, J., & Srivastava, N. (2007, February 9) Self-efficacy as a function of attributional feedback. *Journal of School Counseling* 5(4) retrieved March 3, 2007 from <http://www.jsc.montana.edu/articles/v5n4.pdf>

Bruce, M.A., & Stellern, J. (2005). Building a caring community in teacher education. *The Teacher Educator*, 41(1), 34-53.

Young, S., Bruce, M.A., & Stellern, J. (2003). Disadvantages and Advantages of the Cohort Model in a Counselor Education Program. *Proceedings of the Hawaii International Conference on Education*. ISSN# 1541-5880.

Bruce, M.A., Stellern, J., & Young, S. (2003). Creating a caring community in higher education. *Proceedings of the Hawaii International conference on Education*. ISSN# 1541-5880.

Cossairt, A., Shade, R., & Stellern, J. (1992). Biofeedback applications with behavior disordered/special needs individuals. *CCBD Monograph Series on Severe Behavioral Disorder of Children and Youth*, 15, 267-279.

Cossairt, A., Stellern, J., & Jacobs, J. (1988). Behavioral principles and successful classroom token systems. *Australian Journal of Remedial Education*, 20, (4).

Stellern, J., Collins, J., & Bayne, M. (1987). A dual-task investigation of language-spatial

lateralization. *Journal of Learning Disabilities*, 20, 9, 551-556.

- Stellern, J., Jacobs, J., & Cossairt, A. (1987). The relationship between cognitive mode and test performance of emotionally disturbed students. *Social and Behavioral Sciences*, 4, 261-278.
- Stellern, J., Collins, J., Cossairt, A., & Gutierrez, R. (1986). Interference asymmetry involving concurrent tasks performed by Native American Indian students. *Developmental Neuropsychology*, 2, 3.
- Stellern, J., Collins, J., Gutierrez, R., & Patterson, E. (1986). Hemispheric dominance of Native American students. *Journal of American Indian Education*, 25, 2, 8-17.
- Marlowe, M., Stellern, J., Errera, J., & Moon, C. (1986). Main and interaction effects of metal pollutants on visual-motor performance. *Archives of Environmental Health*, 40, 4, 221-225.
- Marlowe, M., Jacobs, J., Stellern, J., Brunson, M., & Errera, J. (1986). Low level mercury exposure and impaired childhood intelligence. *Journal of Orthomolecular Psychiatry*.
- Marlowe, M., Stellern, J., Jacobs, J., & Errera, J. (1986). Low metal levels and childhood cognitive/behavioral functioning. *Child Development*.
- Jacobs, J., Marlowe, M., Stellern, J., Brunson, M., & Shroeder, C. (1986). Low mercury levels and childhood intelligence. *Journal of Contemporary Psychology*.
- Stellern, J., Marlowe, M., Jacobs, J., & Cossairt, A. (1985). The relationship between cognitive mode and test performance of emotionally disturbed students. *Exceptional People Quarterly*.
- Stellern, J., Marlowe, M., & Cossairt, A. (1985). The relationship between cognitive mode and reading and spelling performance. *Australian Journal of Remedial Education*, 17, 2, 20-23.
- Stellern, J., Marlowe, M., Jacobs, J., & Cossairt, A. (1985). Neurological significance of right hemisphere cognitive mode in behavior disorders. *Behavioral Disorders*, 113-124.
- Moon, C., Marlowe, M., Stellern, J., & Errera, J. (1985). Main and interaction effects of metal pollutants on cognitive/perceptual functioning. *Journal of Learning Disabilities*, 18, 217-221.
- Cossairt, A., Marlowe, M., Jacobs, J., & Stellern, J. (1985). Biofeedback assessment of behavior disordered student stress level and performance with a parent present during academic tasks. *Journal of Child and Adolescent Psychotherapy*, 2, 23-28.
- Jacobs, J., Stellern, J., Marlowe, M., & Cossairt, A. (1984). *Direct Instruction Procedures: Skills in How to Teach*. (Book). School of Extended Studies, University of Wyoming.
- Jacobs, J., Cossairt, A., Stellern, J., & Marlowe, M. (1984). *Principles of Behavior Management for School Personnel*. (Book). School of Extended Studies, University of Wyoming.
- Marlowe, M., Cossairt, A., & Stellern, J. (1984). Decreased magnesium in the hair of autistic children. *Journal of Orthomolecular Psychiatry*, 13, 117-122.

- Cossairt, A., Stellern, J., Jacobs, J., & Marlowe, M. (1984). Observational recording in the classroom. *Australian Journal of Remedial Education*, 16, (1), 7-10.
- Cossairt, A., Stellern, J., Jacobs, J., & Marlowe, M. (1984). Accountability in programming for adolescents with behavior disorders through single subject designs. Monograph in *The Severely Handicapped and Autistic*, Milton (Ed.).
- Cossairt, A., Stellern, J., Jacobs, J., & Marlowe, M. (1984). Observational recording in the classroom: a critique. *Journal of Professional Studies*, 7, 1-9.
- Jacobs, J. & Stellern, J. (1983). *Direct Instruction*. San Juan Capistrano, California: Exceptional Press.
- Stellern, J., Marlowe, M., & Jacobs, J. (1983). The relationship between cognitive mode and right hemisphere test performance. *Journal of Psychoeducational Assessment*, 1, 395-404.
- Stellern, J., Marlowe, M., Cossairt, A., & Errera, J. (1983). Low lead and cadmium levels and childhood visual-perception development. *Perceptual and Motor Skills*, 56, 539-544.
- Marlowe, M., Moon, C., Errera, J., & Stellern, J. (1983). Hair mineral content as a predictor of mental retardation. *Journal of Orthomolecular Psychiatry*, 12, 23-29.
- Marlowe, M., Errera, J., Stellern, J., & Beck, D. (1983). Hair mineral content as a predictor of mental retardation. *Journal of the International Academy of Preventive Medicine*, 6, 41-70.
- Stellern, J., Marlowe, M., and Cossairt, A. (1982). Cognitive mode and classroom behavior. *Psychology in the Schools*, 25, 22-30.
- Stellern, J. (1982). *Diagnostic Prescriptive Teaching*. San Juan Capistrano, California: Exceptional Press.
- Jacobs, J., Cossairt, A., Welch, K., & Stellern, J. (1981). *Introduction to Special Education for the Regular Educator*. (Book). School of Extended Studies, University of Wyoming.
- Jacobs, J., Cossairt, A., Welch, K., & Stellern, J. (1980). *Survey of Special Education*. (Book). School of Extended Studies, University of Wyoming.

Presentations and Creative Activities (Since 1980)

- Stellern, J. "Advanced Training and Presentation of Emotional Freedom Techniques." San Francisco, California. August, 2010.
- Bruce, M.A., Suhaila, K., & Stellern, J. "Calm yourself with self-help strategies" Chi Omega Sorority Members. Laramie, Wyoming. November, 2009.
- Bruce, M.A., & Stellern, J. "Ethics Update" Laramie County School Counselors, Social Workers, and Psychologists Professional development session for Cheyenne Special Services. December 2008.
- Bruce, M.A., & Stellern, J. "Preparing for Final Exams" Chi Omega Sorority Members. Laramie, Wyoming. November, 2008.

