Laramie Community
A Limited Mental Health Referral List
University Counseling Center

Psychology Clinic
Bio Sciences Building, Room 304, Campus

Psychotherapy and assessment services for children, adults and couples
Psychological Assessment, Learning Disability and Attention Deficit/Hyperactivity Assessments, Diagnoses of Psychological Disorders, Personality Assessments - Therapy Fee Schedule – Based on net income – Free to maximum $20.00/hour

Learning Disability/ADHD Assessment Fee
Net income under $25,000 OR UW Student OR Senior (>=65 years of age) $150
Net income $25,001 to $50,000 $300; Net income $50,001 and above $450

http://www.uwyo.edu/psychology/psychology-clinic/

Depression, Anxiety Disorders including Posttraumatic Stress Disorder (PTSD); Health related problems; Weight management and smoking cessation, Adjustment to medical illness, Grief and loss; childhood behavior problems.

Department of Counselor Education Clinic
Education Building, Room 44, Campus (bottom floor, NE corner)

Free services - individuals, couples, families, adults, adolescents and children in the UW and Laramie communities

DUI/MIP Substance abuse evaluations
http://www.uwyo.edu/profstudies/counseling/counseling-services.html

Depression & Anxiety, Stress, Sexuality and Identity Concerns, Life transitions, Death, Loss & Grief, Abuse & Domestic Violence

Student Health Services
Student Health Services Building, Campus
http://www.uwyo.edu/shser/

Behavioral Health Services
Ivinson Memorial Hospital
255 North 30th Street (Crisis Line) 742-0285

http://www.ivinsonhospital.org/getpage.php?name=behav_health&sub=Services

PEAK Wellness Center (Community Non-profit)
1263 North 15th Street

Adults, seniors, adolescents, children families, and couples (also for crisis)
CARF accreditation
Services - Mental Health, Substance abuse, Severely and Persistent Mental Illness (SPMI), Youth and Family, Foster grandparent

Mental health care: See website for other practitioners & specialties
Sliding fee scale, insurances accepted and filed, Medicare/Medicaid
24 hour on-call services
Psychiatric services, psychological evaluations, State Certified substance abuse treatment including Intensive Outpatient therapy (IOP), Other groups available

http://www.peakwellnesscenter.com/
AlbanyCountyCenter@peakwellnesscenter.org

Continued next page
Alliance for Growth
Karen Robertson, MS, LPC
Brenda Cannon, MS, LPC
1050 N. 3rd St., Ste B1
Adults, children, adolescents, couples and family counseling
Initial session $160.00, Indiv. $120.00, Couples $180.00
Medicaid, Accepts and files insurance including UW student insurance, Reduced fee available based on need and payment plans are available,
http://www.allianceforgrowth.com/
Military life issues, Parenting-Active Parenting Curriculum, Certified in Distance Counseling, Co-parenting group

Alpenglow Wellness, Inc.
Maureen Lutterman, Ph.D., LPC
Laurie Homer, MS, LPC, NCC
121 E. Grand Ave, Suite 216
(landmark square)
Adults, seniors, adolescents, children families, and couples
Initial consultation free, Indiv. & couples 110.00/hour
Medicare/Medicaid Provider, Insurances accepted including UW student insurance, Reduced fees available
http://www.alpenglowwellness.com/
For ADHD: She specializes in holistic techniques, relaxation, nutrition, brain chemical interventions exclusive of prescription medications, if client prefers natural practices, Certified in Distance Counseling
College Student Affairs: experienced in Academic Advising and Career Counseling, Pre- and Post-Partum and breast-feeding issues

Centerpoint
Anne Bunn, Ph.D.
507 S. 4th Street
Adult, adolescents, seniors, family, and couples
Free 30 minute consultation available to all prospective clients.
Initial consultation $120.00, Individual $110.00, Couples $165.00, Groups $45.00
Accepts and files insurance including UW student insurance, Medicare/Medicaid Provider, payment plans available, reduced fees available (No client turned away for inability to pay/pym't plans available/reduced fees.)
http://www.centerpointlaramie.com/
www.annebunn.com
Workshops for Mind-Body Healing, Mindfulness Skills Group, Certified in Mindfulness and Psychotherapy, Guided imagery, Eco-Psychology; Trained in Bio-feedback for test anxiety, mood and health concerns, trained to address issues of chronic pain and illness.

