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Campus Recreation Information

Core Mission & Goals

Mission Statement: To promote a holistic approach to a healthy campus through quality recreation and wellness programs and facilities.

Vision Statement: To be an innovative and nationally recognized leader in advancing recreation, wellness, and student development within collegiate recreation.

Departmental Goals/Objectives:
1. Enhance the quality of life on campus through excellent programs and facilities, advancing recruitment, retention, and completion initiatives of the University.
2. Collaborate with academic departments to promote student learning inside and outside of the classroom.
3. Develop health awareness, a sense of belonging, and a lifelong appreciation for wellness and recreation activities.
4. Strive to create an environment where students can advance their personal growth, and career development through various leadership opportunities.
5. Offer a variety of experiences and activities that appeal to a diverse campus community and support the achievement of their personal fitness and wellness goals.

Guiding Principles:
1. Exceptional customer service.
2. Student engagement, and leadership opportunities.
3. A safe and welcoming environment for all members of the campus community.
4. Collaboration with campus and community groups.
5. Research-based best practices for wellness education, recreation programs, equipment, and services.

Campus Recreation Values in Action
1. Responsibility: Campus Recreation supports students by providing engagement and leadership opportunities that promote student responsibility and continued learning outside of the classroom setting.
2. Community: Campus Recreation enhances the quality of life on campus by promoting a holistic approach to a healthy campus through creating a safe, welcoming, and inclusive environment for members of the campus community.
3. Respect: Campus Recreation offers a variety of experiences and activities that appeal to a diverse campus community and support the achievement of their personal fitness and wellness goals. Campus Recreation provides a positive and supportive community environment, rooted in best practices, where there is something for everyone.
4. **Integrity**: Campus Recreation creates opportunities for student development, employment and engagement that allows students to practice the values of honesty, honor, and respect for the truth in all their actions.

5. **Social Consciousness**: Campus Recreation strives to develop health awareness, a sense of belonging, and a lifelong appreciation for wellness and recreation activities. We collaborate with campus and community partners to encourage positive behavior, end stigma, be culturally aware and challenge those whose actions may be harmful to and/or diminish the worth of others.

**Land Acknowledgement**

“We collectively acknowledge that the University of Wyoming occupies the ancestral and traditional lands of the Cheyenne, Arapaho, Crow, and Shoshone Indigenous peoples along with other Native tribes who call the Great Basin and Rocky Mountain region home. We recognize, support, and advocate alongside Indigenous individuals and communities who live here now, and with those forcibly removed from their Homelands.” – ASUW Senate Bill #2699

**Membership**

Membership is required to use UW’s recreational facilities. Membership privileges include use of all activity areas in Half Acre Recreation and Wellness Center, and use of Corbett Pool and Gym during scheduled hours. Members must present a valid WyoOne ID or other active Campus Recreation issued pass to enter Campus Recreation facilities.

**Membership Eligibility**

Currently enrolled fee paying (full-time and part-time) University of Wyoming students receive an automatic membership to Half Acre. They must show their WyoOne ID to access the facility and to participate in programs and events offered by Campus Recreation.

Non-fee paying (full-time and part-time) students may pay the Optional Student Fee Package with the Registrar’s Office or the semester membership at Half Acre ($117.60) to access Campus Recreation facilities and to participate in programs and events offered by Campus Recreation.

Faculty, staff, employees, and cooperating agency employees may purchase a membership at Half Acre by presenting their WyoOne ID.

Spouses are eligible to purchase access with a current WyoOne ID obtained from the UW ID Office ($25). The UW employee, student or cooperating agency employee is required to be present at the time of membership enrollment and purchase.

Dependents aged 5-19 (if they have not graduated high school) of UW students and employees are eligible to purchase a membership by presenting a current WyoOne ID ($25). The UW student or employee is required to be present at the time of membership enrollment and purchase.
University of Wyoming Board Retired employees may obtain membership by presenting their WyoOne ID with the Board Retired designation on it. There is no charge for facility access for Board Retirees; however, locker rentals have additional fees. Board Retiree spouses are eligible to purchase access (at the current employee spouse rate) with a current WyoOne ID. The UW Board Retired employee is required to be present with the spouse at the time of purchase.

Guests with a photo ID may use Half Acre for the current daily guest pass rate, they must be sponsored by a UW community member with a valid WyoOne ID. UW students, faculty, staff, employees, and cooperating agency employees may sponsor themselves for a daily guest pass.

**Campus Recreation Member Services**

**Towel Service**
Free towel service is available at Half Acre Recreation and Wellness Center during building hours and at Corbett Pool during scheduled pool hours.

**Equipment Checkout**
Day-use recreation equipment may be checked out with a WyoOne ID or other active Campus Recreation pass during Half Acre building hours. Users are responsible for all equipment and must reimburse Campus Recreation for any lost or damaged equipment.

**Lost & Found**
Lost & Found items, if returned to the Front Desk will be kept for one month. Campus Recreation is not responsible for lost or stolen items.

**Lockers**
Personal locks are only for lockers designated as ‘Day-Use’. *Personal locks left on lockers overnight will be cut off.*

DigiLockers are available free of charge for day-use on all floors of Half Acre. *Personal items left in DigiLockers will be cleared out and place in Lost & Found.*

Lockers are available for rent at Half Acre and are assigned on a first come, first serve basis during hours of operation. Campus Recreation will provide a combination lock that is assigned to each locker. Personal locks on rented lockers are not permitted. Lockers are not eligible to be transferred from one person to another.

Student lockers will be cleared at the end of the rental term. Locker contents will be kept in storage according to the following schedule:
- May expiration will be held until September.
- August expiration will be held until October.
- December expiration will be held until March.
After these time periods have lapsed, items will be disposed of according to university policy. To retrieve your personal items cleared by Campus Recreation, go to the Front Desk with your WyoOne ID or another form of photo ID.

Lockers rented to all other members will be cleared after the end of the rental term. Locker contents will be kept in storage according to the following schedule:
- 6-month locker rentals will expire 6 months to the date of purchase, contents will be cleared 14 days after expiration.
- Annual locker rentals will expire 1 year to the day of purchase, contents will be cleared 14 days after expiration.

After these lockers are cleared, contents will be held for 45 days. After this period ends, items will be disposed of according to the university policy. To retrieve your personal items cleared by Campus Recreation, go to the Front Desk with your WyoOne ID or another form of photo ID.

Campus Recreation is not responsible for theft. It is recommended that you do not leave items of value, such as jewelry, wallets, phones, other electronic devices, and/or credit cards in an unsecure locker. **Don’t forget to lock your locker.

**Campus Recreation Policies**

Campus Recreation policies are designed for protection of patrons, employees, and facilities. All policies are approved by the Campus Recreation Advisory Board after consultation with other relevant campus partners. In addition to the specific Campus Recreation Policies and Procedures listed here, all current UW Regulations, and Board of Trustee and Presidential Directives are also observed. Any proposed change or addition to Campus Recreation policies can be submitted to the Campus Recreation Assistant Director of Operations who will present the request to the Campus Recreation Advisory Board for review.

**General Facility Policies**

- Accidents and injuries can and do occur during sport, recreation, and fitness activities. Additionally, participating in sports and recreational activities increases the likelihood of contracting COVID-19 as well as other contagions. Notice is hereby giving that the University of Wyoming is not responsible for accidents, injuries, and/or illness that may occur while on and/or during the use of University of Wyoming property, nor is the University of Wyoming responsible for any costs or expenses incurred as a result of any accident and/or injury that may occur on University of Wyoming property. Users understand and agree that their use of University of Wyoming facilities and/or services is at their own risk.
- Campus Recreation facilities are controlled access facilities, no one will be permitted into activity areas without a valid WyoOne ID, or other active Campus Recreation pass.
All Campus Recreation members are given 3 No ID opportunities per semester. These can be used for facility access and/or Intramural program check-in. Once the 3 No IDs are used members must pay a $7 day fee to access the facility or participate in Intramural programming.

