

## HEALTH DISCLOSURE FORM

Participant Name: \_\_\_\_\_ Name of Outing: \_\_\_\_\_  
Home Address: \_\_\_\_\_ Date: \_\_\_\_\_  
Cell Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_

We require full disclosure of your health. The information you provide may assist us in the event of an accident. Therefore, please read it carefully; full and accurate completion of all sections is very important. This information otherwise shall be kept confidentially between the trip leader(s), the Assistant Director and health care professionals. *We do not use this information in evaluating your ability to participate in any activities.* Only qualified health professionals can make that decision. If you are at all concerned about your ability to participate in any aspect of the activity, please seek the advice of a health care professional. By completing this form you are acknowledging your awareness of the above information.

### **EMERGENCY CONTACT, HEALTH PROVIDER, AND INSURANCE INFORMATION:**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Address: \_\_\_\_\_  
Cell Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
Doctor's Name: \_\_\_\_\_ Doctor's Phone: \_\_\_\_\_  
Doctor's Address: \_\_\_\_\_  
Insurance Company: \_\_\_\_\_ Policy Number: \_\_\_\_\_ Type: \_\_\_\_\_

### **PLEASE LIST ALL INFORMATION REGARDING THE FOLLOWING:**

Gender: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_' \_\_\_\_" Weight: \_\_\_\_\_(lbs.)  
Are you under treatment for any illness or condition? \_\_\_\_\_ If yes, please name and describe: \_\_\_\_\_  
Are you currently taking any medication(s)? \_\_\_\_\_ If yes, please name: \_\_\_\_\_  
Do you have any allergies (food or otherwise)? \_\_\_\_\_ Are you allergic to bee stings or insect bites? \_\_\_\_\_ If yes, please explain: \_\_\_\_\_  
Do you have any past relevant injuries that may affect your participation? \_\_\_\_\_ If yes, please name and describe: \_\_\_\_\_  
Do you have a history of heart problems? \_\_\_\_\_ If yes, please explain: \_\_\_\_\_  
Have you ever undergone surgery? \_\_\_\_\_ If yes, for what? \_\_\_\_\_  
Dietary restrictions (vegetarian, lactose intolerance etc.) \_\_\_\_\_

**PLEASE WRITE BELOW ANYTHING YOU FEEL WE SHOULD BE AWARE OF CONCERNING YOUR HEALTH.  
THANK YOU!**

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**OUTDOOR  
PROGRAM**