

RecRewards

GET REWARDED FOR YOUR HEALTH!

Receive 1 punch with participation in each program:

**GROUP FIT/
PERSONAL
TRAINING
(FIT)**

**WELLNESS
CENTER
(WC)**

**OUTDOOR
PROGRAM
(OP)**

**INTRAMURAL
SPORTS
(IM)**

Get 6 more punches from any of the above to fill out punch card.

Bring filled out punch card to UW Wellness Center to receive 2017 Campus Rec Rewards t-shirt.

 UNIVERSITY OF WYOMING

CAMPUS

REC

Your Prescription for Health
**Exercise
is Medicine[®]
On Campus**