The Clinic for Mental Health and Wellness
Martha Nesslinger, MS, LPC
Teresa Jacobs-Castano, LCSW, LAT
Michelle Worden, MS, LPC
Debbie Bastian, MS, LPC
504 South 4th Street
Adults, seniors, adolescents, children families, and couples
Initial consultation $135.00, Indiv. $120.00, couples $120.00-$180.00, Group $60.00,
Insurances accepted, Medicare/Medicaid
State Certified Substance treatment - Levels 0.5, I & II.1 Adolescent & adult assessments/treatment/ IOP groups, MIP/DUI class
Mental health counseling including veterans & military personnel, student affairs, co-parenting & parenting classes, DBT, Play therapy, sex offender treatment, pain management
Psychiatric Nurse Practitioner: Beth Romsa, APRN
Judy Coburn Counseling & Consulting, LPC
121 E Grand Ave., Ste 210
www.jccounselingandconsulting.com
judyc@jccounselingandconsulting.com
Individuals, couples, families and groups
Relationship/intimacy, parenting, divorce issues, grief and loss
Women’s group, conflict resolution, TRIO program experience
Training & consultation services: Conflict Resolution, Diversity Awareness, Dependable Strengths, The Healing Power of Humor, Living Intentionally, Creating Leadership

Sylvia Crocker, MS, MA, Ph.D., LPC
2115 E. Hancock, Laramie
1807 Capitol Avenue, Suite 101B, Cheyenne
Adults, seniors, families, and couples
Initial Consult $120.00/hour w/insurance, $60.00/hour for initial consultation for students,
Couples $120.00 w/o insurance, group $25.00/hour
Student rates available, Accepts insurance, Reduced fee negotiable
http://www.crockergestalt.com/
crockersf@aol.com
Specialties-Gestalt therapy, couples counseling, Gestalt training workshops available
Growth group, PTSD, chronic illness/disability

Gay Deitrich-MacLean, Ph.D.
507 S. 4th St. Suite B
Adults, seniors, adolescents, children families, and couples
Initial consultation $140.00, Individual & couples $125.00; Medicaid Provider
24 hour on-call
DBT therapy, psychodynamic therapy, couples & family therapy, play therapy
Evaluations and treatment for children and adults, self-injurious behavior, sexual abuse issues
Forensic examinations related to perpetration/victimization – abuse/sexual abuse
Psychological assessment of bi-polar, psychosis, & mood disorders, personality disorders, hearing related issues, chronic illness/disability, learning disabilities, ADHD and neuropsychological problems

Jamie Egolf, M.S.W.
157 North 6th Street
Jungian Analysis, Gestalt, psycho drama, trauma focusing, and body work

Lou Farley, PhD, LPC
410 Grand Avenue, Suite 307
Child, adolescent and adult; Individual, family and couples counseling
Organizational Consulting
Initial consultation and individual $105.00, Couples $60.00-$90.00
Accepts all insurance except Tri-care
Buddhist Psychology/Philosophy, Drumming, Runs groups with adolescents for Albany Co. School District #1

Gateway Counseling
Larry Andrews, Ph.D., LPC, DAC
425 S. 21st St.
Laramie, WY 82070
Adult, children, adolescents, seniors; individual, family, couples and groups
All appointments $125.00; Reduced fee available based on income
Most insurance accepted including Tricare and UW Student insurance.
http://www.whitewaterchristian.com/gateway_counseling.htm
Christian counseling; Trained in Biofeedback; Doctoral Addiction Counselor (DAC), Assessment/treatment of Childhood Sexual Abuse (Training by US Dept. of Health & Human Services, Nat’l Ctr. of Child Abuse & Neglect)

Laramie Behavioral Health Clinic
Janet Somlyay, D.NP., CPNP-AC/PC
407 E Garfield St.
Psychiatric care for children, adolescents, young adults and families including diagnostic & forensic assessments
Initial evaluation 90 minutes $250.00, Follow-up therapy only 50 min. $150.00, Follow-up Therapy & Medication Management $200.00, Follow Up 20-30 min. $100.00
Accepts major insurances, Medicaid/Medicare
Has 24 hour on call service

http://www.somlyaypsych.qwestoffice.net
somlyaypsych@qwestoffice.net
Board Certified (BC) Psychiatrist in Child/Family/Adult Psychiatry
BC NP in Primary Care/Acute Care, BC Pediatric NP as a Pediatric Behavioral Health Specialist
Specialty: psychopharmacology/medication management with prescriptive authority of the above populations, also for pregnant, lactating or post delivery women with mood disorders, trained in DBT, Play therapy, military issues, ADHD, school IEP assistance

Judith Olson, Ph.D.
526 Regency Drive
Adults, Seniors, Adolescents; Individual, Couples and group psychotherapy
Initial Consultation $140-160.00, Individual $120.00, Couples $140.00, Group $85.00
Accepts all insurance, no reduced fees, Medicare/Medicaid, Accepts UW health insurance
Psychological evaluations (including learning disabilities and ADHD), Marital Therapy, Periodic 8 week groups for chronic physical illness

Pathways
1465 North 4th Street, Suite 119
Families, Individuals, Adults, Children and Adolescents
Medication Management $225.00, Follow Up 20-30 min. $120.00
Counseling-Initial consultation $150.00, Individual $115.00, Couples $150.00, Group $45.00
Insurances accepted, Medicare/Medicaid, UW student insurance, if no insurance will reduce up to 50% (By case basis)

http://www.laramiecounseling.com/
Mental health care: See website for other practitioners & specialties
MIP/DUI education classes, DBT groups, anger management groups
Psychiatric care: Mary Moreno, MD James Page, MD
Jill Lloyd, PMHNP-BC Nancy McGee, PMHNP-BC,
Carol Becker, PMHNP-BC Julie Duncan, PMHNP-BC

Pendley & Associates, Inc
Laramie - 1277 North 15th St.
Cheyenne - 2909 Bent Ave.
Adults, seniors, adolescents, children families, and couples
Accepts and files major insurances, Medicare/Medicaid, Fee based on ability to pay
http://www.pendleyandassociates.com/
lynnep@wyoming.com
Frances Price, Ph.D.
1465 North 4th Street, Suite 101 745-3668
Child, adolescent and adult; Individual, couples and family
Sport and Exercise psychology, psychological evaluations

Douglas Scambler, Ph.D.
507 South 4th Street, Suite A 460-0120
dougscrambler@gmail.com
Autism Spectrum Disorders; Psychological Evaluations

Snowy Range Consulting, LLC 745-5414
Mark J. Watt, Ph.D., J.D.
526 Regency Drive
Children, Adolescents, Adults, Seniors, Families
Fee-$150.00/hour, Medicaid, Insurances filed
Psychological/Neuropsychological evaluations, Learning disabilities, Forensic Psychology

Wings for Pegasus 760-0504
Christine Jones, MA, LPC
17 Lakeview Dr.
Adult, adolescents, children; Individual, couples, families, groups
Initial Consultation, individual and couples $120.00/hr; Group $70.00/hr; Reduced/sliding fee
Medicare/Medicaid, accepts insurance including UW student insurance
http://www.pegasuscounseling.com/
pegasuswyo@aol.com
Non-profit, offers daytime groups, EMDR, Equine assisted psychotherapy

Wyoming Counseling and Outreach Services
Alex Dimitrijevic, M.A., LAT, LPC
417 East Fremont 721-4164
Adults, Seniors, Adolescents; Individuals, couples and families
Individual – Flexible to $65.00, Couples $70.00-$90.00
Insurances accepted, Medicare/Medicaid, Reduced fee available
Mental Health & Addictions, Alcohol/Drug Abuse, Pain Mgm’t Group, Guided imagery, Relaxation