

Fall Outdoor Experience

Canoeing equipment list

Please note that all “group gear” (tents, dry bags, canoes and canoeing equipment, cooking equipment, food, etc.) will be provided by us.

Required equipment

- Sleeping bag*
- Sleeping pad*
- Insulated mug
- Bowl or medium sized Tupperware®
- Eating utensils (knife and spoon)
- 2, one-liter durable water bottles (e.g. Nalgene®)
- Daypack (enough to carry your equipment with you for a full-day. A book bag is sufficient)
- Flashlight or headlamp

*These items are available for rent, some on a limited basis. See the gear rental request form for more information.

Required clothing/equipment

- Closed-toe shoes for hiking (preferably with good ankle support)
- Camp shoes (sneakers or tennis shoes)
- Sandals (an ankle strap is very important, e.g. Tevas® or Chacos®)
- Swimsuit or two
- Towel (quick-drying pack-towel is ideal)
- Change of clothes for three days
 - 2 T-shirts (long sleeve and short)
 - Jeans or quick-drying nylon travel pants
 - Shorts
- Insulating bottoms, **non-cotton** (light fleece, Capilene® or polyester insulating layer)
- Light-weight insulating top, **non-cotton** (Capilene® or thin polyester insulating layer)
- Medium-weight insulating top, **non-cotton** (fleece jacket, wool sweater, lightweight down jacket)
- Rain jacket and pants (breathable or coated nylon)
- Personal toiletries and medications
- Sunscreen, lots
- Sun hat
- Sunglasses (with a strap)
- Warm hat and gloves
- Underwear

Optional equipment

- Camera with a water-proof case, or waterproof camera
- Book
- Journal
- Camp chair
- Small dry bag (we'll provide big ones for your clothes and personal equipment)

Items we don't encourage

Although we don't officially “ban” any of the following items (as a college student you are considered an adult after all), we feel that you will have a better experience if you leave the following items in the residence halls.

- Cell phones (If you can't live with out it, at least turn it off and throw it in your pack for emergencies only. Cell reception is lousy in most places we will visit anyway.)
- Personal music devices (Don't worry, we'll have some kickin' tunes for those long drives)
- Electronic games

Canoeing

Gear Rental Request Form

Gear is available on a first come first served basis, although we should have enough equipment for everyone. We will contact you only if items are not available. You are responsible for the items you rent.

If you would like to rent any of the following equipment, please mail or fax this form along with payment to:

**Fall Outdoor Experience
University of Wyoming
Dept. 3604
1000 E. University Ave.
Laramie, WY 82071
(307) 766-6720 fax**

Payment

Payment will be taken at the time of trip. We can accept Visa/Mastercard/Discover, cash or check.

Participant's name: _____

Item	Price	Quantity
Sleeping pad	\$5	
Sleeping bag	\$13	

TOTAL \$ _____