- Bruce, M.A., & Stellern, J. "Reduce Your Anxiety and Stress: Use Relaxation Techniques & Raise Your Test Scores" Education Session for Greek Women. Laramie, Wyoming. October 2007.
- Stellern, J. "Mentoring for Individual Differences." Invited Presentation, Wyoming State Foster Grandparents Association, Wyoming, June 2006.
- Bruce, M.A., Jain, S., Lutterman, M., & Stellern, J. "Emotional Intelligence: How Do We Harness It?" Wyoming Counseling Association, Casper, Wyoming, October 2004.
- Bruce, M.A., Bobby, C., & Stellern, J. "CACREP and AASCB: Partners in Public Protection." American Association of State Counseling Boards Annual Conference, Tucson, AZ. January 2002.
- Cossairt, A., & Stellern, J. (2001). "The Art of Setting Limits to Prevent Severe Acting Out Behaviors at School and in the Home." A presentation for teachers, administrators, and parents. Rawlins, Wyoming, November 8, 2001.
- Bruce, M.A., Stellern, J., & Stevens, P. "Looking Ahead to New Standards: What do the years of work and input yield?" Rocky Mountain Counselor Educators and Supervisors Annual Conference. Jackson, Wyoming (October 2000). Position Paper for Presentation.
- Bruce, M.A., Stellern, J., Mance, N., & Lester, C. "Ethics Update". Wyoming Counseling Association Annual Conference, Cheyenne, Wyoming, 1999.
- Stellern, J., & Bruce, M.A. "Building Caring Communities in Higher Education." AACTE Conference: New Orleans, LA, February 1998.
- Bruce, M.A., Stellern, J., & McGriff, D. "Accountability in Counseling Supervision." ACA Conference: Indianapolis, IN, March 1998.
- Stellern, J. (1998). *Counseling Parents of Exceptional Children*. Revised. Textbook/packet for undergraduate and graduate courses on counseling parents. 300 pages.
- Stellern, J. (1997). *Emotional Disturbance*. Textbook for undergraduate and graduate courses in Emotional Disturbance.
- Stellern, J. (1996). *Learning Disabilities*. Textbook for undergraduate and graduate courses in Learning Disabilities.
- Stellern, J. (1995). *Psycho-educational Assessment*. Textbook for undergraduate and graduate courses in assessment.
- Stellern, J. (1994). *Counseling Parents of Exceptional Children*. Textbook for undergraduate course on counseling parents.
- Stellern, J. (1993). *Direct Instruction*. Textbook for undergraduate course in Direct Instruction.
- Stellern, J. (1992). *Diagnostic - Prescriptive Teaching*. Textbook for undergraduate course in Diagnostic - Prescriptive Teaching.
- Cossairt, A., Shade, R., & Stellern, J. The "Blended Teacher" Model. Council for Exceptional Children Convention, Baltimore, Maryland, April 1992.
- Cossairt, A., & Stellern, J. "Technology and Biofeedback: Potential Therapeutic and Research

Applications with Head Trauma Victims.” Tenth Annual National Head Injury Foundation Symposium, Los Angeles, California, December 11-14, 1991.

- Cossairt, A., Shade, R., & Stellern, J. “Biofeedback Assessment of Behaviorally Disordered Students: Stress Levels During Academic Tasks.” Fifteenth Annual Conference on Severe Behavior Disorders of Children and Youth, Tempe, Arizona, November 1991.
- Cossairt, A., & Stellern, J. “Classroom Teachers Making a Difference.” Northern Rocky Mountain Educational Research Association Conference, Jackson, Wyoming, October 4-6, 1991.
- Cossairt, A., & Stellern, J. “Consumer and Staff Satisfaction Measures: Important Prescriptive Program Evaluation Components.” Northern Rocky Mountain Educational Research Association Conference, Jackson, Wyoming, October 4-6, 1991.
- Stellern, J., & Cossairt, A. Regular Education Initiative versus Special Education Initiative. Teacher Education Division of the Council for Exceptional Children Conference, Anchorage, Alaska, November 1990.
- Cossairt, A., & Stellern, J. “The Efficacy of Self-Designated Auditory versus Visual Biofeedback Stress Reduction Modes on Biological Responses.” Northern Rocky Mountain Educational Research Association Conference, Greeley, Colorado, October 4-5, 1990.
- Cossairt, A., Cossairt, C., Jacobs, J., & Stellern, J. “Defining the Essentials of Teaching Through Precise Assessment of Educational Needs.” International Special Education Congress, Cardiff, Wales, United Kingdom, July 29-August 4, 1990.
- Associate Editor, *Teacher Education and Special Education*, CEC, Virginia.
- National Consultant, CEC, Political Action Network, Virginia.
- American Psychological Association, Division of School Psychology, State Liaison Consultant.
- Stellern, J., & Cossairt, A. "Regular Education Initiative versus Special Education Initiative." Presented at the Teacher Education Division of the Council for Exceptional Children Conference, Anchorage, Alaska, 1990.
- Cossairt, A., & Stellern, J. "The Efficacy of Self-Designated Auditory versus Visual Biofeedback Stress Reduction Modes on Biological Responses." Presented at Northern Rocky Mountain Educational Research Association (NRMERA) Conference, Greeley, CO, October 1990.
- Cossairt, A., Jacobs, J., Stellern, J., & Shade, R. "Interfacing Biofeedback Machines and Computers for Research and Educational Purposes in Special Needs Population." Presented at the International Council for Exceptional Children Conference, Toronto, Canada, April 1990.
- Cossairt, A., Cossairt, C., Jacobs, J., & Stellern, J. "Defining the Essentials of Teaching Through Precise Assessment of Educational Needs." Presented at the International Special Education Congress, Cardiff, Wales, United Kingdom; July 29-Aug. 4, 1990.
- Cossairt, A., Jacobs, J., Cossairt, C., Shade, R., and Stellern, J. "Applications, Attributes and Evaluation of Humor in the Classroom." Presented at the Eighth International Conference on Humor, University of Sheffield, Sheffield, England, July 1990.

