

“W” Number: _____
 Student Name: _____
 Advisor Name: _____

Catalog: 2021-2022 University of Wyoming Catalog
 Program: Kinesiology and Health Promotion, B.S.

Kinesiology and Health Promotion, B.S.

Students must complete 48 credit hours of upper division coursework (3000- or 4000-level courses) to meet the Division's minimum 48 credit hour requirement for the B.S. degree in Kinesiology and Health Promotion.

NOTE: Students should complete CPR & first aid certification and the certification should remain current throughout the program. Cards can be presented to the division registrar in Corbett 119 to be cleared of the requirement on the degree evaluation.

See the 4-year degree plan at: <http://www.uwyo.edu/acadaffairs/degree-plans/uw-4-year-plans/health-sciences/index.html>.

Requirements to be Completed

(with a minimum cumulative GPA of 2.750 (preferred 3.000) before taking KIN 3021*

Course Name	Credits:	Term Taken	Grade	Gen Ed
MATH1400 - College Algebra	Credits: 3			
OR				
MATH1405 - Trigonometry	Credits: 3			
OR				
MATH1450 - Algebra and Trigonometry	Credits: 5			
LIFE1010 - General Biology	Credits: 4			
CHEM1000 - Introductory Chemistry	Credits: 4			
OR				
CHEM1020 - General Chemistry I	Credits: 4			
PSYC1000 - General Psychology	Credits: 3			
FCSC1141 - Principles of Nutrition	Credits: 3			
HLED1006 - Personal Health	Credits: 3			
KIN1006 - Introduction to Kinesiology and Health **	Credits: 1			
KIN2040 - Human Anatomy	Credits: 3			
KIN2041 - Human Anatomy Laboratory	Credits: 1			
PHYS1050 - Concepts of Physics	Credits: 4			
OR				
PHYS1110 - General Physics I	Credits: 4			
STAT2050 - Fundamentals of Statistics	Credits: 4			
OR				
STAT2070 - Introductory Statistics for the Social Sciences	Credits: 4			
ZOO3115 - Human Systems Physiology	Credits: 4			

Required and Elective Upper-Division KIN/HLED Courses

Course Name	Credits:	Term Taken	Grade	Gen Ed
HLED3020 - Community and Public Health	Credits: 3			
KIN3021 - Physiology of Exercise	Credits: 3			
KIN3022 - Lab Exp in Exercise Physiology	Credits: 1			
KIN3010 - Fundamentals of Health and Fitness Assessment	Credits: 3			
KIN3034 - Lifespan Motor Development	Credits: 3			
OR				
KIN4020 - Motor Behavior	Credits: 3			

KIN3037 - Sport Psychology	Credits: 3			
OR				
KIN3038 - Exercise Psychology	Credits: 3			
KIN3042 - Biomechanics of Human Movement	Credits: 3			
• KIN/HLED Elective coursework Credits: 15 in consultation with advisor. ***				
KIN4015 - Internship Experience in Kinesiology	Credits: 1-12			
OR				
HLED4015 - Internship Experience in Health	Credits: 1-12			
OR				
KIN4016 - Research Experience in Kinesiology and Health	Credits: 1-6			
OR				
HLED4016 - Research Experience in Kinesiology and Health (culminating experience in the final year of study)	Credits: 3-6			
• Additional elective coursework credits: 25. This elective course work (including any additional upper-division electives) must be discussed with your academic advisor. The 25 credits listed here reflects the need for completion of 120 credits total, 48 of which must be upper-division, with 6 credits of KIN/HLED 4015/4016 taken.				

Note(s):

* Completion of all USP requirements is also necessary.

** Note: KIN 1006 is not required for students who have completed the KIN1101 - First-Year Seminar.

*** Please consult with your academic advisor regarding these courses. Possible KIN/HLED electives can be found in the Kinesiology and Health Promotion Worksheet at this site: <http://www.uwyo.edu/kandh/undergraduate-studies/undergraduate-programs.html>

Notes: