

# Fall Outdoor Experience

## Backpacking equipment list

Please note that all “group gear” (tents, technical and cooking equipment, food, etc.) will be provided by us.

### Required equipment

- Internal frame backpack (4,000 cubic in. minimum)\*
- Sleeping bag (20° f min.)\*
- Sleeping pad\*
- Flashlight or headlamp
- 2 lashing straps (12” or longer)
- Sturdy hiking boots with good ankle support (broken in; please don’t bring brand-new boots)
- Bowl or medium Tupperware®
- Eating utensils (knife and spoon)
- Insulated mug
- Personal toiletries and medications
- Sunscreen and sunglasses
- 2, one-liter durable water bottles (e.g. Nalgene®)

\*These items are available for rent, on a limited basis. See the gear rental request form for more information.

### Required clothing

- Insulating pants, **non-cotton** (light fleece, Capilene® or polyester insulating layer)
- Light-weight insulating top, **non-cotton** (Capilene® or thin polyester insulating layer)
- Medium-weight insulating top, **non-cotton** (fleece jacket, wool sweater, lightweight down jacket)
- Underwear
- 1-2 cotton T-shirts
- 1 pair of hiking pants (nylon or similar quick-drying fabric)
- 1 pair of shorts
- Swimsuit
- Small pack towel
- Rain jacket and pants (breathable or coated nylon)
- Warm hat and gloves
- 1 change of clothes, “Town clothes” to change into after the trip

### Optional equipment

- Camera
- Book
- Journal
- Lightweight camp chair (e.g. Crazy Creek)
- Collapsible fishing rod & fishing license

### Items we don’t encourage

Although we don’t officially “ban” any of the following items (as a college student you are considered an adult after all), we feel that you will have a better experience if you leave the following items in the residence halls.

- Cell phones (If you can’t live without it, at least turn it off and throw it in your pack for emergencies only. Cell reception is lousy in most places we will visit anyway.)
- Personal music devices (Don’t worry, we’ll have some kickin’ tunes for drives)
- Electronic games

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## Gear Rental Request Form

Gear is available on a first come first served basis, although we should have enough equipment for everyone. We will contact you only if items are not available. You are responsible for the items you rent.

If you would like to rent any of the following equipment, please mail or fax this form along with payment to:

**Fall Outdoor Experience  
University of Wyoming  
Dept. 3604  
1000 E. University Ave.  
Laramie, WY 82071  
(307) 766-6720 fax**

### Payment

Payment will be taken at the time of trip. We can accept Visa/Mastercard/Discover, cash or check.

Participant's name: \_\_\_\_\_

Item	Price	Quantity
Internal frame pack (backpacking)	\$10	
Sleeping pad	\$5	
Sleeping bag	\$13	

**TOTAL \$** \_\_\_\_\_