- Stellern, J. Invited consultant to Park County, Wyoming, superintendent of public schools, regarding evaluation of special education program.
- Stellern, J. (1989). "Life-Style, Stress, the Brain, Cognition, Disease, and Well Being, Part III." Presentation
- Stellern, J. (1989). "Behavior Management Techniques." Presentation
- Stellern, J. (1988). "Stress, the Brain, Cognition, Disease, and Well-Being, Part II." Presentation
- Stellern, J. (1988). "Stress, the Brain, Cognition, Disease, and Well-Being." Northern Rocky Mountain Educational Research Association, October 1988.
- Contributing Editor, National Rural and Small Schools Consortium, Bellingham, Washington.
- Invited paper, "A Functional Alternative to Inservice Training." ACRES, Tucson, Arizona, 1986.
- Invited paper, "Left Hemisphere vs. Right Hemisphere: so what?" The Human Brain: Cognition in Education Conference, Rapid City, South Dakota, 1986.
- Invited paper, "Rural Inservice Training." CEC Convention, Alexandria, Virginia, 1985.
- "Native American Indians and Right Hemisphere Dominance." Presented at the Northern Rocky Mountain Educational Research Association, Jackson, Wyoming, 1985.
- "Quality Inservice Training for Rural Educators: A Functional Alternative." Presented at the National Association for Rural Special Education, Bellingham, Washington, February 1985.
- Conference presentation at the International Conference on LD, Direct Instruction, New Orleans, Louisiana, Fall 1985.
- Invited speaker/participant: "Direct Instruction Techniques for Consultation and Management Efficiency." Eagle School District, Eagle, Colorado, February 1984.
- Invited speaker/participant: "Behavior Management through Consultation." Eagle School District, Eagle, Colorado, March 1984.
- "Teaching Proficiency in the Classroom: Integrating What to Teach, How to Teach, and How to Manage Behavior." Invited presenter, Fifth Annual Montana symposium on Early Education and the Exceptional Child, Billings, Montana, April 11-13, 1984.
- "The Attitudes of Rural Special and Regular Education Teachers Toward Special Education Delivery Modes." Presented at the Council for Exceptional Children's Teacher Education Division Conference, Las Vegas, Nevada, October 1984.
- The Relationship Between Hemisphere Dominance and Learning and Behavior Problems." Presented at the Northern Rocky Mountain Education Research Association (NRMERA), Jackson, Wyoming, October 1984.
- "A Generic Direct Instructional Approach to Self-Help Skill Training: A Planning Model Based on Learner Information." Presented at the State Conference for Early Childhood Education and the Exceptional Child, Billings, Montana, April 29, 1983.

