PICK A MEAL

- **BOWL**: 190-990 cal
  1 entree & 1 side
  Starts at: $7.39
- **PLATE**: 240-1460 cal
  2 entrees & 1 side
  Starts at: $8.79
- **BIGGER PLATE**: 320-1930 cal
  3 entrees & 1 side
  Starts at: $9.99
  Limit 3 entrees per plate

FAMILY FEAST: 1280-7015 cal
  3 lg entrees & 2 lg sides • serves 4-5
  Starts at: $39.99

ENTREE CHOICES

- **Beijing Beef**: 470 cal
- **Black Pepper Chicken**: 280 cal
- **Black Pepper Steak**: 180 cal
- **Broccoli Beef**: 150 cal
- **Honey Walnut Shrimp**: 360 cal
- **Kung Pao Chicken**: 380 cal
- **Orange Chicken**: 380 cal
- **Sweet Fire Chicken**: 380 cal
- **Teriyaki Chicken**: 300 cal

*Items are subject to availability

**Premium items are $1.30 additional charge.**
SIDES
Choose one or get Half & Half

Chow Mein  
510 cal

Fried Rice  
520 cal

White Steamed Rice  
380 cal

Mixed Vegetables  
80 cal

MORE CHOICES

Chicken Egg Roll  
200 cal  $2.35

Veggie Spring Rolls (2)  
190 cal  $2.35

Cream Cheese Rangoons  
190 cal  $2.35

A LA CARTE BOXES

Entrees  
80-1645 cal

Sm  $4.79

Med  $7.99

Lg  $10.79

Sides  
120-1040 cal

Med  $3.79

Lg  $4.79

DRINKS

Bottle of Water  
16.9 oz | $1.09

Can of Soda  
12.0 oz | $1.09

Pepsi | Diet Pepsi | Mtn. Dew
Diet Mtn. Dew | 7 Up | Water

Spicy Wok Smart | 300 calories or less & at least 8g of protein
Premium items for additional charge.

2,000 cal/day is used for general nutrition advice. Calorie needs vary. More nutrition information available upon request.