User of another individuals WyoOne ID is a violation of the University of Wyoming Student Code of Conduct (reference Section V, Offenses Against Property). If a WyoOne ID is presented to Campus Recreation staff by someone other than the cardholder, the WyoOne ID will be confiscated, and the following will occur:

- First Offense: the cardholder will be given a written notice via email that a violation to the University of Wyoming Student Code of Conduct has occurred. The cardholder will be required to setup a meeting with the Assistant Director of Operations to discuss the violation. Access to Campus Recreation facilities and programs will be restricted until the meeting occurs.

- Second Offense: the cardholder will be contacted via email regarding the repeat violation, and the WyoOne ID will be destroyed. A meeting with the Assistant Director of Operations and/or the Director of Campus Recreation must be scheduled. Access to Campus Recreation facilities and programs will be restricted until this meeting occurs. The cardholder is responsible for replacing their WyoOne ID at cost through the WyoOne ID office.

- Third Offense: the cardholder will lose all access and privileges associated with Campus Recreation membership.

Acceptable rules of conduct must be observed at all times by all members.

Users of facilities are subject to the immediate removal from the facility for interfering with employee duties or engaging in disorderly conduct including the use of foul language, verbal abuse, and threatened or actual physical abuse of employee(s) and/or other patron(s).

Individuals who are removed from Campus Recreation facilities or programs may have their access suspended and will be required to meet with the Director of Campus Recreation or designated staff before a possible reinstatement of facility and program access. This meeting must be arranged in advance, and will occur during regular business hours, 8am-5pm, Monday through Friday.

Campus Recreation may also refer to the Dean of Students Office or the University of Wyoming Police Department in cases of possible criminal activity in violations of the Student Code of Conduct for further investigation and discipline. In cases where those outside sources are utilized, report completion or further investigation may delay the process.

Displaying or affixing flyers, stickers, and/or other personal or organizational items to Campus Recreation facilities and property is prohibited.

Clothing and shoes appropriate for the respective activity are required for health and safety reasons. Street clothes and shoes are not permitted in any activity area; cut off pants are not permitted in the pool. Clothing should not be abrasive or contain fasteners or other mechanisms that may cut, scrape, bruise, etc. oneself or others or equipment.
- Cheerleading/stunting is not allowed in any area of Half Acre or Corbett Gym unless part of a sanctioned event.
- Hanging upside down from exercise machines, bars, etc. (including the use of inversion boots) is not allowed in Campus Recreation facilities.
- Food and drinks are permitted only in the main lounge area on the first floor. Water and sports drinks in sealed plastic or metal containers are permitted in all areas.
- Pets are not permitted in university buildings or on city playing fields, unless utilized as a guide or assistant for people with disabilities.
- Soliciting or selling products in Half Acre is not permitted except by Campus Recreation.
- Hitting, punching, sparring, or wrestling are not allowed in Campus Recreation facilities.
- The use of hand wraps is required while using boxing equipment. All bags (heavy and speed) must be cleaned after use.
- The use of combative weapons is prohibited in Campus Recreation facilities.
- University of Wyoming employees, students, and members of the general public are prohibited from operating, using or storing bicycles, motorcycles, mopeds, scooters, skateboards, roller skates, or other similar devices in a University of Wyoming building. Half Acre provides a skateboard rack in the main lobby for day-use storage while patrons are using the facility. Bicycles can be brought into the Outdoor Program area for maintenance through the East Outdoor Program entrance.
- Situations and circumstances beyond the scope of this handbook will be addressed and resolved by Campus Recreation full-time staff in consultation with the appropriate campus partners.

**Alcohol/Drug/Tobacco Policy**
No alcohol, drugs, or tobacco products are allowed in University of Wyoming buildings, or at Rec Sports/City of Laramie fields. Campus Recreation staff reserves the right to remove participants or spectators suspected of being under the influence of drugs or alcohol from the area of activity.

**Spectator Policy**
Spectators and guests are allowed to enter the facility to watch/observe Intramural and Club Sport events free of charge but must check-in at the Front Desk to receive a spectator pass. Spectators and guests are not allowed to participate in play or utilize Campus Recreation equipment.

All spectators must remain on the south end Historic Gym or watch from the Bridge on the 3rd Floor. Children under the age of 18 will be allowed to watch an Intramural Event in Historic Gym under the following conditions:
- An adult who is not participating in the event must stay with the child at all times.
- Children under 5 must remain in the gym; they are not allowed on the track unless the child is in a stroller or carrier.
Activities in the MAC Gym can be observed from the observation windows on the 2\textsuperscript{nd} and 3\textsuperscript{rd} Floors.

In the Half Acre Pool, spectators must stay in the designated seating area while watching pool events.

There is a small seating area available in the Climbing Wall for spectators. Climbing Wall activities can be viewed from the observation windows on the 2\textsuperscript{nd} and 3\textsuperscript{rd} Floors.

Any Intramural or Club Sport spectator or guest who are suspected of or are actively participating in the event or using Campus Recreation equipment will be asked to leave or pay the $7 daily guest pass fee.

**Guest Pass Policy**

Guests with a photo ID may use Half Acre for the current daily guest pass rate, they must be sponsored by a UW community member with a valid WyoOne ID. UW students, employees, appointed employees, and Cooperating Agency Employees may sponsor individuals for a daily or multi-visit guest pass. Sponsors should be aware that they are responsible for guests’ actions/behaviors while in recreation facilities. Responsibilities include litigation as a result of accident or injury incurred in recreational facilities, and or loss of facility privileges in the event of behavior problems in violation of established facility policies. Guest pass holders are not eligible to sponsor other guests.

UW students, faculty, and staff without facility access may sponsor themselves for daily and multi-visit guest passes on their WyoOne IDs.

Guest passes must be purchased for each visitor accessing recreation facilities. Daily and multi-visit guest passes are only available for purchase at Half Acre. Purchasing a guest pass requires the following:

- The guest must be with an eligible sponsor at time of purchase.
- The sponsor must present their WyoOne ID.
- The guest must show a government issued photo ID with date of birth listed.

UW students, faculty, and staff may sponsor and unlimited number of adult guests but are limited to four (4) guest passes for children 19 years or younger (who have not graduated high school) per adult per visit.

Campus Recreation student employees are not eligible to sponsor non-university individuals for daily or multi-visit guest passes while on duty.
Guests under the age of 19 who have not graduated high school will only have access to recreation facilities during designated Family and Dependent Hours with a sponsor.

Guest pass holders using Half Acre or Corbett may check out equipment; they must present their guest pass receipt or multi-visit guest card at the Equipment Rental Desk.

**Service and Assistance Animals for Individuals with Disabilities at UW**
The University of Wyoming is committed to compliance with Section 504 of the Rehabilitation Act of 1973, and with the Americans with Disabilities Act (ADA) and its amendments. Individuals with disabilities shall be permitted to be accompanied by their service animal in all University areas where members of the public, participant in services, programs or activities, or invitees are allowed to go.

The University of Wyoming will determine, on a case-by-case basis, and in accordance with applicable laws and regulations, whether individual requests for assistance animals are a reasonable accommodation.

**Photo Policy**
To protect the privacy of Campus Recreation patrons and staff, personal photography or videography by camera, smartphone, tablet, or any other method is not permitted within Campus Recreation facilities.

Prior approval by Campus Recreation full-time staff must be granted for any type of photography or videography to be conducted in Campus Recreation facilities. The following approvals will be needed:
1. Models willing to pose for the photoshoot with signed University of Wyoming Model Release forms.
2. Suitable location for the photoshoot.
3. Appropriate time for the photoshoot.

**Survey Policy**
No survey, other than those conducted by or approved by Campus Recreation will be permitted in and/or at Campus Recreation facilities.

**Patron Information Policy**
Requests for information regarding Campus Recreation patrons should be submitted in writing to the Director of Campus Recreation. The Director will contact the interested party with a resolution on each individual request after consultation with relevant campus partners.
Inclusion Policy
It is the policy of the University of Wyoming to provide equal access to restroom, locker room, or changing facilities to all members of our community. Individuals are able to use University of Wyoming restrooms, locker rooms, or changing facilities in accordance with their gender identity. In addition, within the Half Acre Recreation and Wellness Center, there is gender neutral Express Locker area available on the first floor, as well as four single-use family/gender neutral restrooms on each of the second and third floors.

Collection Drive Policy
Recognized Student Organizations, UW departments, and UW Faculty/Staff organizations may request permission to place a collection box in the Wellness Center at Half Acre by emailing lnewlin@uwyo.edu. The request must be submitted two weeks prior to the beginning of the collection drive and include the following information:

- Name of the sponsoring RSO or department
- Contact name, email, and phone number
- Beginning and end dates of drive (2 weeks maximum)
- Purpose of the drive, and items to be collected

Only one organization may conduct a collection drive at any one time. Collection boxes/bins (provided by the organization) will be accepted for up to 2 weeks at a time and must be picked up promptly at the end of the scheduled time. Collection bins should be no larger than 14”x18” in size due to limited space. The organization is responsible for publicizing the drive through the Campus Poster Run and providing appropriate labels and contact information on the collection boxes/bins. If donated items are not picked up on agreed upon date, they will be giving to a local charity. We cannot accept collection boxes for money, only goods. Campus Recreation reserves the right to deny and collection drives that do not contribute to the mission of Campus Recreation and/or the University of Wyoming.

Cardio & Weightroom Policies
- All personal items should be placed in an available locker.
  - Small drawstring lifting bags will be permitted in weight room, clear of walkways, except in the dumbbell area.
- Food and drinks are permitted only in the main lounge area. Water and sports drinks in sealable plastic or metal containers are permitted in all areas.
- For your safety, appropriate athletic attire is required, including:
  - Close-toed, rubber soled athletic shoes.
  - Clothes free of buttons, rivets, and/or metal zippers
  - Tops must be worn at all times.
- All weight equipment must remain in the designated weight area.
- Please return all equipment to the appropriate location after use.
- Collars or clips are to be utilized with all free weight bars.
- Spotters are strongly encouraged when lifting weights; Campus Recreation staff are not permitted to spot.
- Overhead lifting is only permitted in the power racks or while seated.
- Snatch lifts are not permitted, including but not limited to the use of kettlebells and barbells.
- Patrons are expected to always control their weights during their workout. Weights with bumper plate may be dropped from waist level on the Steamboat weight platforms only. Weights should not be dropped in any area unless necessary for safety purposes.
- Standing or jumping on exercise balls is prohibited.
- As a courtesy to other patrons, please limit workouts on cardio equipment to 30 minutes when others are waiting.
- Hanging upside down from any equipment is not permitted.
- Please report any maintenance or repair needs to the cardio or weight equipment to Campus Recreation staff.

**MAC & Historic Gym Policies**

- All personal items should be placed in an available cubby or DigiLocker outside the gyms. Items must remain off the baseline and emergency egress spaces.
- Food and drinks are permitted only in the main lounge area. Water and sports drinks in sealable plastic or metal containers are permitted in all areas.
- Non-marking rubber soled close-toed shoes are required.
- Hanging on the rims and nets is not permitted.
- When a volleyball net is setup on the northmost court in Historic Gym, volleyball will take priority on that court.
- Intramural events, and Friday night badminton will have priority in Historic Gym from 6pm to close.
  - A volleyball net will not be made available during these events.
  - Badminton has priority on all 3 courts on Fridays from 6pm – close during the academic year, and Fridays from 5pm-close during the summer and other breaks.
- Campus Recreation has a challenge rule in place for court use by basketball and volleyball players.
  - If a group of at least 12 volleyball players wishes to play, and there are less than 10 basketball players occupying the court, the court will be made available for volleyball. Basketball will be allowed to finish their game to 11, win by 2 points.
  - If there are 2 or more teams of volleyball who wish to play on a court, teams must alternate their play. Games to 25, using rally scoring, winning teams stays on the court.
  - The challenging team has 1 hour to play once they gain the court. After 1 hour, if there are more than 10 basketball players waiting, basketball will regain priority. If there are 10 or less basketball players waiting, volleyball will be allowed to continue play until 10 or more basketball players wish to play.
- Additional nets for volleyball, badminton, or pickleball will not be setup with less than 45 minutes to the facility closing.
- Campus Recreation staff is responsible for setup and teardown of all court equipment for drop-in recreation. Only authorized personnel are permitted to adjust court equipment. Please visit the Front Desk on the 1st Floor to request alternative equipment setups.
- Please report any damage or maintenance issues to the Front Desk on the 1st Floor.