- Invited member, State Manpower Survey Team, State Department of Public Instruction, Office of Exceptional Children, Cheyenne, Wyoming, 1983.
- Consultant to State Department of Public Instruction. Intellectual and Social Testing, ages birth to 5 years. Office of Exceptional Children, State Department of Education, Cheyenne, Wyoming, 1983.
- Invited speaker, Wyoming CEC Conference, 1982.
- Co-Director of the State Council for Exceptional Children and State Department of Education Special Education and Preschool Programs Conference, Laramie, Wyoming, February 1981.
- Invited consultant to Alta Vista Elementary School, Laramie County School District #1, Cheyenne, Wyoming, 1981.
- Invited consultant to Laramie County School District #1, Cheyenne Schools: Program Development in Special Education, 1981.
- Invited to conduct local education association compliance evaluation relative to state rules and regulations for the State Department of Education, Cheyenne, Wyoming, 1981.
- Consultant to Special Education Division, Pine Bluffs Schools, Pine Bluffs, Wyoming, 1981.
- Consultant to the State Department of Education, Cheyenne, Wyoming; State monitoring of local education agencies, 1980.
- Consultant to Special Education Division, Green River Schools, Green River, Wyoming, 1980.
- Invited speaker, Wyoming State ACLD Conference, 1980.
- Invited speaker, Wyoming CEC Conference, 1980.
- Invited participant, CEC standards, San Francisco, California, 1980.
- Consultant, Pre-School Special Education Programs, SDE, Cheyenne, Wyoming, 1980.
- Speaker, Oklahoma ACLD, Oklahoma City, 1980.
- Presenter, Topical CEC Conference, Los Angeles, California, 1980.
- Consultant, Worland, Wyoming Schools, 1980.
- Presenter, CEC Conference, Pennsylvania, 1980.
- Psychologist, Developmental Disability Team, Division of Mental Health; State Department of Health and Social Services, Cheyenne, Wyoming, 1975-1981.
- Invited participant, American Society of Clinical Hypnosis, Denver, Colorado.
- Consultation in Illinois, Texas, Florida, Canada, and North Carolina regarding the relationship between right hemisphere dominance and learning/behavior problems.
- Consultation with Rural Special Education Network Resource Exchange, Western Washington University, Bellingham.

Consultant with Nevada Rural School District Alliance, Reno, Nevada.

State Coordinator for the National Association for Children with Learning Disabilities.

Funded Personal Research and Development Grants

Bruce, M.A., & Stellern, J. (1998). "An Opportunity to Improve Teaching and Learning: Creating a Caring Classroom Community." UW Center for Teaching Excellence. Awarded \$827.00.

Cossairt, A., Shade, R., & Stellern, J. Grant proposal submitted May 1990, Pro-American Foundation: Alternative delivery for Pre-service Special Education Preparation.

Cossairt, A., Shade, R., & Stellern, J. Grant proposal submitted May 1990, Apple Computer: Stress Reduction and "Computer Fear" in Adult Re-entry Students.

Cossairt, A., Shade, R., & Stellern, J. Grant proposal submitted May 1990, Hearst Foundation: Stress Reduction and "Computer Fear" in Adult Re-entry Students.

Shade, R., Cossairt, A., & Stellern, J. Successfully wrote and had funded/approved an in-college grant for continuation of a graduate assistant, 1990.

Shade, R., Cossairt, A., & Stellern, J. Successfully wrote and had funded/approved an in-college grant for a Macintosh SE computer and printer, 1990.

U.S. Office of Education Program Assistance Grants, 1970-1982.

Community Service

International

Association for the Advancement of Meridian Energy Techniques, Practitioner

College and Department

Chair of Advisory Council for Graduate Education, 2010-2011

Search Committee for Endowed Chair in Literacy, 2010-2011

Search Committee for Director of Teacher Education

Search Committee for Department of Special Education

Graduate Advisory Committee

Tenure and Promotion Committee

Graduate Admissions Committee

Committee to Examine Degree Programs

Curriculum Committee

Program Development Committee

Undergraduate Advisory Committee

University

University Student Appeals Committee, Member

Faculty Arbitration Panel

Graduate Advisory Committee, Member

Tenure and Promotion Committee

Athletics Committee

Hearing Committee for Faculty Grievances

Faculty Senate

Campus Planning Committee

State

Appointed Member, Wyoming State Department of Special Education, Response to Intervention (RTI) Committee
Appointed Member, Wyoming State Department of Special Education, Positive Behavior Interventions and Support (PBIS) Committee
Certified Mediator, Wyoming Agriculture and Natural Resource Mediation Board
Wyoming Delegate to International Council for Exceptional Children
Wyoming SDE Committee on Testing in the Schools
Psychological consultant to Wyoming State Department of Mental Health and Mental Retardation