Racquetball/Handball/Squash Court Policies
- All personal items should be placed in an available DigiLocker outside of the court.
- Non-marking, closed toe athletic shoes are required.
- Protective eyewear is strongly recommended.
- Purposely striking racquets against walls, doors, or floors is prohibited.
- As a courtesy to other patrons, please limit play to one (1) hour when others are waiting.
- Campus Recreation staff is responsible for setup and teardown of all court equipment. Only authorized personnel are permitted to adjust court equipment. Please visit the Front Desk on the 1st Floor to request an alternative equipment setup.
- Please report any damage or maintenance issues to the Front Desk on the 1st Floor.

Indoor Track Policies & Etiquette
- Practice common courtesy to other runners and walkers using the indoor track.
- For safety purposes, run or walk only in the direction the provided signage indicates.
- Running or walking side-by-side is permitted only when the track is not busy.
- The innermost lane is for walking only, the second innermost lane is for walking or running, and the outer 2 lanes are for running only.
- Dependents under the age of 5 are permitted on the track but must be in a stroller or carrier at all times.

Climbing Wall Policies
- All personal items should be placed on an available cubby inside the Climbing Wall facility, or in a DigiLocker located on the 1st Floor.
- Food and drink are only permitted in the main lounge area. Water and sports drinks in sealable plastic or metal container are permitted in all areas.
- Top Rope and Lead Climbing may only occur during supervised Climbing Wall hours.
- Climbing equipment, including but not limited to harnesses, carabiners, belay devices, ropes and slings but be UIAA and/or CE approved, and in a safe working condition free of excessive wear and abuse.
- Loose chalk is not allowed. Liquid chalk is available throughout the Climbing Wall facility. Chalk balls are available for purchase.
- Climbing on any surface that is not Climbing Wall surface is prohibited.
- Climbers are not allowed to walk or climb barefoot. Shirts are required at all times.
- Only Campus Recreation Climbing Wall staff may change, modify, or adjust climbing holds, routes, and boulder problems.
- Only Campus Recreation Climbing Wall staff are allowed to instruct any and all skills training in the Climbing Facility.
- Climbing Wall staff and/or Half Acre staff reserve the right to intervene if they feel an individual’s climbing activities are unsafe.
- Failure to comply with any policies could result in removal from the Climbing Wall or revoking of user privileges.

**Top-Rope & Lead Climb Policies**

- All Top-Rope and Lead Climb climbers must pass either an annual skills test or successfully complete an introductory Climbing Wall Clinic.
- Climbers must use ropes directly above the route they intend to climb to avoid unnecessary swing (pendulum).
- Climbing above the Top-Rope anchor points is prohibited.
- Hip belays, munter-hitch belays, and using a Figure 8 device are prohibited.
- All knots, belay devices and harnesses will be inspected by the climber and belayer before any climbing commences.
- Harnesses, belay devices, and helmets are available for checkout during Top-Rope hours for free.
- Ropes will be attached to the harness using only a figure-eight tie-in knot in addition to having a safety knot or at least six (6) inches of tail to the knot.
- Climbing commands must be used at all times.
- Belayers must remain standing while belaying.
- No loose hair, jewelry, or loose clothing is allowed, and must be kept away from the ropes and belay devices at all times.
- Do not adjust knots, belay devices, or harness while climbing.

**Bouldering Policies**

- All Bouldering on the tower and Top-Rope wall shall not exceed the 12ft. mark as indicated by the painted horizontal line.
- Climbers are not allowed on top of the Bouldering Wall.
- Down climbing is recommended upon completion of bouldering problems.
- Top-Rope and Lead Climb activities have priority on the Tower and Top-Rope teaching area during supervised hours.
- Spotting is strongly encouraged for all bouldering activities.
- Do not boulder, traverse, or stand under other climbers.
- While bouldering, be aware of other wall users, both climbers and bystanders.
Aquatics Facility Policies
- Appropriate dress is required for personal safety and equipment maintenance reasons. Appropriate dress for the pool includes:
  - Swim wear.
  - Clothes free of buttons, rivets, or metal zippers.
- Food and drinks are permitted only in the main lounge area. Water and sports drinks in sealable plastic or metal containers are permitted in all areas.
- Children who are not toilet trained, must wear swim diapers.
- Please walk on deck and in the shower, tile may be slippery when wet.
- Shower in the locker room areas before entering the pool or hot tub.
- Play safely, dunking, shoving, or other horseplay may cause accidents, and are not permitted.
- Diving in the shallow end is dangerous and is prohibited.
- Dependents must be directly supervised by an adult at all times.
- An adult must be in the water within reach of non-swimming children or those using flotation devices.
- Anyone entering the deep end may be asked to swim one length of the pool without touching the side, lane lines, or bottom to prove swimming ability.
- Lane lines are dividers and should only be used as flotation devices in an emergency.
- Hyperventilation or the holding of one’s breath underwater for an extended period of time can be extremely dangerous and is therefore prohibited.
- Half Acre Pool distances:
  - 1 Length (end-to-end) = 25 yards.
  - 1 Lap (down and back) = 50 yards.
  - 4 Lengths = 100 yards.
  - 2 Laps = 100 yards.
  - 20 Lengths = 500 yards.
  - 10 Laps = 500 yards.
  - 72 Lengths = 1 mile.
  - 36 Laps = 1 mile.

Diving Policies (Corbett Only)
- Diving is allowed on the outer 1-meter, and 3-meter boards only. Use of the platforms or starting blocks is not allowed.
- Only one person on the diving board at a time.
- Diving is hazardous for swimmers. Swim to the closest side of the pool immediately after diving.
- Jump off the board only after the previous person reaches the wall. Swimming under the board is hazardous.
- Only one bounce on the board.
- Jump straight off the diving board.
- Catching children jumping off the diving board is prohibited.
- Handstands and sailor dives (headfirst, hands at side) are dangerous and prohibited.
- Diving in which the head rotates back towards the board (such as inwards and gainers, or reverses) are strictly prohibited.
- Children must be able to swim the length of the pool without assistance to be eligible to use the diving boards.
- Diving blocks are not available for use during recreation swim times.
- Use of the showers under the diving boards is restricted.

Pool Etiquette
- Practice common courtesy to other swimmers using the pool.
- All lane swim patterns are counterclockwise.
- Swim to the outside of the lane to allow for passing in the middle.
- To pass, tap the foot of the person in front of you, and then proceed.
- If a swimmer is directly behind you when nearing the wall, pause and allow them to pass.

Hot Tub Policies
- Appropriate dress is required for personal safety and equipment maintenance reasons. Appropriate dress for the hot tub includes:
  - Swim wear.
  - Clothes free of buttons, rivets, and metal zippers.
- Dependents 16 years and older may use the hot tub only when accompanied by an adult.
- Food and drinks are permitted only in the main lounge area. Water and sports drinks in sealable plastic and metal containers are permitted in all areas.
- Flotation devices, including swim noodles, are prohibited in the spa.
- Showers are required before entering the pool/hot tub area.
- The maximum number of hot tub users is 15 and must not be exceeded at any time.
- Exit the hot tub immediately if uncomfortable, dizzy, or lightheaded. Staying too long in a heated area will cause the body to overheat.
- Elderly persons, pregnant women, or anyone under a physician’s care and those suffering from heart disease, diabetes, high or low blood pressure and other health problems should not enter the hot tub without prior medical consultation or permission from their doctor.
- Do not use the hot tub under the influence of alcohol, anticoagulants, antihistamines, vasoconstrictors, stimulants, hypnotics, narcotics, tranquilizers, or other drugs that cause sleepiness, drowsiness, or raise or lower blood pressure.
- Patrons should not submerge their heads in the spa due to the extreme water temperature.
- Prolonged exposure to high temperatures may result in nausea, dizziness, and fainting. Reasonable use time is 10 minutes, and it is recommended to not exceed 20 minutes.
UW Family & Dependent Recreation

Dependents who are accompanied by a parent or adult sponsor are eligible to access recreation facilities during Family Recreation Hours (see the Campus Recreation website or stop by the Front Desk for current Family Recreation Hours).

Dependent Hours
Dependents are allowed in Half Acre with adult supervision during the following times:
- Fridays after 3pm.
- Saturdays and Sundays during regular facility hours.
- During University breaks, and summer session.

Access Guidelines for Dependents at Half Acre & Corbett
- An adult sponsor must be accessible in the facility to supervise and advise on medical treatment – if needed.
- Dependents age 5-19 years of age (who have not graduated high school), are required to have a WyoOne ID. This card can be obtained from the WyoOne ID Office on the 1st Floor of the Information Technology Building for a fee ($25).
- Dependents age 5 or older must use the appropriate locker room or utilize the Gender-Neutral Express Locker Room areas on the 1st Floor or the Gender-Neutral Restrooms on the 2nd and 3rd Floors.
- Dependents cannot sponsor individuals wishing to purchase a daily or multi-visit guest pass.
- Dependents who are registered for UW classes or who are non-benefited UW employees, may utilize facilities during the semester in which they are enrolled or employed. They must pay appropriate fees.

Half Acre Dependent Guidelines
Dependents must be directly supervised according to the following guidelines, and must be actively participating in the designated areas:

<table>
<thead>
<tr>
<th>Dependents 5 &amp; under</th>
<th>Allowed in Historic Gym, MAC Gym, and Climbing Wall areas with direct adult supervision. Allowed on the Track but must be in a stroller or carrier at all times. Not allowed in any Cardio &amp; Weight Areas.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dependents 5-12</td>
<td>Not allowed on or near Cardio or Free Weight Equipment or in Group Fitness classes and must be directly supervised in all other activity areas and locker rooms at all times with a ratio of 1 adult to 4 children.</td>
</tr>
<tr>
<td>Dependents 13-15</td>
<td>Allowed to recreate without direct supervisor if the adult sponsor is present in the building, except in the Cardio &amp; Weight Room areas, and Pool areas where they must be directly supervised at all times.</td>
</tr>
</tbody>
</table>
Dependents 16 & up | Allowed to use all areas but must be directly supervised by an adult to use the Steam Rooms and Hot Tub.

Half Acre & Corbett Pool Dependent Guidelines
- Dependents must be directly by an adult in the pool area at all times.
- An adult must be in the water within reach of a non-swimming children of those using flotation devices.
- Any child who is not toilet trained is required to wear a swim diaper or plastic pants with elastic around the waist and legs in both pools.
- Corbett Pool is open to dependents with adult supervision during all regularly scheduled pool hours.

Climbing Wall Dependent Guidelines
All dependents who top-rope climb must have a parent or guardian complete the waiver and assumption of risk form prior to being allowed to climb. This waiver can be found at the Climbing Wall.

<table>
<thead>
<tr>
<th>Dependents 12 &amp; under</th>
<th>Must be directly supervised at all times by a parent or legal guardian at the Climbing Wall.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dependents 13 through high school</td>
<td>May recreate at the Climbing Wall without direct supervision if the adult sponsor is present in the building.</td>
</tr>
<tr>
<td>Dependents 16 &amp; under</td>
<td>Whose parents or legal guardian have passed a skills test or Introductory Climbing Wall Clinic, can Top-Rope Climb without having passes a skills test, but cannot belay another climber.</td>
</tr>
<tr>
<td>Dependents 16 &amp; up</td>
<td>Are allowed to belay another climber, and must pass either a skills test, or Introductory Climbing Wall Clinic.</td>
</tr>
</tbody>
</table>